

What's Cooking with Nelson Chocolate-Cherry Chews

Ingredients:

- 1 Cup Dried Cranberries
- ¼ Cup 100 % Cranberry Juice
- ¾ Cup Unsweetened Cocoa Powder
- ½ Cup Nonfat Sweetened Condensed Milk
- ½ Cup Cherry or Apple Butter
- 1 tsp. Ground Cinnamon
- ¼ Cup Ground Flaxseed
- 1 Tbsp. Vanilla extract
- 2 Cups Unsweetened flaked Coconut divided (2/3 cup and 1 1/3 cup)

Directions:

1. Preheat oven to 350 F. Coat 2 baking sheets with cooking spray.
2. Combine cherries and cranberry juice in a small saucepan. Bring to a simmer over low heat and cook, stirring frequently until the juice has been abstracted, about 2 minutes. Set aside to cool.
3. Combine cocoa, condensed milk, cherry (or apple) butter, cinnamon, flaxseed and vanilla in a mixing bowl. Beat with an electric mixer until smooth and blended. Add the plumped cherries and 1 2/3 cups of the coconut; stir until just combined.
4. Using 2 small spoon fulls, form and drop 1-inch mounds onto the prepared baking sheet. Sprinkle the remaining coconut over the cookies. Bake until the cookies are no longer sticky and the coconut has begun to brown, 8 to 10 minutes. (Do not over bake; the cookies will firm up slightly as they cool). Transfer to a wire rack to cool completely.

October Birthdays

- Edie Archer 10-10
- Ramona Watson 10-10
- Nica Cameron 10-16
- Sara Pope 10-18
- Fern Bowers 10-18
- Suzanne Townsend 10-18
- Mary Ringer 10-20
- Brittany Hewell 10-21
- Wilani Martin 10-24
- Carolyn Hallford 10-26
- Kesha Brown 10-31



From The Desk of Chrystal Edwards, LPN

The Health Department will be here to administer the flu shots on **October 12 at 8am.**

Residents will also have the opportunity to sign-up for the Pneumococcal Conjugate Vaccine (PCV 13) to be given at a later date. This vaccination can protect both children and adults from 13 types of pneumococcal bacteria. Sign-up at the front desk if you are interested in receiving the PCV 13 vaccine.

Just a reminder that Jim Cole, PA can see residents. He is in the building once a week seeing patients. If you would like him to see your loved one call 765-863-4669. His information packet is located at the front desk

News from Home

Bentley Assisted Living. 50 Sumner Way. Jefferson, GA 30549. 706-387-7000



October Events

Check out this month's activities calendar to see all of the fun and exciting things that will be happening in October! Fall is one of the best times of year for activities because there are so many wonderful crafts and foods to make. Not to mention the wonderful weather and beautiful scenery to be enjoyed! We will be taking full advantage of everything that fall has to offer!

If you are a resident of Bentley and are interested in volunteering at the St. Vincent de Paul Thrift Store in Commerce please see Kailey for more information. This would be a great opportunity for us to become more involved in our community!

As always I would love to have family and resident input on the upcoming activities calendars. If you have any ideas or suggestions I would love to hear them! Please feel free to call, email, or stop by and see me!

Kailey Hooper

khooper@bentleyassistedliving.com

706-387-7000

Administration

Nicole Dumas

Executive Director, Ext. 1144

Karlie Behlmann,

Business Manager, Ext. 1142

Nelson Parker,

Food Services Director, Ext. 1150

Kailey Hooper,

Activities Director, Ext. 1143

Bianca Wheeler,

Rose Lane Activities Director,
Ext. 1238

Rusty Bagwell,

Maintenance Director, Ext. 1156

Chrystal Edwards, LPN

Health Services Director, Ext. 1140

Regina Lee

Director of Community Relations,
Ext. 1138

From the Desk of Regina

What does ready look like

Ready looks like...my children having peace of mind, knowing that someone is nearby if I need help. Ready looks like...an enjoyable dinner with friends instead of a lonely meal. Ready looks like...heading out on the van on an excursion instead of struggling to clean the house. Ready looks like...playing Bridge with friends instead of playing Solitaire. Ready looks like...an easier and more pleasurable life than I have now.

