

The Patriot

American House Dearborn Heights

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Your Friendly American House Staff at Dearborn Heights

Danyell Petrere Executive Director
Michelle Green Assistant Director
Elizabeth Hatfield Life Enrichment Dir.
Daryl Rogalski Maintenance
Linda Kaminski Culinary Supervisor
Linda Marasheski Housekeeping Supervisor

Important Phone Numbers

American House Office 313-278-6430
Medical Team 313-277-5140
Medical Team Night 734-489-5350
Med Team Rehab 313-598-4644
Smart Bus Connector 866-962-5515
Detroit Free Press 313-222-6400
Kathy and Company Salon .. cell 313-460-3234
home 313-291-9136
Renee Stokes (Transportation) .. 248-880-9130

Detroit Symphony Orchestra Trip

Get a Sneak Peek! Come on out and see the action of orchestra hall on Thursday, April 20th. This will be an all day outing so please plan to spend the whole day with us. Bus will leave at 9:45am and return approximately 4pm. Please make sure all walkers are marked with community name and resident name. Please RSVP by April 6th.

DSO Ensemble Performance

Please come and join us for an afternoon outing to our Westland Joy location for an afternoon of music on Friday, April 7th. If interested please see Elizabeth.

April 2017



Opening Day Festivities!

Take me out to the ballgame! Take me out with the crowd! Buy me some peanuts and Cracker Jacks...

Come on out in your Tiger attire for our opening day celebration on **Friday, April 7th**. We will be having a ballpark-style lunch and watching the game in the afternoon, as well as other baseball-related activities. We might even have some peanuts and Cracker Jacks, so come on down and show your baseball spirit.

Veterans' Wall of Honor

In our community, we have a wall which displays the photos of those who have served in the military. I am sure we do not have everyone's picture. So if families and residents have a picture that we could color copy and display, it would be much appreciated. Please see Elizabeth.





Thanks to Our Volunteers!

Thank you, volunteers, for all you do for us at American House. "You are the person who makes life easier and better for everyone. Your continual acts of thoughtfulness and kindness brighten each day. We appreciate YOU, and always thank you."

We are planning a special event on Friday, April 28th, at 12:30 p.m. in the Community Room to honor our volunteers. Again, thank you for all reasons for coming to American House.

We are proud to count on someone special like you.



"Easter My Neighbors" By Dolores S.

It's just another Sunday to sleep in late.
 Just another day to stay home from the job I hate.
 To send the children outside to play I don't go to church, I am too tired,
 I give them a basket with lots of candy
 Send out for a burger—anything that's handy.
 But my neighbors next door—I call them weird.
 Always in church with Bible I heard.
 They knock on my door for the umpteenth time,
 To invite you to church for bread and wine.
 I decide to go and get rid of the pests,
 We dressed up and wear our best.
 All the people look different and friendly, too,
 They shake our hands, what should I do.
 But when the preacher started talking,
 My knees started knocking.
 He talked about Jesus that's all I heard.
 He kept saying it's in the word.
 Down my face came many tears,
 Jesus is what I needed all these years.
 That Easter morning, I'll never forget,
 was I born again—you bet.
 I don't sleep late on Sundays anymore,
 I'm in the church when they open that door.
 I read my Bible and pray every day,
 Jesus Christ is the only way.

Intergenerational and Multicultural Visit



Thank you so much for spending time with us. It was a great experience.



American House Transportation Service

We have an eight-passenger van, which includes a wheelchair lift capable of lifting up to 300 pounds. The wheelchair cannot exceed 30 inches in width and the van cannot accommodate electric wheelchairs.

Scheduled appointments need to be within 10 miles of our building; medical appointments take priority. To schedule an appointment, please call Renee Stokes at (248) 880-9130. Please allow 48-72 hours' notice. Please remember, our normal scheduled days are Mondays and Tuesdays.



Everyone at American House would like to extend birthday greetings to you on your special day.

Resident Birthdays!

4/3	Geraldine M
4/4	Lucy D
4/11	Gerald C
4/15	Gladys S
4/16	Virginia B
4/17	Irene M
4/25	Josephine C
4/25	Betty M
4/25	Billy P
4/26	Leo B
4/27	Erlene G
4/27	Jeanette S
4/29	John K

Staff Birthdays!

