

ANTECEDENTS

Genetic predisposition can create a need for CBD - this is mostly related to a low endocannabinoid system

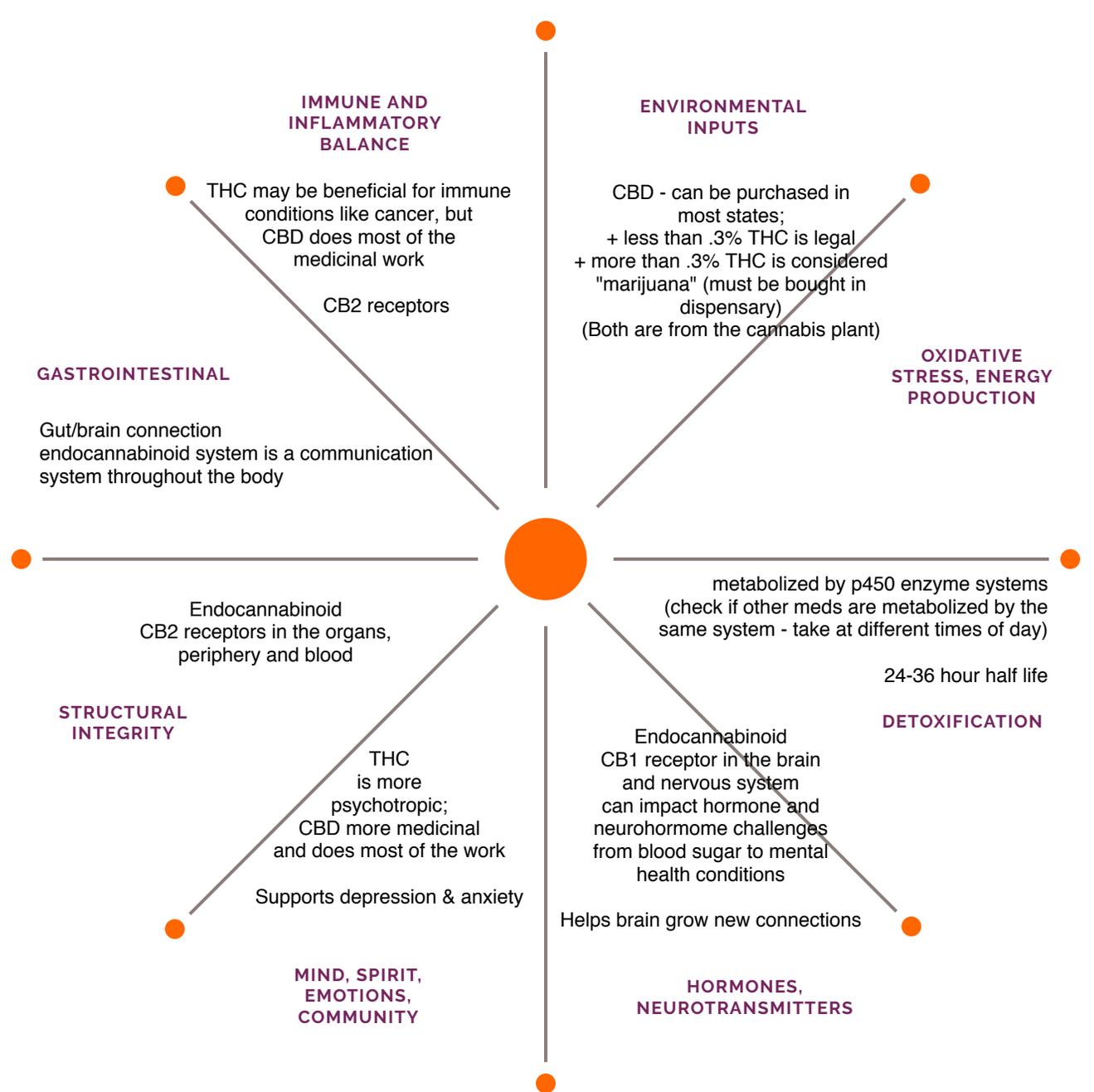
Endocannabinoid systems is a homeostatic mechanism that goes through the entire body and communicates with the full body systems (at the receptor level)

TRIGGERING EVENTS

- Stress
- Use of certain medications
- Use of drugs such as high THC marijuana

MEDIATORS

- Can be clinically used for:
 - + Dementia
 - + Seizure disorders
 - + Anxiety
 - + Depression
 - + Psychosis
- Safe except where certain medications are involved
- Can be used (within scope) to help pts get off of meds



SLEEP/RELAXATION

Can support both sleep and relaxation / bring calm

EXERCISE/MOVEMENT

NUTRITION/HYDRATION

Synergistic effects of the whole plant - inclusive of CBD and terpenes
 Hemp oil extract = CBD
 Check Cert of Analysis for product

STRESS/RESILIENCE

Helps one focus better and stay calm
 Helps with pain management

RELATIONSHIPS/NETWORKS

Can support connection with practitioners and provide "side benefits" that enable incentives to do the work of health and healing