

By Discovery Senior Living

2422 University Park Blvd. • Richmond, VA 23233 • (804) 554-1555

#### **Our Leadership Team**

Helena Jones

**Executive Director** 

Terri Homer

Assistant Executive Director

**Brittany Kennedy** 

Assistant Business Office Manager

Kristin LaBaugh

Senior Lifestyle Counselor

**Angelica Jones** 

Senior Lifestyle Coordinator

Taliscea Peterson

Director of Nursing

Melissa Tolliver

ALZ Program Director

Tonya Ramage

Program Director

**Chef Mike Cowles** 

Director of Food and Beverage

Suzette Kerr

**Dining Services Director** 

**Patrick Thompson** 

Maintenance Director



BIRTHSTONE: Emerald- Success in love FLOWERS: Lily of the Valley, Hawthorne

COLORS: Yellow and Red

### May 2017



Veteran Bob Galaspie waves the American flag while singing his service song during a patriotic melody by The Heartstrings chorus.

#### Memorial Day Event Friday, May 26

Memorial Day Program Friday, May 26th

2:00-3:00 pm, AL Dining Room

The Fort Lee 392nd Army Band will be here to entertain us with patriotic music. We will recognize our distinguished veterans, and enjoy refreshments following the program. Wear your red, white and blue and join us as we remember our cherished veterans and their sacrifices they made to keep America free.

Thank you to all of our veterans and their families from all of us at Discovery Village At The West End!

Lorraine Charlton created a button tree

## **Showing Off Artistic Talents**



Beverly Oltmanns painted an Easter Egg



Sybil Weingart fashioned a yarn bowl

#### Happy Mother's Day!

"A mother's love for her child is like nothing else in the world."—Agatha Christie

Mother's Day is set aside to honor and celebrate mothers and grandmothers. Shower the special women in your life with love, hugs, flowers and a card! From all of us, we wish all the mothers in our community a very happy Mother's Day!



Peggy Barr tells the story of Easter with jelly bean colors on a cross

#### We Are Seeking Volunteers

We are looking for volunteers interested in assisting and/or leading a variety of therapeutic recreational activities in assisted living and memory care. Possible opportunities are crafts, cooking, playing music, socializing with residents, pet therapy, trivia games and fitness. If you are interested, please contact our ALZ director, Melissa Tolliver. Thank you.

#### **Heartstrings Chorus**



Over 40 ladies sang to our residents.



Joyce Reichel sings along!



Bill McGee dances to the music!



Floyd Bowen gets a warm greeting.

#### **Discovery University**

Wednesday, May 31st 10:30-11:30 am Independent Living Building Professor Philip Leto will bring an in-depth lecture on: "The Incredibly Charmed Life of William Randolph Hearst" Born to enormous wealth, Hearst developed a larger than life appetite for possessions and power. His life was the subject of Orson Welles' Citizen Kane, and his granddaughter Patty Hearst's kidnapping was a major story of the 1970's. Come learn more about Hearst, his political career, journalism, and how he started a war. Transportation provided for assisting living residents. Please sign up.



#### **Resident Birthdays**

May 8	Phoebe Noel
May 9	Brenda Canada
May 10	Shirley Beatley
May 19	Jim Waldron
May 23	Joyce Carter
May 31	Lorraine Charlton

#### **Birthday Party**

Friday, May 19th
3:15-4:15 pm
Dining Room
Music: Old Fashioned
Sing-a-long with Diane Hart.
Everyone is invited!

#### **More Special Music**

Hardy Central Ramblers
Tuesday, May 2nd
10:30-11:30 am
Memory Care
Roe Family Band
Award-winning bluegrass band
from Colorado
Thursday, May 4th

6:30-7:30 pm
AL Dining Room
Harold Link
Thursday, May 11th
3:30 pm, Memory Care
Charles & Willye Fishburn
Wednesday, May 17th
6:30-7:30 pm

AL Dining Room Ken Hoffman Thursday, May 25th 3:15 pm, Memory Care

# Team Member Spotlight

Congratulations to Nick
Bethel, Employee of the Month
for April! Nick gives excellent
service in the dining room. Way
to go, Nick! Employees of the
Month have a special parking
space and receive other rewards
for exhibiting important CORE
VALUES: RESPECT, INTEGRITY,
COMMUNITY ADVOCACY,
RESOURCEFULNESS, AND
QUALITY. To nominate a team
member, please fill out the form
provided in the black box
located next to the mailboxes.

#### **Westhampton Day School**



Barbara Penick and Betty Boggs admire the children's Easter eggs.



Doris Garnett and Betty Boggs get Easter cards the children made.



We are asking all residents and family members to please turn in any over-the-counter medications to our nursing staff. This includes creams, pain relievers, digestive aids, eye drops, etc. All medications must be approved by the doctor, and dispensed by our Med Techs as per Virginia laws for assisted living communities. We greatly appreciate your help in complying with the regulations. If you have any questions, please ask any one of our nursing staff.

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#### Across:

- 4. Cooked outdoors
- 5. Blooms
- 6. Annual anniversary
- 8. Pleased
- 9. Kin
- 10. Light from the sky
- 11. Youngster
- 12. Mom
- 13. Prickly bushes

#### Down:

- Outdoor accommodations
- 2. My mother's mother
- 3. Remembrance
- 7. Outdoor meal
- 11. Hue
- 12. Fifth month

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## "This Month In History"

#### MAY

**1875:** The first Kentucky Derby is held, and the horse Aristides is the winner. The Derby is now the longest-running sporting event in the U.S.

**1910:** Glacier National Park in Montana is established.

**1935:** Thanks to newly installed lights, Cincinnati's Crosley Field hosts the first MLB night game.

**1945:** Celebrations erupt after President Harry S. Truman announces the end of World War II in Europe.

**1959:** Starring Ethel Merman, the musical "Gypsy" opens on Broadway.

**1968:** The Gateway Arch in St. Louis is dedicated.

**1971:** Soul singer-songwriter Marvin Gaye releases the album "What's Going On."

**1986:** Five million people across the country join in "Hands Across America" to raise money for the nation's hungry and homeless.

1997: In a six-game chess match in New York City, IBM's Deep Blue supercomputer defeats world champion player Garry Kasparov.

**2003:** The Treasury Department unveils a redesigned \$20 bill that includes added colors to prevent counterfeiting.

**2005:** Carrie Underwood wins the televised singing competition "American Idol," launching the country star's career.

**2011:** After 25 years, the daytime TV talk show "The Oprah Winfrey Show" airs its final broadcast.