4/6	Tatyana Branch-Jorgenson
4/16	Pam Vardas



Let's welcome the new residents to our American House family. It only takes a few minutes of our time to introduce ourselves and spread a little sunshine!

So, go ahead: introduce yourself, smile, talk and make a new friend. "Practice random acts of kindness."

Mary M
Virginia S
Carolyn D



Wit & Wisdom

"Baseball was, is and always will be to me the best game in the world."

—Babe Ruth

"There are only two seasons—winter and baseball."

—Bill Veeck

"There's nothing like opening day. There's nothing like the start of a new season."

—George Brett

"Love is the most important thing in the world, but baseball is pretty good, too."

—Yogi Berra

"Every day is a new opportunity. You can build on yesterday's success or put its failures behind and start over again.

That's the way life is, with a new game every day, and that's the way baseball is."

—Bob Feller

"Baseball, it is said, is only a game. True. And the Grand Canyon is only a hole in Arizona."

—George Will

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 11:15 Jigsaw Puzzles★ 1:30 Rummy with Catherine★ 2:00 College for Creative Studies 3:30 Trivia with Dolores 5:00 Lawrence Welk 6:00 Scrabble★
2 11:00 Catholic Service 1:30 Coupon Clipping★ 2:00 Biographical Discussion with Dolores 3:30 Afternoon Movie	3 Week at the Ocean 9:15 Shopping at Walmart 10:15 Riddles and Rhymes 10:30 Exercise to oceans sounds 11:15 Anacrostics with an ocean twist 1:30 Walk and Roll Club 2:30 Ocean Bingo 3:30 Rosary 6:30 Pinochle Club★	4 9:30 Word Challenge 10:15 Ocean Trivia 10:30 Exercise to Natures Sounds 11:15 Resident Council Meeting 1:00 Blood Pressure 1:30 Ocean Theme Hangman 2:30 Afternoon Movie: Moby Dick and Popcorn 4:00 Spelling Bee with Jan 6:15 Music with Robin Beck 6:30 The Knit Wit Club	5 9:15 iPad Games 10:00 Catholic Mass with Father Bucon 10:15 Divers view of the Ocean (TED) 11:15 Can You Guess the Ocean Item? 1:30 Ocean Crafts 2:30 Beach Bingo 3:30 Blackjack★ 3:30 Bible Study with Evelyn 6:30 Movie Night-20,00 Leagues Under the Sea	6 9:30 Ocean Word Search 10:15 Ocean Stories of Adventure 10:30 Exercise 11:15 Unscramble 1:30 Walk and Roll Club 1:30 Trivia Quest 2:30 Fur Angels Pet Therapy 3:00 Movie: Splash and popcorn 6:30 Jigsaw Puzzle★	7 10:00 Tiger Trivia 10:30 Exercise with Med Team Rehab 11:00 Making of the Ocean Cookies 12:30 Ball Park Theme Meal 1:10 Opening Tiger Game 1:30 DSO Ensemble at AH Venoy 2:30 Entertainment by Garvin Freeman 6:30 Pinochle Club★	8 11:15 Jigsaw Puzzles★ 1:30 Rummy with Catherine★ 2:30 Afternoon with the Easter Bunny 5:00 Lawrence Welk 6:00 Scrabble★
9 11:00 Catholic Service 1:30 Coupon Clipping★ 2:00 Biographical Discussion with Dolores 3:30 Afternoon Movie	10 8:00 Catholic Mass at St. Sabina 10:15 Riddles and Rhymes 10:30 Exercise 11:15 Anacrostics 12:45 Choir Rehearsal at AH Southgate 1:30 Walk and Roll Club 2:30 Bingo 3:30 Rosary 6:30 Pinochle Club★	11 9:30 Word Challenge 10:15 Chicken Soup for the Soul 10:30 Exercise 11:00 Music with Bobby G 11:15 Brain Games 1:00 Blood Pressure 1:30 Hangman 2:30 Afternoon and Popcorn 4:00 Spelling Bee with Jan 6:30 The Knit Wit Club	12 9:15 iPad Games 10:15 Creative Expressions 11:15 Jumblin 1:30 Current Events 2:30 Bingo 6:30 Monopoly★ 6:30 Movie Night	13 9:30 Word Search 10:15 Short Stories/Reminiscing 10:30 Exercise 11:15 Unscramble 1:30 Walk and Roll Club 1:30 Trivia Quest 3:00 Wellness Bingo with the Med Team 6:30 Jigsaw Puzzle★	14 9:30 IPAD Games 10:30 Exercise with Med Team Rehab 11:15 US History 1:30 Beanbag Toss 2:30 Entertainment with John Latini 3:45 Unscramble 6:30 Pinochle Club★	15 10:30 Tai Chi With Andrea 11:15 Jigsaw Puzzles★ 1:30 Rummy with Catherine★ 3:30 Trivia with Dolores 5:00 Lawrence Welk 6:00 Scrabble★
