

PRESS RELEASE

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FOR IMMEDIATE RELEASE

WALTONWOOD CARY PARKWAY HOSTS APPRECIATION LUNCH FOR LOCAL FIRST RESPONDERS

CARY, N.C., – To give thanks for all they do, Waltonwood Cary Parkway recently hosted a lunch for Cary police, firefighters and EMTs at the senior living community. Residents and staff prepared a barbecue meal which the first responders ate at the community. The community wanted the first responders to know they respect the tough job they do each day, and no one at the community knows that better than Bob Casey. He is a retired New York State Trooper and investigator who has been living at the community for over a year. Casey says these men and women put their lives on the line every day to protect us, and this lunch was a small token of the residents' appreciation. Casey has been retired for a while, but enjoyed talking with the first responders and sharing stories. He says a lot has changed over the years, but one thing that will never change is the comradery. He says being a first responder is a scary yet rewarding career, and we need to recognize the men and woman in the area for the important job they do.

"I really liked the lunch," Casey said. "When they first told me about it I thought it was a great idea to show our appreciation. It's not an easy job, and being a former first responder myself I know they appreciated the hot meal. It was a great time hanging out and talking with these men and women. I know we will have a lot in common. These aren't just good people, they are great people. Whether it's catching someone who committed a crime, putting out a fire or saving a life, they are true heroes."

Casey started his career as a patrolman for the Syracuse Police Department in 1963. He then moved on to serve as a state trooper, then later as an investigator, covering everything from traffic stops to murder investigations. He spent time in Long Island and New York City before retiring after two decades in the business. Casey says he enjoyed his time in law enforcement and has no regrets. He says it taught him a lot of life lessons and ways to help others. He has memorabilia on the wall in his room including a hat, badge and certificates which showcase everything he accomplished.

"It was a big part of my life, and I am proud of that," Casey said. "There are many stories I could tell people about my career, and I'm sure the same goes for the men and women. I respect the people who put on that uniform every day. They help so many people and can truly make a difference in someone's life."



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This is the second time they've hosted an event for first responders, and the residents all look forward to this yearly tradition.

"We mainly see first responders when residents need assistance," said Christina Henderson, life enrichment director at Waltonwood Cary Parkway. "They are always there to help, and we wanted to show them how much their efforts mean to us. We prepared the meals ourselves, and the first responders could come and go as they pleased. We were very excited to host the lunch, and it was a great afternoon at the community."

If you are a member of the media interested in covering this story, please contact Chelsi Smith via phone at 214-378-7970 ext. 238 or email at csmith@thepointgroup.com or Amy Jones via phone at 214-378-7970 ext. 302 or email at ajones@thepointgroup.com.

ABOUT WALTONWOOD CARY PARKWAY

Waltonwood Cary Parkway offers seniors a dignified, individualized community where residents can thrive. The community offers independent living cottages, and independent, assisted living and memory care apartments in studio, one- and two-bedroom floor plans, creating a continuum of care where residents can enjoy an active lifestyle and receive care if they need it. The community offers many engaging amenities, including a walking path, therapy pool, putting green and private courtyards throughout its acreage. Residents receive the most up-to-date advances in senior living, including the specially designed Forever Fit program and a Montessori-based dementia care program. The community is located close to US 1, with new retail shopping, dining and entertainment close by, and just minutes from Raleigh. Waltonwood Cary Parkway also has a sister-community currently under construction in the Lake Boone area of Raleigh, at 3550 Horton Street. If you are interested in learning more about Waltonwood Cary Parkway, please visit www.waltonwood.com or call 919-275-0983.

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