

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>7:30 Morning Music 9:45 Sit & Be Fit-PE 10:15 Bowling-PE 11:00 Sing Along 2:00 Sunday Service 2:30 Men's Club-LL 3:15 New Year's Day Movie-LL 6:00 Animal Planet</p> <p>New Year's Day</p>	<p>2</p> <p>7:30 Morning Music 9:45 Stretch & Flex-PE 10:30 Resident's Choice 1:15 Comedy Hour-LL 2:15 Art & Craft Corner-AE 3:00 Afternoon Social 6:00 Travel Channel</p>	<p>3</p> <p>7:30 Morning Music 9:45 Bible Study-SS 10:00 Sit & Be Fit-PE 11:00 Play Ball!-PE 1:15 Adult Art Therapy-AE 2:30 Walk & Stroll-PE 4:00 Bingo</p>	<p>4</p> <p>7:30 Morning Music 9:45 Sit & Be Fit-PE 11:00 Sing Along 1:15 Resident's Choice 2:30 Scenic Drive-CC 4:00 Word Searches-CE 6:00 Evening Stroll-PE</p>	<p>5</p> <p>7:30 Morning Music 9:45 Armchair Travel 11:00 Let's Bowl-PE 1:15 Bake & Chat-LL 2:30 Bingo 3:30 Manicures-AE 6:00 I love Lucy</p>	<p>6</p> <p>7:30 Morning Music 9:45 Reading Roundtable-CE 10:00 Communion-SS 10:30 Sing Along 11:00 Residents Choice 2:30 Residents Birthday Party-LL 6:00 Hot Cocoa & Chat</p>	<p>7</p> <p>7:30 Morning Music 9:00 Sing Along 10:15 Word Puzzles 11:00 Lets Bowl-PE 1:15 Bake & Chat-LL 2:00 Bingo 3:30 Color by Numbers-AE 6:00 Travel Channel</p>
<p>8</p> <p>7:30 Morning Music 9:45 Stretch & Flex-PE 10:15 Balloon Volleyball-PE 11:00 Sing Along 2:00 Sunday Services-SS 2:30 Woman's Club-LL 4:00 Movie Matinee-LL 6:00 Hot Cider & Reminisce</p>	<p>9</p> <p>7:30 Morning Music 9:30 Tap You Toes-PE 10:30 Animal Planet 11:00 Bowling-PE 1:15 Arts & Crafts 3:30 Dance Along-PE 6:00 Hand Massages 7:00 Pet Therapy-LL</p>	<p>10</p> <p>7:30 Morning Music 9:45 Bible Study-SS 11:00 Play Ball-PE 1:15 Abstract Art-AE 2:45 Spa Corner-LL 4:00 Evening Stroll-PE 6:00 Hot Tea & Chat</p>	<p>11</p> <p>7:30 Morning Music 10:00 Entertainment w/Alvin-LL 11:00 Sit & Be Fit 1:15 Residents Choice 2:30 Scenic Drive-CC 4:00 Sing Along 6:00 Evening Stroll</p>	<p>12</p> <p>7:30 Morning Music 9:45 Sing Along 10:00 Word Search Games-CE 11:00 Lets Bowl-PE 1:15 Bake & Chat-LL 2:30 Bingo 3:30 Reminiscing Social-LL 6:00 I love Lucy</p>	<p>13</p> <p>7:30 Morning Music 9:45 Reading Roundtable-CE 10:00 Communion-SS 10:30 Move & Groove-PE 11:00 Residents Choice 1:15 Art Therapy-AE 2:30 Happy Hour 6:00 Group Chat</p>	<p>14</p> <p>7:00 Morning Music 9:30 Simple Stretches 10:00 Residents Choice 11:15 Music & Movement 1:30 Afternoon Movie 3:30 Trivia 7:00 Lawrence Welk</p>
