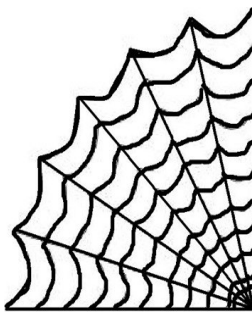




PLACE
STAMP
HERE



Administrative Staff:

Loretta Kreeger
Executive Director

Sue Frisbee
Community Relations Director

Andrea DaSilva
Resident Care Coordinator

Maria Greene
Business Office Manager

Hilda Cole
Registered Nurse

Autumn Blizzard
Dietary Director

Jerry Songstad
Maintenance Director

Diane Blas
Activities Director

Contact us at:
425-397-7500

Our mission is to create
and sustain comfortable,
caring environments for
those who depend on us.

Ashley Pointe Newsletter

Ashley Pointe Independent & Assisted Living Newsletter— October 2016



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Having an evening of Fall Art!

Thank you Merridy!

Fun at the Evergreen State Fair

Monroe with this great group of people!

Michelle celebrated her 5th Anniversary at Ashley Pointe in September. Thank you Michelle, for all your hard work and dedication.

Guess the Seahawk Score and win a prize!

Chaplains Corner

I had one of those “goose bump” moments a few years ago! It’s the kind of moment when you realize you have experienced what has been called a “God sighting!”

The story actually began following Betty’s admission to the care center where I served as Chaplain. It didn’t take me long to discover that Betty and her husband Don had a deep and loving relationship. They had worked side by side in a business for over 35 years so it was especially hard for Don to deal with his wife’s declining health. After Betty’s passing, the family asked me to lead her funeral, which gave me another opportunity to develop my friendship with Don.

In the weeks that followed the funeral, Don would stop by my office for a visit or to attend one of my worship services. Since God created him with a tender spirit, he would start to cry as soon as he would see me. We spent many wonderful times together in the succeeding months.

During one visit, he told me that his son-in-law was being transferred to Texas. This would mean that he would be a long way from his daughter. A few months later he stopped by to tell me of his decision to move to Texas to be closer to his daughter. Since he had a computer and liked to email his friends, I told him that we could keep in close contact that way. Even though it wouldn’t be a “face to face” meeting, we could still be a part of each other’s lives.

Once he moved to Texas about a year ago, I would receive messages from him a couple of times a month. He loved to “forward” me things that would encourage me and remind us of our friendship.

One morning when I arrived for work I had a message waiting for me from his daughter. Her dad and my friend had been escorted into the presence of God a few hours earlier. I tried to imagine his joy of seeing his Lord and seeing his wife! Later that morning I decided to review all the messages that I had received from Don. The “goose bumps” showed up when I read again his last message to me.

A sick man turned to his doctor, as he was preparing to leave the examination room and said, Doctor, I am afraid to die. Tell me what lies on the other side."

Very quietly, the doctor said, I don't know."

You don't know? You, a Christian man, do not know what is on the other side?"

The doctor was holding the handle of the door; on the other side of which came a sound of scratching and whining. As he opened the door, a dog sprang into the room and leaped on him with an eager show of gladness.

Turning to the patient, the doctor said, Did you notice my dog? He's never been in this room before. He didn't know what was inside. He knew nothing except that his master was here, and when the door opened, he sprang in without fear. I know little of what is on the other side of death, but I do know one thing...I know my Master is there and that is enough."

My friend Don is now on the other side....with his Master and with his wife! Until we have an opportunity to “reconnect” with each other, the final words of his last message will remain an encouragement to me:

*May today there be peace within you.
May you trust God that you are exactly where you are meant to be.*

I believe that friends are quiet angels who lift us to our feet when our wings have trouble remembering how to fly."

Please join Pastor Highland for Bible Study every Wednesday at 9:45 in the Small Dining Room!

October is Chaplain Appreciation Month

What's Happening In October

October 1 ~ Alzheimer Walk

October 2 ~ Everett Civic Music Center
"Cherish The Ladies" (Season Ticket Holders)
 WE LEAVE AT 12:20

October 3 ~ Activity Forum

October 4, & 18 ~ Scenic Drive & Lunch

October 5 ~ Wear Your Pink to Happy Hour
 for Breast Cancer Awareness

October 6 ~ Ebenezer Luncheon

October 11 ~ Foot Care w/Julie

Bring a towel ~ Cost is \$18.00

October 13 ~ Sight Connection Presentation

October 14 ~ Bingo at The Senior Center

October 17 ~ Inside Resident Council

October 18 ~ Cottage Resident Council

October 19 ~ Halloween Bag Art

October 20 ~ Food Forum

October 10, 24 & 31 ~ Art Class with
 Adrianna

October 26 ~ Pumpkin Painting

Thursday, October 20 *"Toda's Mexico"*

Thursday, October 27 ~ *"MOD Pizza"*



TUESDAY SHOPPING OUTINGS:

October 4 ~ Fred Meyer - 3:00 PM

October 11 ~ Safeway - 3:00 PM

October 18 ~ Walmart - 3:00 PM

October 25 ~ Target - 3:00 PM



WEDNESDAY HAPPY HOUR ENTERTAINMENT

October 5 ~ Pink Happy Hour

October 12 ~ Doug Williams 3:45

October 19 ~ Phil Hansen 3:45

October 26 ~ Lee Howard 3:45



SING A LONG THURSDAYS

11:30 With Judy

4:00 with Sheila



HALLOWEEN



MONSTER MASH AND

COSTUME PARTY

OCTOBER 28TH

2:00 - 4:00

FINGER FOOD &

WITCHES BREW

PRIZE FOR THE BEST

COSTUME!

HALLOWEEN DOOR DECORATING CONTEST



PRIZE FOR THE MOST CREATIVE SCARIEST DOORS!

WINNER WILL BE ANNOUNCED AT HALLOWEEN PARTY

Sign up if you would like
 those little ghost and goblins
 to visit you on Halloween,
 October 31 Starting at 1:30





OCTOBER 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
BIRTHDAY STONE: OPAL FLOWER: COSMO COLOR: WHITE & YELLOW 	<i>"October is crisp days and cool nights, a time to curl up around the dancing flames and sink into a good book"</i> 		<i>hello october, please be good.</i> 	<i>Sunnyside Preschool will be here to Trick or Treat on Monday, Halloween Day at 1:30</i> <i>Please sign up at the front lobby if you wish to participate.</i> 	<i>October is Breast Cancer Awareness Month</i> 	1 Alzheimer Walk 10:00 Coffee Social 1:00 Puzzles In Sun Room 1:30 Bingo w/Cameron 3:00 Cribbage 6:00 Evening Movie 
2 Rosh Hashanah Begins 10:00 Seahawks /NY Jets 12:20 Everett Civic Music Center (Season Ticket Holder) 11:15 Wii Bowling 1:30 Bingo 3:00 Crazy Eights 6:00 Sunday Movie	3 Doctor Visits 9-12 9:30 Current Events & Discussion 10:30 Strength & Balance w/Larry 11:15 Wii Bowling 1:30 Bingo w/Vince 3:00 Activity Forum w/Diane 6:00 Bridge	4 10:00 Discussion Group 10:00 Scenic Drive & Lunch 10:30 Exercise w/LDS 11:15 Wii Bowling 1:30 Bingo 3:00 Shopping: Fred Meyer 6:00 Pinochle Group	5 9:30 Current Events  9:45 Bible Study 11:15 Wii Bowling 1:30 Bingo w/ Betty & John 2:30 Presentation on Pet Portraits w/Alix 3:45 Pink Happy Hour 6:00 Poker Game	6 10:30 Exercise w/LDS 11:15 Wii Bowling 11:30 Ebenezer Luncheon 11:30 Music w/Judy 1:30 Bingo w/Betty & John 2:30 Share Your Story 4:00 Sing Along w/Sheila 6:00 Pinochle Group	7 BLUE FRIDAY 10:30 Exercise w/LDS 11:15 Wii Bowling 1:30 Bingo w/Vince 2:30 LCR Game Time 3:30 Adult Coloring 6:00 Gin Rummy	8 World Smile Day  10:00 Coffee Social 1:00 Puzzles In Sun Room 1:30 Bingo w/Vince 3:00 Cribbage 6:00 Evening Movie
9 Leif Erikson Day 10:00 Coffee Social 11:15 Wii Bowling 1:30 Bingo w/Vince 3:00 Crazy Eights 6:00 Sunday Movie	10  Columbus Day 9:30 Current Events 10:30 Exercise 11:15 Wii Bowling 1:30 Bingo w/Vince 2:30 Art Class w/Adrianna 6:00 Bridge	11 9:30 Group Discussion 10:00 Foot Care with Julie 10:30 Exercise w/LDS 11:15 Wii Bowling 1:30 Bingo 3:00 Shopping: Safeway 6:00 Pinochle Group	12 9:30 Current Events 9:45 Bible Study 11:15 Wii Bowling 1:30 Surprise Bingo w/Diane 3:30 Happy Hour w/Doug Williams 6:00 