



## Directions

### Directions from Boston and points North

- Take I-93 South
- Take Exit 7 toward Cape Cod
- Merge onto MA-3 South and continue on MA-3 South/US-44 East
- Continue onto US-6 East
- Take Exit 7 to Willow Street toward West Yarmouth
- Turn left onto Willow Street and turn slight left onto Camp Street
- Turn left on Buck Island Road and Maplewood at Mayflower Place will be on the right

### Directions from points South

- Take I-95 North toward Providence
- Take I-195 East/US 6 toward E. Providence/Cape Cod
- Take Exit 22A to merge onto MA-25 E
- Take Exit 3 to merge onto US-6 East toward Bourne/Hyannis
- Enter next roundabout and exit onto MA-6A
- Merge onto US-6 E/Mid Cape Hwy
- Take Exit 7 to Willow Street toward West Yarmouth
- Turn left onto Willow Street and turn slight left onto Camp Street
- Turn left on Buck Island Road and Maplewood at Mayflower Place will be on the right



MAYFLOWER PLACE  
NURSING & REHABILITATION CENTER  
a **maplewood** senior living community

579 Buck Island Road  
West Yarmouth, MA 02673  
508.957.7007

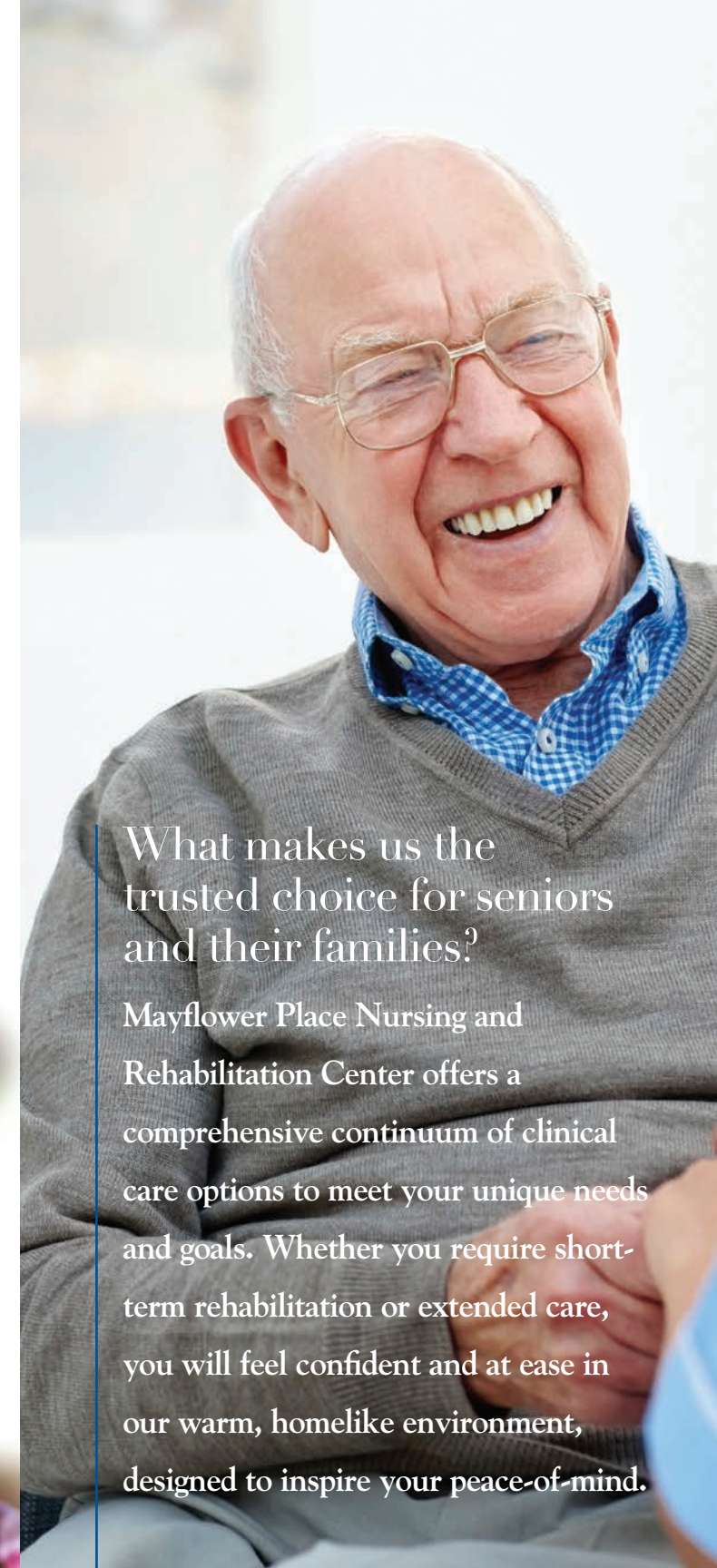
[www.MayflowerPlaceNursingAndRehabCenter.com](http://www.MayflowerPlaceNursingAndRehabCenter.com)



# Mayflower Place Nursing & Rehabilitation Center

What makes us the trusted choice for seniors and their families?

