

# Discover Our Short-term Stay & Respite Care

## PROGRAMS

While caring for someone you love at home is rewarding, it is difficult to juggle family responsibilities, work outside the home, and support for an elderly relative. We know from experience that it's very important for caregivers to recognize when they need help, and to ask for assistance. That's why we've developed the following programs — to help family caregivers.

### Short-term Stays

An easy way to transition from hospital to home is with a Short-term Stay. Experience all the amenities of our community for a few days, a week or a month.

This is the perfect place for someone recuperating from a hospital stay who isn't ready to return home alone. Participants enjoy chef-prepared meals, assistance with personal care, and laundry service until their recovery is complete.



### Respite Care

We provide relief for family caregivers, too. Seniors who need assistance can reside with us while a caregiver takes a vacation, attends to other matters, or enjoys a respite from caregiving. We call it Respite Care.

**Caregivers can take a break, or attend to other obligations, while a loved one enjoys a variety of activities, good food, and new friends!**



Call or visit one of the communities listed on [www.AssistedSenior.com](http://www.AssistedSenior.com) to learn more about this program!