Poker Game	13 10:30 Exercise w/LDS 11:00 Sight Connection Presentation w/Jeffery 11:30 Music w/Judy 11:35 Library on Wheels 1:30 Bingo w/Betty & John 4:00 Sing Along w/Sheila 6:00 Pinochle Group	14 BLUE FRIDAY 10:30 Exercise w/LDS 11:15 Wii Bowling 11:30 Bingo at Senior Center 1:30 Bingo w/Diane 2:30 LCR Game Time 3:30 Adult Coloring 6:00 Pokeno	15 Sweetest Day 10:00 Coffee Social 1:00 Puzzles In Sun Room 1:30 Bingo w/Vince 3:00 Cribbage 6:00 Evening Movie
16 Full Moon 10:00 Coffee Social 11:15 Wii Bowling 1:25 Seahawks vs. Atlanta 1:30 Bingo w/Vince 4:00 Sunday Service 6:00 Sunday Movie	17 Doctor Visits 9-12 Bosses Day 10:30 Strength & Balance w/Larry 11:15 Wii Bowling 1:30 Bingo w/Vince 2:30 Inside Resident Council 4:00 Pointe Guys (Men's Group) 6:00 Bridge	18 10:00 Scenic Drive & Lunch 10:30 Exercise w/LDS 11:15 Wii Bowling 1:30 Bingo 3:00 Shopping: Wal-Mart 3:00 Cottage Resident Council 6:00 Pinochle Group	19 9:30 Current Events 9:45 Bible Study 11:15 Wii Bowling 1:30 Bingo w/Betty & John 2:30 Halloween Bag Art 3:45 Happy Hour w/Phil Hansen 6:00 Poker Game	20 10:30 Exercise w/LDS 11:00 Lunch Out: Toda's Mexico 11:30 Music w/Judy 1:30 Bingo w/Betty & John 2:30 Food Forum w/Autumn 4:00 Sing Along w/Sheila 6:00 Pinochle Group	21 BLUE FRIDAY 10:00 Group Discussion 10:30 Exercise w/LDS 11:15 Wii Bowling 1:30 Bingo w/Vince 2:30 LCR Game Time 3:30 Adult Coloring 6:00 Gin Rummy	22 Scarecrow Saturday  10:00 Coffee Social 1:00 Puzzles In Sun Room 1:30 Bingo w/Vince 3:00 Cribbage 6:00 Evening Movie
23 10:00 Coffee Social 11:15 Wii Bowling 1:30 Bingo w/Vince 3:00 Crazy Eights 5:30 Seahawks at Arizona	24 Doctor Visits 9-12 "Wear Your Pajama Day" 10:00 Current Events & Discussion 10:30 Exercise Group 11:15 Wii Bowling 1:30 Bingo w/Vince 2:30 Art Class w/Adrianna 6:00 Bridge	25 10:00 Discussion Group 9:30 Current Events 10:30 Exercise w/LDS 11:15 Wii Bowling 1:30 Bingo 3:00 Shopping: Target 6:00 Pinochle Group	26 9:30 Current Events 9:45 Bible Study 11:15 Wii Bowling 1:30 Bingo w/Betty & John 2:30 Painting Pumpkins 3:45 Happy Hour w/Lee Howard  6:00 Poker Game	27 10:30 Tai Chi w/Larry 11:00 Lunch Out: Mod Pizza 11:15 Wii Bowling 11:30 Music w/Judy 1:30 Bingo w/Betty & John 2:30 Wood Carving w/Dave 4:00 Sing Along w/Sheila 6:00 Pinochle Group	28 BLUE FRIDAY 10:30 Exercise w/LDS 11:15 Wii Bowling 2-4 Halloween Party "Monster Mash" Door & Costume Contest Music by Dolce Duo	29 Stock Market Crash 1928 10:00 Coffee Social 1:00 Puzzles In Sun Room 1:30 Bingo w/Vince 3:00 Cribbage 6:00 Evening Movie
30 10:00 Seahawks vs. New Orleans 1:30 Bingo w/Vince 3:00 Crazy Eights 6:00 Sunday Movie	31 HALLOWEEN  10:30 Exercise Group 1:30 Trick or Treat Kids 1:30 Bingo w/Vince 2:30 Art Class w/Adrianna 6:00 Bridge			RESIDENTS BIRTHDAYS <i>10/16 ~ BOB BRIGHT</i> <i>10/18 DON HERSMAN</i> <i>10/29 ~ BILL RICHARDSON</i> <i>10/30 ~ DARLENE JACK</i>		STAFF BIRTHDAY <i>10/17 ~ AUTUMN BLIZARD</i> 