

PRESS RELEASE

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FOR IMMEDIATE RELEASE
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Waltonwood Cary Parkway Invites Public to Attend Resident Art Extravaganza

CARY, N.C., September 9, 2016 – Waltonwood Cary Parkway residents are putting their talents on display by hosting an art show at the senior living community, located at 750 SE Cary Parkway, on **September 20, from 2 - 4 p.m.** The public is invited to attend this free event and preview the fantastic local artistry. Guests can enjoy wine and hors d'oeuvres as well as live music, and raffle tickets will be available for purchase for \$2 each for the chance to win two paintings donated by Wine and Design in Apex. Proceeds from the raffle will benefit the Alzheimer's Association.

Residents at the senior living community have been busy preparing to display their works of art for the public to see. Norman Wasserman has more than 50 years' experience as a woodworker, which is one of his favorite hobbies. At 95 years old, he still uses a scroll saw to create wooden artwork inside his apartment at Waltonwood Cary Parkway. Wasserman is able to use his talents when he chooses and often displays his pieces or gives them to his family. He makes clocks and other small figurines, and his workmanship will be in the exhibition during the art show later this month.

"I've truly enjoyed every piece I've made – it's hard to pick a favorite," said Wasserman. "It feels good to create something out of raw materials; seeing a vision within the wood and bringing it to life. This activity is very therapeutic for my mind, and I believe has contributed to the health I have today at 95. Every piece I've made has a lot of love in it, and I love sharing it with others."

Resident Lorraine Coulter picked up painting as a senior herself, a skill she wanted to pursue for decades before beginning. At 70 years old, she began to teach herself painting techniques, and she has painted with a variety of mediums ever since. Coulter grew up on a farm and as a result, she enjoys painting the landscapes and animals she remembers.

"I think I've always had an artistic ability, but didn't take up painting until later in life," said Coulter. "When my husband passed away, that was one of the things he told me I should do for myself, so I felt that I owed it to myself to get started. I enjoy showing my art and am proud of what I've learned so far and will continue to paint as long as I can. Personally, it's a great outlet for me because you can just let your mind wander and create something you really enjoy."

Coulter paints weekly in the resident painting class in addition to spending her free time on her paintings.

“At any age, it’s important to have a creative outlet,” said Leigh Ann Hamby, executive director of Waltonwood Cary Parkway. “We know that it especially benefits their mental, physical and spiritual health. We’re so excited to share the talents of our residents with the public and give them an opportunity to be recognized for their works of art. We hope our friends and neighbors will come out to support these amazing seniors who contribute so much to the world around them.”

If you are a member of the media interested in setting up an interview or attending the activity, please contact Susan Hoover via phone at 214-378-7970 ext. 304 or email at shoover@fortegroupinc.com or Amy Jones via phone at 214-378-7970 ext. 302 or email at ajones@fortegroupinc.com.

ABOUT WALTONWOOD CARY PARKWAY

Waltonwood Cary Parkway offers seniors a dignified, individualized community where residents can thrive. The community offers independent living cottages, and independent, assisted living and memory care apartments in studio, one- and two-bedroom floor plans, creating a continuum of care where residents can enjoy an active lifestyle and receive care if they need it. The community offers many engaging amenities, including a walking path, therapy pool, putting green and private courtyards throughout its acreage. Residents receive the most up-to-date advances in senior living, including the specially designed Forever Fit program and a Montessori-based dementia care program. The community is located close to US 1, with new retail shopping, dining and entertainment close by, and just minutes from Raleigh. Waltonwood Cary Parkway also has a sister-community currently under construction in the Lake Boone area of Raleigh, at 3550 Horton Street. If you are interested in learning more about Waltonwood Cary Parkway, please visit www.waltonwood.com or call 919-275-0983.

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Photo Courtesy of Waltonwood Cary Parkway:

Photo 1: Waltonwood Cary Parkway resident Adelle Wolfe stands next to her painting. Wolfe and other residents at the senior living community will display their works of art during an art show on September 20 from 2 – 4 p.m. at 750 SE Cary Parkway in Cary.

Photo 2: Waltonwood Cary Parkway resident Norman Wasserman creates wooden figurines with his scroll saw. Wasserman will display his woodworking during the resident art show at Waltonwood Cary Parkway on September 20 from 2-4 p.m. at 750 Cary Parkway in Cary.