



Adult Pet Wellness Program

The primary goal of Countryside Animal Clinic and any pet lover is to give our cats and dogs the best quality of life for as long as possible. Achieving this goal requires a comprehensive plan for maintaining health and monitoring for problems. We are committed to being proactive in promoting wellness rather than just reacting to illness. With this in mind, we have designed a program that incorporates the current recommendations of the AVMA, CAPC, AAHA, and the CDC. Your pet's specific program may vary based on our veterinarian's assessment of his individual needs. We appreciate you allowing us to care for your four-legged family members and look forward to a long and healthy partnership.

Physical Examination

- Annually for healthy adults
- Every 6 months or less for patients with chronic diseases such as diabetes, heart disease, Cushing's disease, renal disease, etc.

Intestinal Parasite Screen

- Annually for most pets
- More frequent testing for field dogs, outdoor cats, or households with small children
- Requires a fresh fecal sample

Annual Blood Parasite Screen for dogs

- Blood test for Heartworm disease as well as 3 tick borne diseases: Lyme, Ehrlichia, and Anaplasmosis

Annual Lab Work: CBC, Chemistry Profile & Urinalysis

- Junior Wellness Profile for pets younger than 7 years.
- Senior Wellness Profile for pets older than 7 years. This is a more extensive screen for the aging pet, to include a T4 to assess for thyroid abnormalities.

Vaccination Recommendations

CATS:

- **FVRCP** (Feline Distemper combination) administered every 3 years if totally indoor; otherwise annually if goes outdoors
- **Rabies** given yearly using a Feline-specific non-adjuvanted vaccine
- **FELV** (Feline Leukemia) yearly if goes outdoors and had a negative FELV/FIV test

DOGS:

- **DAPP** (K9 Distemper combination) administered every 3 years starting at 2 years of age per AAHA guidelines
- **Rabies** every 3 years starting at 1 year of age
- **Lyme** vaccine yearly
- **Leptospirosis** as indicated by risk assessment
- **Bordetella** may need to be given every 6 months as required for boarding or grooming
- **Canine Influenza** as indicated by risk assessment

Heartworm prevention given monthly on a year-round basis for all dogs, and cats that go outdoors. We carry Heartgard Plus and Interceptor for dogs and Heartgard and Revolution for cats. Ask us for recommendations based on your pet's needs.

Flea and tick control all year round for both dogs and cats. We carry Vectra, Advantix(dogs), and Advantage(cats). Revolution is recommended for outdoor cats and indoor cats in homes with young children as it treats for heartworms, fleas, ticks, and intestinal worms. We can suggest an appropriate product for your pet's needs.

Dental cleaning as deemed necessary at annual physical exam. Routine dental care is critical for preventing more serious health challenges. Perform at-home care as recommended.

Chondroprotectants such as Synovi-G chews or Cosequin are available to maintain joint health. Recommended for use as young as 2 years for large breed dogs, 5-6 years for medium size dogs, and 7-8 years for cats. May be started younger if pet has orthopedic problems.

Additional Considerations:

- **Intraocular pressures** for glaucoma prone breeds
- **T4** for junior pets in hypothyroid prone breeds
- **Blood pressure** measurement in patients with chronic renal disease, cardiomyopathy, hyperthyroidism, or cats >10 years of age.