<p>15</p> <p>7:30 Morning Music 9:45 Stretch & Flex-PE 10:15 Balloon Volleyball-PE 11:00 Sing Along 2:00 Sunday Services-SS 2:30 Woman's Club-LL 4:00 Movie Matinee-LL 6:00 Cookies & Reminiscing-LL</p>	<p>16</p> <p>7:30 Morning Music 9:30 Stretch & Flex-PE 10:30 I have a dream Speech-CE 11:00 Residents Choice 1:15 Sing Along 2:30 Craft Corner-AE 3:00 MLK Discussion-CE</p> <p>Martin Luther King Day</p>	<p>17</p> <p>7:30 Morning Music 9:45 Bible Study-SS 10:00 Sit & Be Fit-PE 11:00 Play Ball!-PE 1:15 Adult Art Therapy-AE 2:30 Walk & Stroll-PE 4:00 Bingo</p>	<p>18</p> <p>7:30 Morning Music 9:30 Tap your Toes-PE 10:00 Bake & Chat 11:15 Mid-Morning Stroll 1:30 Music & Movement 2:30 Scenic Drive-LL 7:00 Hot Cocoa & Music</p>	<p>19</p> <p>7:30 Daily Chronicles 9:30 Simple Stretches PE 10:00 Artistic Moments 11:00 Reading Club 1:30 Afternoon Movie 3:30 Trivia 7:00 Hot Tea & Chat</p>	<p>20</p> <p>7:30 Morning News 9:30 Tap your Toes-PE 10:00 Communion SS 11:00 Bingo 2:00 Entertainment w/Kevin-LL 3:00 Happy Hour 7:00 I Love Lucy</p>	<p>21</p> <p>7:00 Morning Music 9:30 Simple Stretches 10:00 Residents Choice 11:15 Music & Movement 1:30 Afternoon Movie 3:30 Trivia 7:00 Lawrence Welk</p>
<p>22</p> <p>7:30 Morning Devotions 9:30 Simple Stretches 10:00 Puzzle Practice 11:15 Mid-Morning Stroll 2:00 Sunday Service-SS 2:30 Reading Club 3:30 Trivia-CE 7:00 National Geographic</p>	<p>23</p> <p>7:30 Morning Music 9:45 Stretch & Flex-PE 10:15 Let's Bowl ! 11:15 Reminisce-LL 1:30 Mid-Day Matinee 3:00 Stack It ! 6:00 I love Lucy</p>	<p>24</p> <p>7:30 Morning Music 9:45 Bible Study-SS 11:00 Play Ball-PE 1:15 Abstract Art-AE 2:45 Spa Corner-LL 4:00 Evening Stroll-PE 6:00 Hot Tea & Chat</p>	<p>25</p> <p>7:30 Morning Music 9:45 Let's Bake !-LL 10:15 Stretch & Flex-PE 10:45 Outside Stroll 1:15 BINGO ! 2:30 Scenic Drive 4:00 Poetry Circle</p>	<p>26</p> <p>7:30 Morning Music 9:45 Sing Along 10:00 Word Search Games-CE 11:00 Lets Bowl-PE 1:15 Bake & Chat-LL 2:30 Bingo 3:30 Reminiscing Social-LL 6:00 Around the World (Australia)</p> <p>Australia Day</p>	<p>27</p> <p>7:30 Morning Music 9:45 Reading Roundtable-CE 10:00 Communion-SS 10:30 Move & Groove-PE 11:00 Residents Choice 1:15 Art Therapy-AE 2:30 Happy Hour 6:00 Group Chat</p>	<p>28</p> <p>7:30 Morning Music 9:00 Sing Along 10:15 Word Puzzles 11:00 Lets Bowl-PE 1:15 Chinese New Year Social-LL 3:30 Color by Numbers-AE 6:00 Travel Channel</p> <p>Chinese New Year</p>
<p>29</p> <p>7:30 Morning Music 9:45 Stretch & Flex-PE 10:15 Balloon Volleyball-PE 11:00 Sing Along 2:00 Sunday Services-SS 2:30 Woman's Club-LL 4:00 Movie Matinee-LL 6:00 Cookies & Reminiscing-LL</p>	<p>30</p> <p>7:30 Morning Music 9:30 Tap You Toes-PE 10:30 Animal Planet 11:00 Bowling-PE 1:15 Arts & Crafts 3:30 Dance Along-PE 6:00 Hand Massages 6:30 Evening Stroll-PE</p>	<p>31</p> <p>7:30 Morning Music 9:45 Bible Study-SS 10:00 Sit & Be Fit-PE 11:00 Play Ball!-PE 1:15 Adult Art Therapy-AE 2:30 Walk & Stroll-PE 4:00 Bingo</p>				

AE-Artistic Expression PE-Physical Engagement SS-Spiritual Support CC-Community Connection CE-Continuing Education LL-Leisure & Lifestyle AL-Assisted Living