

June



Independent

2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	PDR - Private Dining Room YS - Yoga Studio DR - Dining Room TH - Theatre			1	2	3
				9:15 Senior Exercise 10:00 Circuit Training 12:30 Adlemen's Peony Farm 1:00 Poker 1:15 Balance and Strength 2:00 Reading to Share 3:00 Reflexology Mini-Treatments 6:30 Game Night 6:30 Water Color Workshop	8:30 Water Aerobics 9:25 Functional Fitness 10:00 TED Talks 12:30 Lake Grove Shopping 2:00 Banks & Cleaners 2:00 Knitting & Crocheting 3:00 Happy Hour 7:00 Movie-"Theory of Everything"	9:30 Downtown Lake Oswego Shopping Loop 11:00 Brain Fitness 1:15 Prime Time Fitness 2:00 Bingo 6:30 Scrabble 7:00 Movie-"Theory of Everything"
4	5	6	7	8	9	10
8:30 Church Bus 1:30 Scenic Drive 2:00 Movie "My Big Fat Greek Wedding"	8:30 Water Aerobics 9:25 Functional Fitness 9:30 Fred Meyer Shopping 10:30 Current Events 11:00 Aging Brain Series 1:00 Dollar Store 1:00 Mah Jongg 6:30 Bingo 7:00 Music -Millennium Winds	9:15 Senior Exercise 10:00 Tai Chi for Arthritis & Fall Prevention 1:00 Bauman Farm 1:15 Balance and Strength 2:00 Bible Study 2:00 Computer Help 3:00 Bingo 6:00 Bridge Game	8:30 Water Aerobics 9:25 Functional Fitness 10:15 Catholic Service 11:00 Brain Fitness 1:00 Blood Pressure Checks 6:30 Scrabble	9:15 Senior Exercise 10:00 Circuit Training 10:30 Walker Repair 1:00 Poker 1:15 Balance and Strength 2:00 Reading to Share 6:30 Game Night 6:30 Water Color Workshop	8:30 Water Aerobics 9:25 Functional Fitness 10:00 TED Talks 12:30 Lake Grove Shopping 1:30 Billiards Tournament 2:00 Banks & Cleaners 2:00 Knitting & Crocheting 3:00 Happy Hour 7:00 Movie "Dr. Strangelove"	9:30 Downtown Lake Oswego Shopping Loop 11:00 Brain Fitness 1:15 Prime Time Fitness 2:00 Bingo 6:30 Scrabble 7:00 Movie "Dr. Strangelove"
11	12	13	14	15	16	17
8:30 Church Bus 1:30 Trader Joe's 2:00 Movie "My House in Umbria"	8:30 Water Aerobics 9:25 Functional Fitness 9:30 Fred Meyer Shopping 10:30 Current Events 11:00 Aging Brain Series 1:00 Mah Jongg 1:00 Washington Square 3:00 Activity Comm Meeting 6:30 Bingo	9:15 Senior Exercise 10:00 Tai Chi Arthritis & Fall Prevention 1:15 Balance and Strength 2:00 Bible Study 2:00 Computer Help 3:00 Bingo 6:00 Bridge Game	8:30 Water Aerobics 9:25 Functional Fitness 11:00 Brain Fitness 11:00 Lunch at Al Amir 1:00 Blood Pressure Checks 2:30 Birthday Celebration 6:30 Scrabble	9:15 Senior Exercise 10:00 Circuit Training 10:15 Catholic Mass 10:30 Book Group 1:00 Poker 1:15 Balance and Strength 2:00 Reading to Share 6:30 Game Night 6:30 Water Color Workshop	8:30 Water Aerobics 9:25 Functional Fitness 10:00 TED Talks 12:30 Lake Grove Shopping 2:00 Banks & Cleaners 2:00 Knitting & Crocheting 3:00 Happy Hour 3:00 Hawaiian Show 7:00 Movie "Sully"	9:30 Downtown Lake Oswego Shopping Loop 11:00 Brain Fitness 12:30 Guide Dogs Graduation 2:00 Bingo 6:30 Scrabble 7:00 Movie "Sully"
18	19	20	21	22	23	24
8:30 Church Bus 1:30 Scenic Drive 2:00 Movie "To Kill a Mocking-bird" 4:00 Father's Day BBQ	8:30 Water Aerobics 9:25 Functional Fitness 9:30 Fred Meyer Shopping 10:30 Current Events 11:00 Aging Brain Series 1:00 Dollar Store 1:00 Mah Jongg 3:00 Cooking Demo 6:30 Bingo	9:15 Senior Exercise 10:00 Tai Chi for Arthritis 10:30 Food Committee Meeting 1:15 Balance and Strength 2:00 Bible Study 2:00 Computer Help 2:00 Town Hall Meeting 3:00 Bingo 6:00 Bridge Game 7:00 Music - Matthew Casey	8:30 Water Aerobics 9:25 Functional Fitness 10:00 Hear USA-PDR 10:15 Catholic Service 11:00 Brain Fitness 1:00 Blood Pressure Checks 2:00 Service Project - Flowers 6:30 Scrabble	9:15 Senior Exercise 10:00 Circuit Training 1:00 Poker 1:00 Cider Tasting 1:15 Balance and Strength 2:00 Reading to Share 6:30 Game Night 6:30 Water Color Workshop	8:30 Water Aerobics 9:25 Functional Fitness 10:00 TED Talks 12:30 Lake Grove Shopping 2:00 Banks & Cleaners 2:00 Knitting & Crocheting 3:00 Happy Hour 7:00 Movie "Patch Adams"	9:30 Downtown Lake Oswego Shopping Loop 11:00 Brain Fitness 1:15 Prime Time Fitness 2:00 Bingo 6:30 Scrabble 7:00 Movie "Patch Adams"
25	26	27	28	29	30	
8:30 Church Bus 1:30 Trader Joe's 2:00 Movie "An American in Paris"	8:30 Water Aerobics 9:25 Functional Fitness 9:30 Fred Meyer Shopping 10:30 Current Events 11:00 Aging Brain Series 11:30 Men's Lunch -Langdon Farm 1:00 Discovery Shop 1:00 Mah Jongg 6:30 Bingo	9:15 Senior Exercise 10:00 Tai Chi for Arthritis 1:00 I Made it Myself! 1:15 Balance and Strength 2:00 Bible Study 2:00 Computer Help 3:00 Bingo 6:00 Bridge Game	8:30 Water Aerobics 9:25 Functional Fitness 10:15 Catholic Service 11:00 Brain Fitness 1:00 Blood Pressure Checks 2:00 Presentation - Foot Health 6:30 Scrabble	9:15 Senior Exercise 10:00 Circuit Training 1:00 Poker 1:15 Balance and Strength 2:00 Reading to Share 2:00 All Classical Concert 6:30 Game Night 6:30 Water Color Workshop	8:30 Water Aerobics 9:25 Functional Fitness 10:00 TED Talks 12:30 Lake Grove Shopping 2:00 Banks & Cleaners 2:00 Knitting & Crocheting 3:00 Happy Hour Music 7:00 Movie "Get Low"	