

310 E. Tyler Parkway Payson, AZ 85541 928.474.3912 majesticrim.com







Joyologist, Vivian Seville lives in Pine, Arizona and a local business owner of A Touch of the Hand.

# Attitude of Thoughts

Join us for a special evening with Vivian Seville,
Joyologist and Life Coach,
as she shares about the direct relationship
between our attitudes/behaviors and our
subconscious thoughts. Learn the strategies to
creating a life of happiness and joy on purpose.

# Wednesday, February 15 at 5 p.m. 310 E. Tyler Pkwy, Payson

Call Cristine Royer at 928.474.3912 or email croyer@majesticrim.com to reserve your seat.



## Did you know >>>



Majestic Rim has its own in-house beauty salon and Sharon Rubash, has been part of our family for 10 years as our very

own beautician/cosmetologist. She not only offers services to the residents but also to her Payson clientele as well. She shared, "Being here at Majestic is home, its family, full of love, hugs and friends. There is no place I would enjoy working than here at Majestic." The moments we have are cherished and Sharon is a shining star bringing laughter and smiles into everyone's day. "Each person that I meet is genuine, honest, caring and full of life. I am blessed to be part of a community that is so welcoming. You don't get that every day in life," continued Sharon. Next time you are at Majestic Rim be sure to stop by the salon and say hello!

## The Gift of Giving

There is a movement afoot at Majestic Rim to enhance our community outreach program. Residents are involved in this monthly program whether it's delivering much needed supplies or offering a group of volunteers at local non-profit agency. The act of giving elevates everyone's spirit, for those who give feel the appreciation and gratitude and those receiving gain a meaningful helping hand. "Recipients of kindness generally want to keep paying it forward," says James Fowler, professor of medical genetics at U.C. San Diego. He shared, in a recent online article at Happify.com that acts of kindness builds momentum and generally creates a domino effect. We can positively impact a person's day whether it be a smile, hug, cup of coffee, personal gift or helping hand.

The donation of personal hygiene items and clothing was delivered to Time Out, Inc., who provide services to individuals and families who've suffered acts of domestic violence. The staff were overjoyed with the donation. A special thank you to the residents who contributed so kindly!



