

The Patriot

American House Oakland

1915 Baldwin Ave. | Pontiac | Michigan | 48340
(248) 335-7020 | americanhouse.com

American House Oakland Staff

Laura Broecker Executive Director
Chantal Letts Manager
Sherry Kuecken Life Enrichment Director
Kevin Kendrick Maintenance Director
Kathy Tuzzolino Housekeeping Supervisor
Amanda Paul Culinary Director



IMPORTANT NUMBERS

American House (248) 335-7020
Katrina Stallworth
Family Care Coordinator (248) 752-1734
The Medical Team (248) 338-8198
Med. Team Cell Ph (24 hrs) (248) 499-4248
Med Team Rehab (248) 335-9000
Smart Bus (866) 962-5515
Pontiac Cab Co. (248) 332-8880
AT&T (800) 244-4444
Oakland Press (248) 745-4700
Rosanne Hair Affair (248) 334-9515
Comcast Cable (248) 338-8479
Detroit News & Free Press (800) 395-3300

March 2016



Luau Party!! Yahoo!!

We'll get you in the Hawaiian spirit on Friday, March 18, at 2:30, in the dining room for our Luau Party! We will have musical entertainment, festive drinks and plenty of Hawaiian cheer. This event is open to ALL residents and their families. Wear your favorite Hawaiian shirt or your favorite summer shirt. Please RSVP to the Main office by March 16.



**Celebrate St. Patty's Day March 17 With
Dan Hays 7:00 Lobby**

Dancing Music

****Bob Lowe**
New Resident
Bash/Happy Hour
Fri., March 4, 2:30
(DR)

***Mark & Ray Green**
Fri., March 11, 2:30
(LO)

****Dan Hays**
St. Patrick's Day
Celebration
Thur., March 17,
7:00 (LO)

****Paul Krass**
Hawaiian Luau
Celebration
Fri., March 18, 2:30
(DR)

****David Rowe**
March Birthdays
Fri., March 25, 2:30
(DR)



Look how much fun the staff had dressing up for the PJ Party. Smile Berjie, you are surrounded by fun!



Sherry gets love from Shirley at the PJ Party. Awesome smile, Shirley!!! We love you.



Puddy Loves Birthdays!!!!

Marvelous March Birthdays!

Thelma G.	March 5
Syliva M.	March 9
Karyn Y.	March 9
William B.	March 12
Mary M.	March 25
Helen F.	March 26
Hattie M.	March 26
Robert W.	March 29
Darlyne O.	March 31



Elizabeth Enjoyed the Birthday Party!



Can You Guess? Pictured here in her wedding dress, this beauty loves the suspense of Bingo!!

Easter Eggs

By: Brian Rosso, R.D.

The Easter egg is a tradition that is celebrated around the world. Many people believe that the egg is a sign of rebirth. Originally, people would take great time and effort to paint and decorate eggs. However, over time, some people chose to use plastic eggs or chocolate eggs instead.

- Decorating Easter eggs dates back 2,500 years.
- Countries such as Russia, Romania and Poland still create very detailed colored eggs.
- Some people prefer tan Easter eggs, so they boil the eggs in water containing onion skins.
- In England, different colored yarns are also tied to the eggs to create a unique look.
- On Easter in the United Kingdom, painted eggs are rolled down steep hills for fun.
- In the United States, children roll eggs on the ground using a spoon, which is an annual event at the White House.
- Easter egg hunts are another famous tradition.
- Beeping Easter eggs are now used to allow the visually impaired the opportunity to also hunt for Easter eggs.

Happy Easter!

March Is Movin' and Groovin'!

Stuffed Bun Breakfast Out	Tue., March 1, 8:00 (LO)
Walker/Wheelchair Check	Tue., March 1, 11:00 (GR)
Small Changes/Big Differ.	Tue., March 1, 2:30 (DR)
Choir Practices	Wed., March 2 & 16, 12:30 (LO)
Free Colorectal Screening	Wed., March 2, 6:00 (TH)
Welcome Committee Meeting	Mon., March 7, 2:30 (GR)
St. Patty's Day Celebrate	Thu., March 17, 7:00 (LO)
Hawaiian Luau	Fri., March 18, 2:30 (DR)
Tailwaggers Visit	Sat., March 19, 2:30 (LO)
March Birthday Party	Fri., March. 25, 2:30 (DR)
Watercolor Class	Mon., March 28, 2:30 (CR)
Men's Club Luncheon	Tues., March 30, 12:00 (CR)
Current Events Discussion	Every Wed., 11:00 (BR)

March Is Colorectal Cancer Awareness.

