

PRESS RELEASE

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FOR IMMEDIATE RELEASE
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Waltonwood Cotswold Resident Reflects on the Significant Role of Fathers

CHARLOTTE, N.C., June 15, 2017– Every day, and on Father’s Day especially, it is important to recognize the significant role fathers play in their children’s lives. For **John Williams, resident of Waltonwood Cotswold senior living community**, being a father has been the most exhilarating and loving experience of his life. Williams worked in Charlotte at the U.S. Postal Service for 36 years and together with his wife raised three children. Although he worked a lot and it sometimes wasn’t easy, Williams always tried to maintain a work/family balance. His wife stayed at home with their children until they grew older, and then she got a job at a local church. In 1980s, after they both retired, Williams and his wife visited many places, including Hawaii, Alaska, Denmark, Norway and Germany. For Williams, family has always been important. His father, U.S. Navy veteran and one of fourteen children, raised him to be a caring provider for his family. This month Williams is celebrating not only Father’s Day but also his 90th birthday. With three children and thirteen grandchildren, soon-to-be fourteen, there is a lot to celebrate.

“Although this might be more common for mothers to say, I believe being a dad is my mission in this world,” said **Williams**. “My favorite part about being a father has been spending time with my family. People sometimes don’t realize how precious those moments are, and I like to reflect on times we spend together on Christmas and Easter. Those are probably my favorite memories.”

Williams has always tried to instill in his children what he learned from his father. He always emphasized the importance of tradition with his children, including going to church regularly. Williams and his wife raised two boys and one girl, all of them are college graduates with successful careers, which he considers one of his biggest accomplishments as a parent. Williams’ unconditional love now extends beyond his children to his grandchildren of whom two were adopted. Williams says he has always wanted the best for his children, and if that meant helping them adopt children of their own, he and his wife were proud to lend their support. After Williams’ wife died in September of 2016 he moved to **Waltonwood Cotswold**. The senior living community offers many activities to keep the residents busy, and Williams is making the most of every day. Williams believes that fathers should be aware of the fact that with everything they do, they are setting an example for their children. Most children look up to them as much as they look up to their mother.

“The biggest piece of advice I would give any father of any age is to just love your kids and be there for them no matter what,” said Williams. “So many fathers are too focused on their career, and they might not realize that they are missing out on the best moments of their life, the moments with their children.”

Williams’ story, like that of many other fathers, is still unfinished. He constantly wants to learn more and do more to become a better person. While his children may be grown with families of their own, his legacy as a father and grandfather will remain forever in the lives he touches.

“We love to see our residents with smiles on their faces, and we know that spending time with their families makes them the happiest,” said **Leah Nash, executive director of Waltonwood Cotswold**. “John’s relationship with his children is something you don’t see as often anymore. Although they all have to take care of families on their own, they still try and spend time with their father as often as possible. We cannot wait to celebrate Father’s Day and John’s birthday.”

If you are a member of the media interested in setting up an interview with Williams, please contact Iva Gasparova via phone at 214-378-7970 ext. 245 or email at igasparova@thepointgroup.com or Amy Jones via phone at 214-378-7970 ext. 302 or email at ajones@thepointgroup.com.

ABOUT WALTONWOOD COTSWOLD

Waltonwood Cotswold opened in August 2016 and offers seniors a dignified, individualized community where residents can thrive. The senior living community offers assisted living and memory care apartments in private one- and two-bedroom and studio floor plans for up to 117 residents. Residents will live in luxury accommodations with many engaging amenities, including elegantly appointed common areas and restaurant-style dining. Residents receive the most up-to-date advances in senior living, including the specially designed Forever Fit program and a Montessori-based dementia care program. The community is located close to Uptown and South Park Charlotte, with easy access to retail shopping, churches, hospitals, dining and entertainment.

In 1973 Gurmale Singh Grewal, along with his brothers Lushman and Jeat, established Singh as a family-owned company and for 43 years Singh remains multifaceted in real estate development, with a strong foundation in luxury apartments, commercial properties, land development, high-end single family homes and, for nearly 30 years, senior living communities which have been branded “Waltonwood.” The vertical integration of the company, which provides for development, construction, finance and management under one umbrella, allows Singh to be poised for new opportunities in expanding markets. All projects are wholly owned by Singh and continue to be owned and managed by Singh.

With regional offices in Cary, NC, Singh has made a strong commitment to expansion of its brand into the southeast markets. Learn more about Singh and its Waltonwood communities at www.singhweb.com. If you are interested in learning more about Waltonwood Cotswold, please visit www.waltonwood.com or call 704-490-4330.

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Photo courtesy of Waltonwood Cotswold:

Photo 1 - from the left – son John Williams Jr, John H. Williams, daughter Susan Schultze, son Ben Williams

Photo 2 – John Williams & Lib Williams wedding April 2, 1949

Photo 3 - John & Lib with daughter & sons 2010