16 11:00 Catholic Service 1:30 Coupon Clipping★ 3:30 Afternoon Movie	17 9:15 Shopping at Meijer 10:15 Riddles and Rhymes 10:30 Exercise 11:15 Anacrostics 1:30 Walk and Roll Club 2:30 Bingo 3:30 Rosary 6:30 Pinochle Club★	18 9:00 Universal Learning Academy Student Visits 9:30 Word Challenge 10:15 Balloon Volleyball 10:30 Exercise 11:15 Brain Games 1:00 Blood Pressure 1:30 Hangman 2:30 Afternoon and Popcorn 3:30 Blackjack★ 4:00 Spelling Bee with Jan 6:15 Music with Robin Beck 6:30 The Knit Wit Club	19 9:15 iPad Games 10:15 Creative Expressions 10:30 Lutheran Service with Pastor Colleen 11:15 Jumblin 1:30 Current Events 2:30 Bingo 3:30 Bible Study with Chaplain Eric 6:30 Monopoly★ 6:30 Movie Night	20 9:30 DSO Sneak Peek 9:30 Word Search 10:15 Short Stories/Reminiscing 10:30 Exercise 11:15 Unscramble 1:30 Walk and Roll Club 1:30 Trivia Quest 2:00 Afternoon Movie and Popcorn 3:15 Poetry and Prose with Joyce★ 6:30 Jigsaw Puzzle★	21 9:30 IPAD Games 10:30 Exercise with Med Team Rehab 11:15 US History 1:30 Nifty Crafters★ 1:30 Beanbag Toss 2:30 Entertainment with Joe Moore 3:45 Unscramble 6:30 Pinochle Club★	22 11:15 Jigsaw Puzzles★ 1:30 Rummy with Catherine★ 3:30 Trivia with Dolores 5:00 Lawrence Welk 6:00 Scrabble★
23 11:00 Catholic Service 1:30 Coupon Clipping★ 2:00 Biographical Discussion with Dolores 3:30 Afternoon Movie	24 10:15 Riddles and Rhymes 10:30 Exercise 11:15 Anacrostics 12:45 Choir Rehearsal at AH Southland 1:30 Walk and Roll Club 2:30 Bingo 3:30 Rosary 6:30 Pinochle Club★	25 9:30 Word Challenge 10:15 Chicken Soup for the Soul 10:30 Exercise 11:15 Brain Games 1:00 Blood Pressure 1:30 Hangman 2:30 Afternoon and Popcorn 4:00 Spelling Bee with Jan 6:30 The Knit Wit Club	26 9:15 Greektown Casino 9:15 iPad Games 10:15 Creative Expressions 11:15 Jumblin 1:30 Current Events 2:30 Bingo 6:30 Movie Night 6:30 Monopoly★	27 9:15 Outing to Michigan Science Center 10:15 Short Stories/Reminiscing 10:30 Exercise 11:15 Unscramble 1:30 Walk and Roll Club 1:30 Trivia Quest 2:00 iPad Games 6:30 Jigsaw Puzzle★	28 9:30 IPAD Games 10:30 Exercise with Med Team Rehab 11:15 US History 12:30 Volunteer Appreciation Lunch(CR) 1:30 Beanbag Toss 2:00 Nifty Crafters★ 2:30 Exercise to Music with Brooke 3:45 Unscramble 6:30 Pinochle Club★	29 11:15 Jigsaw Puzzles★ 1:30 Rummy with Catherine★ 3:30 Trivia with Dolores 5:00 Lawrence Welk 6:00 Scrabble★
30 11:00 Catholic Service 1:30 Coupon Clipping★ 2:00 Biographical Discussion with Dolores 3:30 Afternoon Movie						

F.Y.I.**Sign-Out Sheets!**

Our residents, families and friends must remember to use the sign-out sheet when their loved one leaves the building. The sign-out sheet is under the Activity calendar in the front hall. In the event of an emergency, we need to know which residents are out of the building. Thank you for your cooperation.

