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### Remember When: Holiday Catalogs

Long before the days of online shopping or heading to the local mall, many gift lists were completed by way of mail-order catalogs. Montgomery Ward is credited with popularizing the modern catalog business beginning in 1872. Over the decades, the retailer, along with companies such as Sears and JCPenney, enticed customers with large, semi-annual editions that included all types of merchandise. Because many referred to the catalogs as a “book of wishes”—especially children who would pore over the pages of toys—in 1933, Sears began titling its holiday catalog as the Wish Book.

### 5 Things About: Election Day

- An act of Congress in 1845 set Election Day on the Tuesday following the first Monday in November.
- Because the nation’s economy centered on agriculture in the 1800s, elections were chosen to be held in the fall, when farmers were done with their harvests.
- The first presidential election in which all the states voted on the same day took place Nov. 7, 1848. Zachary Taylor won.
- Presidential elections are held every four years, in years divisible by four.
- This year’s Election Day, held on Nov. 8, will be the nation’s 58th presidential election.

### Next-Day Nibbles

In a recent survey, nearly 80 percent of Americans said they looked forward to Thanksgiving leftovers more than the actual holiday meal.

## November 2016



### Favorite Fall Flower

A Chinese philosopher advised, “If you would be happy for a lifetime, grow chrysanthemums.” The flower of November has brought delight since it was first introduced to America in Colonial times, becoming the nation’s favorite fall flower and among the most widely grown potted plants. Popular for their wide variety of colors and blooms, mums are a familiar seasonal decoration and often used as homecoming corsages.

### Watch Your Step

The autumn foliage is a colorful sight, but it can also create a fall hazard when combined with the season’s rainy, cold weather. Be mindful that walkways can become slick surfaces when they fill up with wet leaves.

### Cinnamon Switch

Craving a cup of coffee, but not the extra calories from cream and sugar? Sprinkle some cinnamon in your cup instead. This substitution can save up to 70 calories; plus, the sweet spice has been shown to lower blood sugar and harmful triglyceride levels.



## Flight Highlights

From the Wright brothers' first flight in 1903 to the thousands of planes that crisscross the globe today, air travel has soared to new heights. Cruise through these milestones of the past century.

Year	Air Travel Milestone
1914	The first passenger airline offers service from St. Petersburg to Tampa, Fla.
1930	Nurse Ellen Church is hired as the first female flight attendant.
1952	The de Havilland Comet, the first commercial jetliner, is introduced.
1961	TWA debuts regular in-flight movie service.
1970	The Boeing 747 makes its first commercial flight.
1976	Concorde jets take off with supersonic passenger service.
1981	A frequent flier program is offered by American Airlines.
1995	Alaska Airlines is the first carrier to sell tickets over the internet.
2003	Internet service begins on flights.
2007	The Airbus A380 becomes the world's largest passenger jet.

## "This Month In History"

### NOVEMBER

**1800:** Congress holds its first session in the partially completed U.S. Capitol building.

**1872:** Suffragist Susan B. Anthony is fined for voting in the presidential election.

**1919:** President Woodrow Wilson declares the first Armistice Day. It would later become a federal holiday and its name changed to Veterans Day.

**1927:** Linking New York City and New Jersey under the Hudson River, the Holland Tunnel opens to the public.

**1939:** The cornerstone is laid for the Jefferson Memorial in Washington, D.C.

**1947:** Business tycoon and aviator Howard Hughes flies his massive wooden airplane, the Spruce Goose, over California's Long Beach Harbor. It would be the aircraft's only flight.

**1955:** Muppets creator Jim Henson registers the copyright for Kermit the Frog.

**1969:** Apollo 12 completes NASA's second manned mission to the moon.

**1982:** Michael Jackson's album "Thriller" is released. It stands as the best-selling album of all time.

**1995:** The national maximum speed limit of 55 mph is repealed, allowing individual states to set their own speed limits.

**2004:** Condoleezza Rice is nominated to be secretary of state by President George W. Bush. She was the first African-American woman to serve in the Cabinet position.

**2007:** Amazon introduces the Kindle, a portable electronic device for downloading and reading digital books. It sold out in five hours.