Give the gift of caring this month,

Majestic Rim Retirement Living

# February 2017

			7			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:15 Donuts/Coffee 10:45 Total Fitness 1:00 Walker Check 2:00 Bible Study 5:30 Night Out	8:15 Poker Walk 9:00 Smoothies 10:00 Reminisce Our Moments	3 9:30 Mind Jogger 10:45 Total Fitness 3:00 The Darts of Hazards 4:00 Angeline-	4 10:00 Uno 3:00 Mexican Train 6:00 Watch a Flick
5 9:00 Coffee Klatch 10:30 Community Church 3:00 Phase 10 4:30 Super Bowl Party 7:00 Variety TV	6 8:15 Poker Walk 1:30 Shopping 1:30 Knights Poker 4:00 Rummikub	7 8:15 Poker Walk 10:00 Wii Bowling 1:00 Bible Study 3:00 Skip-Bo	8 8:15 Donuts/Coffee 10:45 Total Fitness 2:00 Bible Study 3:00 BINGO 4:30 Music w/Cyndi	6:00 Hand & Foot  9 8:15 Poker Walk 9:00 Smoothies 10:00 Kreative Krafters 1:30 Shopping 3:00 Farkle 4:00 Financial Seminar 6:00 Hand & Foot	10 9:30 Mind Jogger 10:30 Tales of Knights 10:45 Total Fitness 2:30 Resident Mtgs 3:30 The Darts of Hazards	11 10:00 Uno 3:00 Mexican Train 6:00 Watch a Flick
9:00 Coffee Klatch 10:30 Community Church 3:00 Phase 10 7:00 Variety TV	13 8:15 Poker Walk 1:30 Shopping 1:30 Knights Poker 4:00 Rummikub	14 Valentine's Day 8:15 Poker Walk 10:00 Wii Bowling 1:00 Bible Study 3:00 Skip-Bo 5:30 Night Out	15 8:15 Donuts/Coffee 10:45 Total Fitness 2:00 Bible Study 3:00 Community Service 5:00 Attitude of Thought	16 8:15 Poker Walk 9:00 Smoothies 10:00 Arm Chair Travel 1:00 Bible Study 1:30 Shopping 3:00 Farkle 7:00 TCC-Kat Trio	<b>17</b> 9:30 Mind Jogger 10:45 Total Fitness 3:00 The Darts of Hazards	18 10:00 Uno 3:00 Mexican Train 6:00 Watch a Flick
9:00 Coffee Klatch 10:30 Community Church 3:00 Phase 10 5:00 Birthday Party 7:00 Variety TV	20 Presidents' Day 8:15 Poker Walk 9:30 Music Makers 1:30 Shopping 1:30 Knights Poker 4:00 Rummikub	21 8:15 Poker Walk 10:00 Wii Bowling 11:00 Blood Pressure 1:00 Bible Study 3:00 Skip-Bo	<b>22</b> 8:15 Donuts/Coffee 10:45 Total Fitness 2:00 Bible Study	8:15 Poker Walk 9:00 Smoothies 10:00 BINGO 1:30 Shopping 3:00 Farkle 4:00 Financial Seminar 6:00 Hand & Foot	24 9:30 Mind Jogger 10:30 Tales of Knights 10:45 Total Fitness 3:00 The Darts of Hazards 6:00 The OSCARS	25 10:00 Uno 3:00 Mexican Train 6:00 Watch a Flick
26 9:00 Coffee Klatch 10:30 Community Church 3:00 Phase 10 7:00 Variety TV	27 8:15 Poker Walk 1:30 Shopping 1:30 Knights Poker 4:00 Rummikub	28 8:15 Poker Walk 10:00 Wii Bowling 1:00 Bible Study 3:00 Skip-Bo				

## Never a dull moment...

Whatever you might think about retirement living, DULL or BORING should be eliminated from your vocabulary and personal perspective. At Majestic we are having fun and laughing all day long. We gather to create fun crafts, play cards, exercise, go on outings, and meet new people. I welcome you to come join us for an event or sit down and chat over a cup of coffee. We live here because we choose to and wouldn't change a thing. "My life is more fulfilling and I'm home... This is family," confessed Carol McCraney "and Katie [her dog] loves it too!"



Find us on Facebook at www.facebook.com/majesticrimretirement

Reminisce "Our Moments" >>>



Calendar Subject to Changes

## Archaeologist opens tomb of King Tut February 16, 1923.

Howard Carter, an English archaeologist, enters the ancient tomb of Egyptian ruler, King Tutankhamen after five years of searching.

In 1922, the financial backer, Lord Carnarvon wanted to call off the search, but it was Mr. Carter who convinced him to keep trying for another year. It was in November of 1922 that the team found steps leading to a sealed entrance to a tomb, and once opened they found untouched treasures dating over 3,000 years old. The entire chamber contained several rooms and it was the last room that they located the sarcophagus. Among several artifacts was the solid gold coffin containing the mummified body of King Tut. Other valuable items found were jewelry, statues, weapons and clothing. This archaeological discovery has traveled the world and the exhibition is now permanently located in the Egyptian Museum in Cairo. www.History.com



no matter how small

is ever wasted."

~Aesop

Enrich, Educate & Entertain >>>

### Random Acts of Kindness Day February 17th

Reflect back to a time where you were allowed to move ahead in line at a grocery store to check out or someone carried your groceries to your vehicle. If you are like most people, that often came as a surprise and a smile naturally shines across your face. It's unexpected in today's world to have the courtesy of someone opening a door or sharing a compliment. If you are like me you get warm and fuzzy inside.



The challenge to our readers this month is to share an act of kindness to a friend, neighbor, or even a stranger. We welcome your comments on our Facebook page to share your story. We want to hear from you. It is our hope that this will continue beyond the day but throughout our lives.

As William Ward said, "Feeling gratitude and not expressing it, is like wrapping a present and not giving it."

Share the Gift of Gratitude