Words of advice:

Don't wait for a crisis to occur. Stay in control of your choices! You don't want the situation get to the point where you have no longer have any options available. Take a tour and learn what Bentley assisted living has to offer. See what apartments may be coming available; find out how to start the process. Knowledge is powerful and comforting.

Children – treat your parents with respect and accept that they may make choices you don't agree with. Our parents do not want to be told what to do by us, their children. Bring them to Bentley to speak with our Team. We can help them realize that they will still be the ones in control of their decisions. Trust me – it helps enormously to hear it from a third party.

- Regina

We are extremely excited to welcome our new Residents to Bentley Assisted Living!

*Betty Moore
Mildred Ginn
Sybil Simpkins*

We are so happy to Welcome You Home!

Trip with Nicole

Its fall y'all! The leaves are beginning to change and the air is brisk! I love it! I love watching the Residents enjoying the porch even more because of the weather. Fall is the beginning of all kinds of fun!

This month we will be taking 2 trips. One will be on a scenic ride through the mountains to enjoy the beauty of fall and the other will be visiting Washington Farms. Washington Farms offers a huge pumpkin patch, concessions, a hay ride, and so much more! Be sure to sign up for the fun!

– Nicole

Family Nights!

We are excited to be adding "Friends and Family" Nights monthly at Bentley!

Each month we will have an event inviting our Friends and Families to Bentley to enjoy fellowship with one another and an excuse for good fun with good friends!

Some of the upcoming events are:

October 21st- Elvis Night

We invite you to come dressed in costume or your favorite 50's attire to rock and roll with Elvis

November 15th- Taste of Bentley

We will be enjoying some of Nelson's delicious recipes!

December 8th- Our annual Christmas Party and Wreath Stroll

Exciting Things Are Coming!

We are beyond ecstatic to share that we have a lot of things happening here at Bentley!

This month we will start construction throughout the building. There will be more information as soon as we have dates to let you know exactly what will be happening when, but we wanted to go ahead and share what we know.

We will be getting new flooring throughout the building. The wall paper will be taken down and new paint will be applied to the walls.

Assisted Living will be receiving new furniture in the private dining room, dining room, and main living room, as well as new window treatments.

Transition will receive all new furniture.

Rose Lane will have all new dining room and living room furniture. There will also be some construction in the living/activity room. We will be adding columns and half walls to create a more home like living room for the Residents to enjoy.

Words could not express how excited we are to welcome these "updates" for our Residents and families!

We will have swatch samples and pictures at the front soon! So be sure to be on the lookout. Construction will begin by the first week in October and we will be sure to give updates to the Residents every day. I will send out an e-mail as we have more dates.

Please do not hesitate to call or come see us with any questions or concerns!

Rose Lane News

*We are all so excited that fall has arrived! This month we will be doing a lot of fall and Halloween Crafts! We will also be taking a trip to our local pumpkin patch and several other trips to enjoy the beautiful fall scenery. We will be continuing our fundraising efforts for the Alzheimer's Association. If you have any questions regarding how you can contribute please feel free to call Nicole, Kailey or myself.
Thank you.
-Bianca Wheeler*

**Congratulations
Faye Swain,
Bentley's Employee of the
Month.**



A Friendly Request

Hello family and friends! In one of our meetings with the Residents this month, the parking lot became a topic of discussion. The Residents enjoy walking outside and especially in this beautiful weather. We ask that you please be mindful that they are doing so when pulling in and driving around the parking lot. One of the Residents even suggested asking guests to back in to spots as to be more mindful of Residents when pulling out of your parking spot. We thought this was a good idea and wanted to pass it along to you.

Thank you for caring about our Residents and their home!