



ASTON GARDENS®

SAMPLE DINNER MENU

SOUP DU JOUR

Seafood Bisque – Creamy soup chock-full of seafood

SALADS

Signature Salad – Sliced tomatoes and watermelon with red onions and mint leaves in a raspberry vinaigrette

Tossed Salad – Tossed salad greens with sliced cucumbers, carrots and tomatoes

Dressings – Ranch, Italian, French, Blue Cheese, Honey Mustard, Thousand Island, Fat-free French, Fat-free Ranch

DINNER ENTREES

Prime Rib – Tender prime rib, lightly seasoned and slow roasted to perfection. Served with au jus.

Shrimp Scampi – Plump shrimp sautéed in a delicious blend of butter, garlic and vermouth. Served over al dente linguini.

Chicken Cordon Bleu – Oven broiled skinless breast stuffed with sliced ham and provolone cheese. Lightly breaded with seasoned bread crumbs and served with chicken supreme sauce.

VEGETABLES AND ACCOMPANIMENTS

Twice Baked Potato

Sautéed Broccoli

Seasoned Mixed Vegetables

Herb-Roasted Red Skin Potatoes

DESSERTS

Chef's Signature Dessert – Carrot Cake with Sweet Cream Cheese Icing

Assorted Fresh Fruit

Fruit Cup

Frozen Yogurt

Ice Cream

Sherbet

Sugar-Free Jell-O

No Sugar Added Dessert du Jour

BEVERAGES

Coffee, Hot Tea, Ice Tea, Milk, Juices: Orange, Cranberry, Tomato and Prune



ASTON GARDENS®

AVAILABLE ALL DAY – EVERY DAY MENU

Chef's Selection

SOUP AND SALADS

Soup du Jour
Cottage Cheese

Aston House Salad
Fresh Seasonal Fruit Cup

Tossed Salad

OMELETS YOUR WAY

Create your own special omelet. Add onions, peppers, mushrooms, ham. Also served with choice of American, Swiss or Cheddar cheese.

DELI SANDWICH

Your choice of tuna, chicken or egg salad, sliced ham or turkey served on white, wheat or rye bread.

ASTON BURGER

6 oz. Angus burger grilled to your preference and served with your choice of Swiss, American or Cheddar cheese.

FRUIT PLATE

Fresh seasonal fruit plate served with choice of cottage cheese or tuna, egg or chicken salad.

PENNE PASTA

Penne pasta served al dente with a light marinara sauce.

GRILLED OR POACHED SALMON

Fresh Atlantic salmon chargrilled and basted with sweet honey BBQ sauce, or poached with white wine and lemon.

ROTISSERIE STYLE CHICKEN

Slow roasted with special herbs and spices, an Aston Gardens special recipe.

HOT DOG

Grilled quarter-pound all-beef Kosher frank served on a soft roll.

SIDES

Potato Chips | French Fries | Green Beans

EVERYDAY DESSERTS

Sugar-free Jell-O | Cookies | Ice Cream | Frozen Yogurt
No Sugar Added Ice Cream | No Sugar Added Dessert du Jour