FREE Colorectal Screening Clinic
Wednesday, March 2, 2016
6 – 8 p.m. American House
Oakland. Light snack will be
provided. This event is open to
residents of American House, their
family members and staff. You
MUST RSVP to the main office by
Friday, February 26th.



Picnic Time!!

Let's chase the winter blahs away
with picnic themed meals on Fri.,
March 4 for the 11:30 and 1:00
seatings. Put your sunglasses on
because it is going to get bright.

Small Changes/Big Differences

Do you need help opening a jar or
putting your socks on? Then you
need to come see the little things you
can get in a kit of home help aids that
will make daily tasks a little easier for
you. The presentation will be in
theatre at 2:30 on Tue., March 1.



Daylight Saving Time!

It is that time of year again to
spring forward your clocks.
Move your clocks ahead one
hour on Sunday, March 13, at
2:00 a.m. Don't forget! Daylight
Saving Time.

Be Positive!!

VOTE!

Monday, March 21, is Employee of the Month voting day. Stop by before your meal at the voting station on the lower level, 11:15 a.m. to 12:45 p.m. "Employee of the Month" will be announced Tue., March 22. We have provided pictures at the voting station to help you recognize a top-notch, OUTSTANDING, wonderful employee.

Scheduled Transportation

It starts at 10:00 a.m. every Thursday. Two critical items that you need to remember: First, your destination MUST be within a 10-mile radius of our community in order for us to transport. Second, all appointments absolutely take priority. Please fill out a transportation form in the main office to schedule your ride or get alternatives for transportation.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar Key BP Billiards-1st floor GR Game Rm.-second floor CH Chapel-1st floor CR Craft Rm.-second floor CS Ceramics-second floor BR Bistro-first floor DR Dining Rm.- lower level	Calendar Key EX Exercise-lower level LO Lobby-first floor LB Library-second floor west end TMT Medical Team-first floor TH Theater-Lower level IHR In-Home Rehab	1 8:00  Breakfast Stuffed Bun Out (LO) 9:15  Shopping Meijer 10:00 Exercise (EX) 11:00 Walker/Wheelchair Check (GR) 2:00 Bible Study (CH) 2:00 Dr. Binder (TMT) 2:30 Small Changes/Big Differences Presentation (TH) 7:30 Dominos (DR)	2 10:00 Exercise (EX) 10:30 Blood Pressure Checks (GR) 11:00 Current Events Discussion (GR) 11:30 Country Store Open (LL) 12:45 Choir Rehearsal @AH Village 3:30 Bananagrams (GR) 6:00 Colorectal presentation and screening (TH)	3 9:00 Beauty Shop Open (LO) 10:00  Scheduled Transportation 10:00 Exercise (EX) 10:30 Communion (CH) 10:50 Rosary (CH) 2:30 Card Bingo \$1 (GR) 7:30 Dominos (DR)	4 9:00 Beauty Shop Open (LO) 10:00 Ceramics (CS) 10:15 Exercise (EX) 11:30 Country Store Open (LL) 11:30 Picnic Themed Meal 1:00 Picnic Themed Meal 2:30  Entertainment: Bob Lowe, Happy Hour New Resident Bash 7:00 Movie Night-Bring a Friend (TH)	5 9:30 Pastries in Bistro 10:00 Chair Zumba (EX) 10:30 Euchre (GR) 2:00 Adult Coloring Pages (CR) 2:30 Fresh Coffee in Bistro 7:00 Movie Night-Bring a Friend (TH)
6 9:55 Morning Worship Faith Baptist Church (CH) 2:30 Card Bingo \$1 (GR) 3:15 Wii Gaming/Bowling (EX) 5:00 Cards-Euchre(GR) 7:00 Worship: Joy Bell Gospel (CH)	7 10:00 Exercise (EX) 10:30 Walking Club (EX) 11:00 Sherry Visits New Residents 11:30 Country Store Open (LL) 2:30 Muffins with Manda (DR) 3:00 Welcome Committee Meeting (GR) 3:30 Wii Bowling (EX) 7:00 Scrabble/Bananagrams (GR)	8 9:15  Shopping to Kroger (LO) 10:00 Exercise (EX) 11:30  Red Hatters' Lunch/Wing Lauk (LO) 2:00 Dr. Binder (TMT) 2:00 Bible Study (CH) 2:30 Resident Meeting (TH) 7:30 Dominos (DR)	9 Omelet Station Today 10:00 Exercise (EX) 10:30 Blood Pressure Checks (GR) 11:00 Current Events Discussion (GR) 11:30 Country Store Open (LL) 2:30 Bingo \$1.25 (DR) 3:30 Bananagrams (GR) 7:00 Movie Night-Bring a Friend (TH)	10 9:00 Beauty Shop Open (LO) 10:00 Exercise (EX) 10:00  Scheduled Transportation 10:30 Communion (CH) 10:50 Rosary (CH) 2:30 Card Bingo \$1 (GR) 7:30 Dominos (DR)	11 2:30 Entertainment in Lobby With Mark Green 9:00 Beauty Shop Open (LO) 10:00 Ceramics (CS) 10:15 Exercise (EX) 11:30 Country Store Open (LL) 7:00 Movie Night-Bring a Friend (TH)	12 9:30 Pastries in Bistro 10:00 Exercise Room Open (EX) 10:30 Kings in the Corner in Bistro 2:00 Puzzle Making (CR) 2:30 Movie Matinee (TH) 7:00 Hangman in the Bistro
