



Regular Menu

Arbor Rose



	Sun 06-19-2016	Mon 06-20-2016	Tue 06-21-2016	Wed 06-22-2016	Thu 06-23-2016	Fri 06-24-2016	Sat 06-25-2016
B R K	Hot Cereal <i>or</i> Cold Cereal Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Scrambled Egg/Bacon <i>or</i> Cold Cereal Yogurt 100% Juice Raisin Toast	Pancakes <i>or</i> Cold Cereal Yogurt Sausage Link Fresh Fruit 100% Juice	Sausage Country Gravy/Easy Biscuits <i>or</i> Cold Cereal Yogurt Fresh Fruit 100% Juice	Fried Egg <i>or</i> Cold Cereal Yogurt Breakfast Ham Fresh Fruit 100% Juice	French Toast <i>or</i> Cold Cereal Yogurt Sausage Link Fresh Fruit 100% Juice	Hot Cereal <i>or</i> Cold Cereal Yogurt 100% Juice Whole Grain Toast
D I N	Creamy Herbed Pork Chops Mashed Potatoes/Gravy Broccoli Baked Roll Chocolate Cream Pie	Country Fried Steak/Gravy Mashed Potatoes/Gravy California Normandy Blend Baked Roll Orange Cake	Oriental Chicken Lemon Rice Vegetable Medley Baked Roll Peaches 'n Cream Dessert	Tomato Walnut Tilapia Roasted Red Potatoes Peas and Carrots Baked Roll Key Lime Pie	Beef Wellington Parsley Noodles Roasted Brussels Sprouts Baked Roll Carrot Cheesecake	Chicken Breast, Marinated Fettuccine Alfredo Lemon Buttered Broccoli Baked Roll Fruit Pie	Herb Seasoned Pork Herb Mashed Potatoes Buttery Carrots Baked Roll Buttermilk Spice Cake
S U P	Minestrone Soup Chicken Caesar Wrap Fresh Cooked Carrots	Crab Salad Croissant Creamy Coleslaw Pudding Cup	Hawaiian Burger Raspberry Jello Salad	Pulled Pork Sandwich Fruit Compote Cowboy Baked Beans Marshmallow Treat	Baked Beef Stew Ham and Cheese Casserole Vegetable Pasta Salad Pudding Cup	Tortilla Soup Taco Salad Taco Salad Veggies Tortilla Chips/Salsa Banana Splits	Chicken and Dumplings Vegetable Medley <i>or</i> BBQ Beef Hot Dog Sauerkraut Pork and Beans Whipped Jello
Milk offered at every meal							

Dietitian's Signature: *Deane Jager, RDN 4-10-2016*
#610128