Mayflower Place Nursing and Rehabilitation Center offers a comprehensive continuum of clinical care options to meet your unique needs and goals. Whether you require short-term rehabilitation or extended care, you will feel confident and at ease in our warm, homelike environment, designed to inspire your peace-of-mind.





Day after day, we prove it's easier to heal when you feel at home.

Whether it's for short-term rehabilitation or extended care, time away from home can test a senior's body and spirit. With this in mind, Mayflower Place Nursing and Rehabilitation Center creates a warm, personalized environment that makes each patient's experience more comfortable, productive and positive. Our compassionate staff and state-of-the-art facility deliver the highest standards of care to promote healing and wellness.

## Highly Acclaimed Nursing and Rehabilitation Center



Located in scenic West Yarmouth, Massachusetts, our JCAHO-accredited Center is part of and directly connected to Maplewood at Mayflower Place, a continuing care retirement

community renowned for its exquisite design and excellent service. Our 72-bed skilled nursing and rehabilitation center is staffed with an experienced team of healthcare professionals who get to know each patient personally, so that they can offer care, programs and activities that suit their interests and enhance their everyday well-being.

In addition, each and every member of our team is trained using our HEART™ approach. Conducted by our Vice President of Resident Experience, this intensive eight-hour training program teaches our associates how to deliver the best possible emotional experience for our patients.

## Short-Term Rehabilitative Care

We offer an array of therapeutic services and resources, including state-of-the-art rehabilitation services and help with mastering everyday tasks, all designed to get you back to independent living. Our highly-trained nurses work closely with our team of physical and occupational therapists, as well as speech language pathologists, to ensure you receive exactly the type of care you need to make the most progress.

### Therapeutic Services:

Licensed and registered nursing care, 24/7

Extensive physical, occupational and speech therapy, 7 days/week

Lab and x-ray

Audiology, optometry, podiatry, dental and mental health services

Insulin therapy

Total parenteral nutrition (TPN)

Hospice care

Dysphagia and swallowing disorders

Communication disorders

### Specialty Programs:

Post-surgical orthopedic care

Post-surgical and complex wound care

Neurological care

Cardiac recovery

Diabetic care

Fall and restraint reduction

Discharge planning

Wellness education

Medication management

Diabetic and nutritional education

Individualized therapeutic planning



Respiratory care

Intravenous therapy

Nutritional management

Pain management therapy

Total parenteral nutrition (TPN)

Insulin therapy

## Elective Surgery

Patients typically plan for elective surgery well in advance—so why not be proactive and plan for rehabilitation at the same time? When you do, you'll have the confidence of knowing that a skilled rehabilitation room will be available to you upon discharge from the hospital. It's a great way to ensure a seamless transition from surgery to rehabilitation. You are invited to tour the Center, meet your rehabilitation team, and discuss your rehabilitation plan—all in advance of your surgery.



## Schedule a Welcome Visit.

Experience the comforts, conveniences, and scenic location of our center firsthand.

Schedule your personalized Welcome Visit today.

Call 508.957.7007 or visit

[www.MayflowerPlaceNursingAndRehabCenter.com](http://www.MayflowerPlaceNursingAndRehabCenter.com)

## Extended Care

As compassionate caregivers, we know that choosing long-term care, respite care or end-of-life care can put undue stress on you and your family. This is why we strive to deliver peace-of-mind—every day, and in every aspect of your stay with us. In our respectful, empowering environment, patients are assured the dignity of living their lives as independently as possible.

### Our services and resources include:

Skilled nursing care, pain management experience, and a reputation for healthcare excellence, 24/7

Individualized menu planning by a registered dietician for three meals per day (special diets accommodated)

Therapeutic activities

A comfortable room with ample space for belongings

Medical social service assistance

Facilities for physical, occupational, and speech therapies

### Essential services and conveniences, with touches of home.

Delicious chef-prepared meals, three times per day

Laundry service

Daily housekeeping

Beauty and barber shop

Daily recreation and engagement opportunities

Cable, TV, and wireless access in all patient rooms and common areas

### Healthcare peace-of-mind, at every turn.

Deeply-experienced and caring staff, renowned for clinical proficiency

On-site licensed nurses, 24/7

On-site physical and occupational therapists

Speech-language pathologists

Licensed social worker  
Registered dietician

