

Discover Our Senior Day Program

It's a Great Day for Seniors!

Do you know someone who wants to maintain independence by living at home, but could use some assistance and socialization during the day? Our Senior Day Program may be just the right fit! Our program is designed especially for seniors. Participants benefit from personal health services and socialized activities during the day, then return home to familiar surroundings in the evening.

Activities are abundant! Gentle exercise, art classes, computer classes, musical entertainment, sensory stimulation, pet therapy and much more fill each day. Studies on seniors show that isolation and loneliness decrease when they participate in an active and enjoyable day program.

Our program is conveniently located and licensed as an assisted living facility. We provide assistance with personal hygiene and medications if necessary. Delicious meals and nutritious snacks are offered. Our program also helps caregivers to rejuvenate, or to accomplish daily chores while their loved one enjoys the day in a structured, supervised and active environment.



Caregivers can take a break, or attend to other obligations, while a loved one enjoys a variety of activities, good food, and new friends!

Activities and Services

- Flexible hours available 7 days a week, including holidays
- Current events, news and trivia contests
- Board games, cards • Light exercise
- Live music and entertainment
- Celebrations • Arts and crafts
- Resting Accommodations • Movies
- Shopping • Day trips • Nurse on staff
- Assistance with medications
- Beauty/Barber salon • Clubs
- Delicious, nutritious meals and snacks

Call or visit one of the communities listed on www.AssistedSenior.com to learn more about this program!