Maintenance Reminders!

Please make sure you call or stop by the office and have a request form filled out for any repairs that need to be done in your apartment.

Reminders!

Advanced Medical House calls will be here weekly.

Dr. Howell, podiatrist, will be here on Tuesday, April 4th, at 10:30 a.m.

Mardi Gras Celebration!

Residents celebrated with festive New Orleans jazz music and tasty treats.

**Word Search**

Today's Category: North, South & Central American Nations

M C A L E U Z E N E V G
S G P A R A G U A Y U A
S U R I N A M E L A X R
E Y D O U S A I T U B G
C A N A D A Z E D G O E
U N P A N A M A C U L N
A A E D R A X S V R I T
D S R B L C C P B U V I
O D U A U G A R A C I N
R F H O N D U R A S A A
E Z I L E B M E X I C O
A I B M O L O C H I L E

1. U. S. A.

2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

Word Search Solution:

1. Argentina 11. Honduras
2. Belize 12. Mexico
3. Bolivia 13. Nicaragua
4. Brazil 14. Panama
5. Canada 15. Paraguay
6. Chile 16. Peru
7. Colombia 17. Suriname
8. Ecuador 18. Uruguay
9. Guatemala 19. U.S.A.
10. Guyana 20. Venezuela

M C A L E U Z E N E V G
S G P A R A G U A Y U A
S U R I N A M E L A X R
E Y D O U S A I T U B G
C A N A D A Z E D G O E
U N P A N A M A C U L N
A A E D R A X S V R I T
D S R B L C C P B U V I
O D U A U G A R A C I N
R F H O N D U R A S A A
E Z I L E B M E X I C O
A I B M O L O C H I L E



Meet the New Executive Director

Our Dearborn Heights community is delighted to announce that Danyell (Zajac) Petrere is returning to us after four years to be our Executive Director. When she was at our community four years ago she was the Life Enrichment Director and then went to work at a sister community as the Executive Director. Please help us in welcoming her back!



Dawn Steckroth, Executive Director

If you haven't already heard, Dawn passed away in March in a tragic car accident. Dawn was a valuable employee of American House with 10 years of service. We will miss her and her beautiful smile.



Easter Eggs

By: Brian Rosso, R.D.

The Easter egg is a tradition that is celebrated around the world. Many people believe that the egg is a sign of rebirth. Originally, people would take great time and effort to paint and decorate eggs. However, over time, some people chose to use plastic eggs or chocolate eggs instead.

- Decorating Easter eggs dates back 2,500 years.
- Countries such as Russia, Romania and Poland still create very detailed colored eggs.
- Some people prefer tan Easter eggs, so they boil the eggs in water containing onion skins.
- In England, different colored yarns are also tied to the eggs to create a unique look.
- On Easter in the United Kingdom, painted eggs are rolled down steep hills for fun.
- In the United States, children roll eggs on the ground using a spoon, which is an annual event at the White House.
- Easter egg hunts are another famous tradition.
- Beeping Easter eggs are now used to allow the visually impaired the opportunity to also hunt for Easter eggs.

Happy Easter!

F.Y.I.

Potential Outings for Spring and Summer!

Please keep your eyes open for new and exciting outings from our community. These outings may require you to pay before the trip is booked. The possible outings are baseball game, Portofino's, Zukey Lake tavern, Purple Rose Theatre, Firekeeper's Casino, Toledo Mudhens, evening concert in the park, afternoon concerts at the library, concerts in the park, Genitti's, County Picnic, and River Raisin National Park. If you are definitely interested in going to any of these proposed places, please voice your interest to Elizabeth.



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April 2017



**American
House** 
SENIOR LIVING COMMUNITIES

AMERICAN HOUSE DEARBORN HEIGHTS

26600 Ann Arbor Trail
Dearborn Heights, MI 48127