

The Terrace at Mountain Creek
1005 Mountain Creek Rd.
Chattanooga, TN 37405

Postage
Information

The Terrace at Mountain Creek

MAY 2017

1005 Mountain Creek Rd., Chattanooga, TN 37405 • (423) 874-0200 • www.theterraceatmountaincreek.com



The Terrace Management Team

Executive Director
Bryan Crocker

Resident Care Director
Robin Knight

Asst. Resident Care Director
Carol Millard

Dining Services Director
Christopher Turner

Marketing Director
Staci Pomeroy

Marketing Assistant
Joseph Mullins

Facilities Director
Bruce Block

Program Director
Allison Jackson

Business Office Manager
Katrina Ryan

Meet our new Resident Care Director!

Robin Knight was born in Indiana, but moved to Arizona at age 8 and just recently relocated to Tennessee. She has been a nurse for 29 years. Robin has a bachelor's degree in nursing and has worked in assisted living communities for over 10 years, both as a Wellness Director and as an Executive Director.

Robin is a mother of twins (a boy and a girl) that are now 26 years old. Her daughter is a sergeant at Fort Bragg, North Carolina and is married and expecting the family's first granddaughter. Robin's son lives in Mesa, Arizona and is going to school for respiratory therapy. Robin also has a step son and grandson, who live in California.

We are excited to have Robin join us as the Resident Care Director here at The Terrace! Welcome to the family, Robin!



Mother's Day Tea

We are having our annual Mother's Day Tea to honor our mothers and grandmothers on:

Thursday, May 11th from 2:30 p.m.-4:00 p.m.

This event is open to everyone; however, due to limited seating, we ask that you limit your guests to immediate loved ones. Music will be brought to us by the *Scenic City Chorus*.

Please contact the front desk to RSVP no later than Monday, May 8th.



Kiss a Barnyard Beast!

We will be having a contest fundraiser to see which department manager earns the most money. Located at the front desk, you will find mason jars with a department manager's photo on their jar. The manager that earns the most money will get the opportunity to kiss a barnyard beast! All proceeds will be donated to the Alzheimer's Association!

Put your donation into the manager's jar that you most want to see pucker up and kiss a barn animal!!

The Kiss will take place on Friday, May 12th



Welcome New Residents!

Lois Lewis
Carol Perry
Joan Omarzu
June Reeves
Dorothy Roberts
Mary Wittenbarger

Chef's
CORNER

Christopher, our Dining Services Director, will hold his monthly Chef's Corner and will demonstrate cooking us a delicious cuisine!

Thursday, May 25th at 3:00 p.m.

Don't miss this exciting event!

Happy 100th Birthday, Hazel Heard!!

Born on May 28, 1917, when Woodrow Wilson was president of the United States, Hazel was born in Bradley County, Tennessee, southeast of Cleveland. Her parents were Mary Elizabeth Cecil and Oscar Lake Humbered. She is a descendent of Lord Cecil, the prime minister under Queen Elizabeth I and William the Conqueror of 1066.

On August 11, 1933, Hazel married Charles Phelps Heard, a “brilliant engineer”, who was five years her senior. They travelled throughout all 48 continental states and much of Western Europe. Their only son, Christopher Phelps Heard, born in 1948, became another “brilliant engineer” and hikes nowadays 10 miles a day with his dog Curtis, just as his mother once did.

Hazel graduated from a 12-year high school at the early age of 15, and then studied library science at the University of Chattanooga. She says she’s read “many million books” in her lifetime. Hazel continues to be an avid reader and has contributed hundreds of books to our library here at The Terrace. She believes that everyone should read *The Bible*, especially the Old Testament, as well as James Michner’s *The Source*. Her favorite authors include Philippa Gregory, Maeve Binchy and Rosamunde Pilchner. Because of her knowledge of parliamentary procedure, Hazel became a well-known speaker all over the Chattanooga area. She also became an artist, working in both oil painting and watercolor.

Hazel has lived at The Terrace for the past 9 years, and especially appreciates the nurses here, as well as Nancy at the front desk. “I never dreamed my sister would live to be 95 or I would live to be 100, but here I am.” She attributes her longevity to healthy genes and being careful about the way she lived: never smoked, always careful about her nutrition and exercised

enthusiastically. She became an excellent swimmer at an early age, and her husband taught her to be an exceptional marksman with the rifle.

The most exciting event of her life was the birth of her granddaughter, Rebecca, who is now 27 years old. Hazel has lived through World War II and felt that Franklin D. Roosevelt was the most impressive person in America because of the way he handled our country when we were at war. “He never let us live in fear.”

When asked about major changes she had witnessed, she told us “I have lived under 18 different presidents of the United States, and the invention that affected our lives most was the atomic bomb. But, there was also the automobile, airplanes, anything in the air, computers, radios as well as many other things the time”.

If you have never conversed with Miss Hazel, take the time to do so. She has many interesting stories to share, and her memory is amazing. Happy birthday, Hazel!!



Happy Birthday!

Mary Gilbreath.....	2 nd
Venie McManus.....	5 th
Bob Baker.....	5 th
Maxine Hicks.....	12 th
Mary Wittenbarger.....	13 th
Joan Omarzu.....	19 th
Carroll Johnson.....	19 th
Hazel Heard.....	28 th



Employee of the Month!

Jan Worley has been an employee of The Terrace for 5 years, and she serves as one of our concierge staff! We are proud to have you onboard as our current Employee of the Month! Jan has gone above and beyond:

- “She is always so sweet and on point with her job and quick at what she does.”
- “Goes the extra mile to help anybody she can. She always has a passion in serving our residents and employees everyday”
- “She is truly the best person. She gives people the care and love that anyone should get. Jan is the type of person who will wait until 11:00 to help someone move in. She also gives out candy.”
- “Jan brings in candy along with a great attitude every day.”
- “She goes above and beyond to help as much as she can with anything and everything. She always brings a smile to everyone.”
- “Not only has she delighted The Terrace with her great service for over 5 years, but she has also gone above and beyond for the residents, other employees and the company as a whole.”

Upcoming Bus Trips

Mother’s Day Mystery Ride
Sunday, May 14th at 1:00 p.m.

Chattanooga Lookouts Game (\$10)
Wednesday, May 17th at 11:15 a.m.

Missionary Ridge Train Ride (\$12)
Saturday, May 20th at 10:00 a.m.

Southern Belle Riverboat Lunch Cruise (\$20)
Wednesday, May 24th at 10:45 a.m.

Memorial Day Ride – National Cemetery
Monday, May 29th at 10:00 a.m. or 1:00 p.m.

REMINDER: Seating on the bus is limited. Contact the front desk to reserve your seat!

Hip Pain Workshop

Summit Physical Therapy will be holding a Hip Pain Workshop

Tuesday, May 23rd at 10:30 a.m.

Health Talk: COPD

Guardian Home Care will have a workshop to discuss COPD

Thursday, May 4th at 3:00 p.m.

Merry Mary Party!

Did you know that we have over 12 residents currently living in our community named Mary? Is this your name? If so, we’ll be having a get-together for all of our Marys!

Monday, May 15th at 2:00 p.m.