13 9:55 Morning Worship Faith Baptist Church (CH) 2:30 Card Bingo \$1 (GR) 3:15 Wii Gaming/Bowling (EX) 5:00 Cards-Euchre(GR) 7:00 Worship: Victory World Outreach (CH)	14 10:00 Exercise (EX) 10:30 Walking Club (EX) 11:00 Sherry Visits New Residents 11:30 Country Store Open (LL) 2:30 Crafts (CR) 3:30 Wii Bowling (EX) 7:00 Scrabble/Bananagrams (GR)	15 9:15  Shopping to Meijer (LO) 10:00 Exercise (EX) 2:00 Bible Study (CH) 2:00 Dr. Binder (TMT) 2:30 Card Bingo \$1 (GR) 7:30 Dominos (DR)	16 10:00 Exercise (EX) 10:30 Blood Pressure Checks (GR) 11:00 Current Events Discussion (GR) 11:30 Country Store Open (LL) 12:45  Choir Rehearsal at AH Elmwood 3:30 Bananagrams (GR) 7:00 Movie Night-Bring a Friend (TH)	17 9:00 Beauty Shop Open (LO) 10:00 Exercise (EX) 10:00  Scheduled Transportation 10:30 Communion (CH) 10:50 Rosary (CH) 2:30 Card Bingo \$1 (GR) 7:00  Dan Hays-St. Patrick's Day	18 9:00 Beauty Shop Open (LO) 10:00 Ceramics (CS) 10:15 Exercise (EX) 11:00 Brain Neurobics (TH) 11:30 Country Store Open (LL) 2:30  Luau Party and Entertainment with Paul Krass (DR) 7:00 Movie Night-Bring a Friend (TH)	19 9:30 Pastries in Bistro 10:00 Chair Zumba (EX) 10:30 Euchre (GR) 2:00 Adult Coloring Pages (CR) 2:30 Tailwaggers Visit (LO) 7:00 Movie Night-Bring a Friend (TH)
20 9:55 Morning Worship Faith Baptist Church (CH) 2:30 Card Bingo \$1 (GR) 3:15 Wii Gaming/Bowling (EX) 5:00 Cards-Euchre(GR) 7:00 Worship: Calvary Mission Church (CH)	21 10:00 Exercise (EX) 10:30 Walking Club (EX) 11:00 Sherry Visits New Residents 11:15 Vote for Employee of Month (LL) 11:30 Country Store Open (LL) 2:30 Positive Energy/Positive Attitude Seminar (TH) 3:30 Wii Bowling (EX) 7:00 Scrabble/Bananagrams (GR)	22 11:30 Resident Lunch to Chili's 9:15  Shopping to Kroger (LO) 10:00 Exercise (EX) 2:00 Dr. Binder (TMT) 2:00 Bible Study (CH) 7:30 Dominos (DR)	23 Fried Egg Breakfast 10:00 Exercise (EX) 10:30 Blood Pressure Checks (GR) 11:00 Current Events Discussion (GR) 11:30 Country Store Open (LL) 2:30 Bingo \$1.25 (DR) 3:30 Bananagrams (GR) 7:00 Movie Night-Bring a Friend (TH)	24 9:00 Beauty Shop Open (LO) 10:00  Scheduled Transportation 10:00 Exercise (EX) 10:30 Communion (CH) 10:50 Rosary (CH) 2:30 Card Bingo \$1 (GR) 7:30 Dominos (DR)	25 2:30 March Birthdays and Entertainment With David Rowe (DR) 9:00 Beauty Shop Open (LO) 10:00 Ceramics (CS) 10:15 Exercise (EX) 11:30 Country Store Open (LL) 7:00 Movie Night-Bring a Friend (TH)	26 9:30 Pastries in Bistro 10:00 Exercise Room Open (EX) 10:30 Kings in the Corner in Bistro 2:00 Puzzle Making (CR) 2:30 Movie Matinee (TH) 7:00 Hangman in Bistro
27 9:55 Morning Worship Faith Baptist Church (CH) 2:30 Card Bingo \$1 (GR) 3:15 Wii Gaming/Bowling (EX) 5:00 Cards-Euchre(GR) 7:00 Worship: Life Point Church (CH)	28 10:00 Exercise (EX) 10:30 Walking Club (EX) 11:00 Sherry Visits New Residents 11:30 Country Store Open (LL) 2:30 Watercolor Painting (CR) 3:30 Wii Bowling (EX) 7:00 Scrabble/Bananagrams (GR)	29 12:00 Men's Club Lunch (CR) 9:15  Shopping to Meijer (LO) 10:00 Exercise (EX) 2:00 Bible Study (CH) 2:00 Dr. Binder (TMT) 2:30 Card Bingo \$1 (GR) 7:30 Dominos (DR)	30 10:00 Exercise (EX) 10:30 Blood Pressure Checks (GR) 11:00 Current Events Discussion (GR) 11:30 Country Store Open (LL) 2:30 Bingo \$1.25 (DR) 3:30 Bananagrams (GR) 7:00 Movie Night-Bring a Friend (TH)	31 9:00 Beauty Shop Open (LO) 10:00  Scheduled Transportation 10:00 Exercise (EX) 10:30 Communion (CH) 10:50 Rosary (CH) 2:30 Card Bingo \$1 (GR) 7:30 Dominos (DR)	This is your home. You are encouraged to gather with your friends and neighbors for games, parties and more. If you would like to reserve a room for an event or activity, please call the main office.	Guests are always welcome to dine with our residents at American House Oakland. The cost for both dinner and supper is \$7. Please get your meal ticket(s) in the main office. Exact change is appreciated.

