

BREAKFAST
7:30am – 9am

LUNCH
11:30am – 12:30pm

Dinner
5:15pm – 6pm

The Heritage at Northern Hills Dining

Diane Rollefson

DINING SERVICE
DIRECTOR

Breakfast

Lunch

DINNER

MONDAY

- Juice
- Oatmeal
- Pancakes/syrup
- Sausage

- Pizza, Lettuce salad, Garlic Breadstick
- Taco Burger/Bun/lettuce, tomato, onion, Seasoned Tater tots
- Pound Cake/ whip topping/strawberries

- Fish Sandwich/ Bun, Lettuce, Tartar Sauce, Coleslaw
- Turkey/Swiss Cheese/ Croissant, Coleslaw
- Fruit Cup

TUESDAY

- Juice
- Malt-O-meal
- Scrambled Eggs/cheese
- Toast

- Meatloaf, Mashed Potatoes, Creamed Peas
- Salmon Loaf, Mashed Potatoes, Creamed Peas
- Blond Brownie/ Frosting

- Homemade Chili/ Cinnamon Roll/ Crackers
- Soft Shell Taco/ lettuce, tomato, sour cream
- Applesauce/ cookie

WEDNESDAY

- Juice
- Oatmeal
- Fried Egg
- Bacon
- Toast

- Beef Fajita's/ sauté' vegetables on soft shells, Garlic Bread
- Chicken Strip Caesar Salad, Garlic Bread
- Fresh Fruit Cup

- Monterey Macaroni and Cheese, Buttered Green Beans
- Sloppy Joe/Bun, Baked Beans, Potato Chips
- Pistachio Pudding/ topping

Breakfast

Lunch

DINNER

THURSDAY

- Juice
- Malt-O-Meal
- Quiche
- Toast

- Chicken Ala King on Puffed pastry, Buttered Mixed Vegetables
- Polish Sausage/Bun, sauerkraut, Mixed Vegetables
- Chocolate pudding/whip topping

- Grilled Patty Melt, French fries, cottage cheese
- Hot Dog/Bun, French Fries, Cottage cheese
- Fruit Cup

FRIDAY

- Juice
- Oatmeal
- Biscuits and Gravy
- Fresh Orange Slice

- Hot Beef Sandwich, Mashed Potatoes/gravy, Buttered Corn
- Sausage/Potato Skillet Bake, Buttered Corn
- Pumpkin Bars

- Chicken Salad/Croissant, Pea and cheese salad
- Shrimp/shrimp sauce, Mashed Potato, Pea and cheese salad
- Cherry Cobbler

SATURDAY

- Juice
- Malt-O-Meal
- Scrambled Egg
- Bacon
- English Muffin

- Smokey Mountain Chicken, Mashed Potatoes, Buttered Carrots
- TurkeyBacon/Pita,mayo,lettuce, Buttered Carrots
- Jello Cake/ Whip Topping

- Tuna Salad Sandwich, Macaroni Salad
- Chicken Patty/Bun, Macaroni Salad
- Canned Fruit

SUNDAY

- Juice
- Oatmeal
- Waffles/ Syrup
- Sausage

- Roast Turkey, Stove Top Dressing, Green Bean Casserole, Dinner Roll
- Stuffed Green Pepper, Green Bean Casserole, Dinner Roll
- Pie

- Grilled Hamburger/Bun, Potato Salad, Baked Beans
- Grilled Cheese Sandwich, Tomato Soup
- Cherry Crisp

Thank you for dining with us!