

# Sample Menu

## Breakfast

8:00am - 9:00am

Chef's Choice:

- ❖ Pancakes
- ❖ Bacon

## Lunch

12:00pm - 1:00pm

Chef's Choice:

- ❖ Baked Chicken
- ❖ Wild Rice
- ❖ Seasoned Lima Beans
- ❖ Dinner Roll & Butter
- ❖ Pudding Parfait

## Dinner

5:00pm -6:00pm

Chef's Choice:

- ❖ Sliced Turkey & Gravy
- ❖ Mashed Potatoes
- ❖ Mixed Vegetables
- ❖ Cinnamon Streusel Cake

## Breakfast

Always Available:

- ❖ Cheese Omelet
- ❖ Hot Cereal
- ❖ Cold Cereal
- ❖ Fresh Fruit
- ❖ Yogurt
- ❖ Toast

## Lunch & Dinner

Always Available:

- ❖ B.L.T Sandwich
- ❖ Grilled Cheese
- ❖ Peanut Butter & Jelly
- ❖ Ham or Turkey Sandwich
- ❖ Cottage Cheese
- ❖ Potato Chips
- ❖ Chef Salad
- ❖ Side Salad

*Creating environments where moments of joy, independence, and wellness are the focus each and every day.*

