

PRESS RELEASE

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FOR IMMEDIATE RELEASE
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Cary Senior Living Community Hosts Prom to Honor Resident's 103rd Birthday

CARY, N.C., July 8, 2016 – Seniors in Cary are anticipating their first prom experience, but instead of seniors in high school, these attendees are actually senior adults. Many of the residents living at Waltonwood Cary Parkway have only participated in a prom through their children or grandchildren, as proms did not become popular across the United States until the 1940s and 1950s. Residents at the senior living community are gearing up for the memorable event by choosing special dresses, renting tuxedos, asking a friend or someone special to attend and getting their hair done. Among those residents is Lucille Pugh, who is turning 103 years old on July 14, the day after the prom. She plans to go and celebrate with her date, neighbor and fellow Waltonwood Cary Parkway resident Joe Barry. What Pugh doesn't know is that by the end of the evening, she will be crowned Prom Queen, and her fellow residents will celebrate her milestone alongside her.

Pugh is originally from Fayetteville, North Carolina, and has lived in the state her whole life. She has four children, three of which still live in North Carolina and plan to visit for her big day. Pugh has six grandchildren and three great-grandchildren and is the first in her family to reach centenarian status.

"I think part of my longevity is due to my diet," said Pugh. "I have always made a point to eat well-rounded meals with meat and vegetables, even after moving away from home, but I do think we need to indulge sometimes and eat dessert. My favorite dessert is cherry pie with ice cream. I also think my love of people and socializing has kept my brain sharp and helped me live this long. I already have my outfit picked out for the prom, and I am looking forward to enjoying the music and visiting with all of my friends here."

The staff members at Waltonwood Cary Parkway have been busy preparing for the prom to make it as authentic as possible. They are working with Cary florist Every Bloomin Thing to create boutonnieres and corsages for residents to wear, Table 5 Band will supply the live entertainment for the evening, and a king and queen will be crowned during the event. They will also present Pugh with a birthday cake during the event to commemorate her milestone birthday.

"We enjoyed planning this event for the residents, and we are especially looking forward to celebrating Lucille's milestone birthday," said Staci Stewart, executive director of Waltonwood Cary

Parkway. “Many will be celebrating their first proms ever, so we want to make it as special and true-to-life as possible. We anticipate they’ll talk about this night for days to come.”

The Waltonwood Cary Parkway Senior Prom will be held Wednesday, July 13 from 6:30 p.m. to 8:30 p.m. at 750 SE Cary Parkway in Cary. This event is not open to the public, but the media is invited to attend.

If you are a member of the media interested in setting up an interview or attending the event, please contact Susan Hoover via phone at 214-378-7970 ext. 304 or email at shoover@fortegroupinc.com or Amy Jones via phone at 214-378-7970 ext. 302 or email at ajones@fortegroupinc.com.

ABOUT WALTONWOOD CARY PARKWAY

Waltonwood Cary Parkway offers seniors a dignified, individualized community where residents can thrive. The community offers independent living cottages, and independent, assisted living and memory care apartments in studio, one- and two-bedroom floor plans, creating a continuum of care where residents can enjoy an active lifestyle and receive care if they need it. The community offers many engaging amenities, including a walking path, therapy pool, putting green and private courtyards throughout its acreage. Residents receive the most up-to-date advances in senior living, including the specially designed Forever Fit program and a Montessori-based dementia care program. The community is located close to US 1, with new retail shopping, dining and entertainment close by, and just minutes from Raleigh. Waltonwood Cary Parkway also has a sister-community currently under construction in the Lake Boone area of Raleigh, at 3550 Horton Street. If you are interested in learning more about Waltonwood Cary Parkway, please visit www.waltonwood.com or call 919-275-0983.

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Photo Courtesy of Waltonwood Cary Parkway:

Photo 1: Waltonwood Cary Parkway resident Lucille Pugh (left) will turn 103 July 14 and the residents will celebrate alongside her during a senior prom on July 13.