Get Money

Refer a Friend

If you have a family member/friend you would like to refer to move into American House Oakland, you will get rewarded! You earn **\$500** for **each** referral who moves into our community. Just inform the Main Office when you make a referral. We will track your referral and immediately apply a **\$500** credit when your rent is due. The referral must reside here for at least 30 days before you receive the credit.

Rent Payments Due

Avoid a \$25 late fee by paying your rent by the 7th of each month. Get it in on time, save a dime (\$25 actually)!



Ila is all smiles on her 101st birthday celebration with her friends and family! Congrats, Ila!



Chantal strikes a pose with this year's PJ party best dressed winner, Nancy. Looking good, ladies. Don't they look adorable? Love the stuffed animal.



Bill is sitting with last month's "Can You Guess" resident, AJ. How many of you guessed right?



Pat was hanging out with her cuddly friend at the PJ party! He is soooo adorable and thank you Pat for getting in the spirit of things.



Mary, a new resident, made fast friends with Eldora at our signature party Love is Ageless. Instant best friends.



Millert and Andy Love attending the Men's Club Luncheon once a month.

Medical Services Oakland

MONDAYS: Dr. Salloum (Internist)

Sign up in The Medical Team office.

His number is **(248) 338-5516**.

Francesca is available on Thurs.

TUESDAYS: Dr. Binder (Podiatrist)

Please call **(248) 338-3668** to make

an appointment.

Every Third Wednesday:

Dr. Zazaian (Internist) Please call

(248) 681-1880 for an appointment.

Star EMS (Nonemergency)

(866) 973-9999



Betty being interviewed by a high school student for her service project. Thanks to all who shared.



Heather, Vera, & Elsie are Forever Friends!



Betty & Evelyn enjoyed Red Hatter's lunch out to Bar Louie, but not the cold weather. Brrrr.



Irene, Elaine & her daughter & Betty sing along with David Rowe to get the party moving.



Estelle & Marilyn Look So Rosy in Red!!



Amole and George Rocked the Party!!



Peggy & Mary had a wonderful evening at the Party!!

Get Involved!!



Only Emergency Personnel Park

Please do not park at the front entrance. The circle drive is for pickups and drop-offs only. Emergency medical vehicles must have access to our building. Any car parked in the circle drive is at risk of being towed.

Also, when emergency personnel are in the building, please be aware that they need to get on the elevator before you in order to respond in an appropriate time frame. Thank you for all of your consideration!



March 2016



Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9.

Solution:

9	1	6	2	7	3	5	4	8
2	4	8	1	9	5	6	3	7
5	7	3	8	6	4	2	1	9
3	2	1	6	5	8	7	9	4
6	9	4	7	3	2	8	5	1
8	5	7	9	4	1	3	2	6
4	8	2	3	1	7	9	6	5
1	3	9	5	8	6	4	7	2
7	6	5	4	2	9	1	8	3

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2		4		8				
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			1					
	5	8				4	6	
					9			
	1						7	5
				6		8		2
	4		3		2	9		



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