

### What's Cookin with Nelson Pumpkin Bread

#### Ingredients

- 3 cups sugar
- 1 cup vegetable oil
- 4 eggs, lightly beaten
- 16 ounces canned unsweetened pumpkin
- 3 1/2 cups flour
- 2 teaspoons salt
- 2 teaspoons baking soda
- 1 teaspoon baking powder
- 1 teaspoon nutmeg
- 1 teaspoon allspice
- 1 teaspoon cinnamon
- 1/2 teaspoon cloves
- 2/3 cup water

#### Directions

- Preheat oven to 350 degrees. [Butter](#) and flour 2 9 by 5 loaf pans. Stir together sugar and oil. Stir in eggs and [pumpkin](#). Combine dry ingredients in separate bowl. Blend dry ingredients and water into wet mixture, alternating. Divide batter between two loaf pans. Bake for 30 to 40 minutes or until cake tester comes out clean. Let stand 10 minutes. Remove from pans and cool.



### November Birthdays

Lloyd DeMersseman 11-2  
 Roy Beck 11-13  
 Marie Dunaway 11-13  
 Betty Davis 11-13  
 Don McEver 11-17  
 Fred Long 11-18  
 Alice Loesch 11-19  
 Harold Hall 11-24  
 Kelly Green 11-24  
 Chelsea Parker 11-28  
 Martha Cowart 11-28

# News from Home

Bentley Assisted Living. 50 Sumner Way. Jefferson, GA 30549. 706-387-7000



### November Events

Tuesday, November 2<sup>nd</sup> we will be taking a trip to Hobby Lobby and having lunch out!

The Gospel Gentlemen will be here to perform on Saturday, November 5<sup>th</sup> at 1:00.

Sunday, November 6<sup>th</sup> from 12-2 we will be hosting a Community Appreciation Lunch for all of the people who provided help to us during Hurricane Mathew.

Wednesday, November 9<sup>th</sup> we will have The Sunroom Gang at 10:00 and Jerry and Doyle will perform at 1:00.

Thursday, November 10<sup>th</sup> at 6:00 pm, Attorney Kim Kimbrough will be at Bentley to do a talk on VA.

There will be a Veterans Day program on Friday, November 11<sup>th</sup> at 10:30 am.

We will host A Taste of Bentley on Tuesday, November 15<sup>th</sup> at 6:00 pm for families to taste samples of our Brain Healthy Cuisine.

Everyone's favorite entertainer, Lawrence Langston will perform on Friday, November 18<sup>th</sup> at 1:00!

The Jefferson AFJROTC will host a Fall Party on Sunday, November 20<sup>th</sup> at 2:00.

Tuesday, November 22<sup>nd</sup> at 3:00 there will be a Give Thanks Tea Party in celebration of Thanksgiving week.

We will take a trip to the Dollar Tree and have lunch out on Wednesday, November 23<sup>rd</sup>.

I hope that everyone will take the opportunity to join us for another fun filled month of activities at Bentley!

### Administration

Nicole Dumas  
Executive Director, Ext. 1144

Karlie Behlmann,  
Business Manager, Ext. 1142

Nelson Parker,  
Food Services Director, Ext. 1150

Kailey Hooper,  
Activities Director, Ext. 1143

Bianca Wheeler,  
Rose Lane Activities Director,  
Ext. 1238

Rusty Bagwell,  
Maintenance Director, Ext. 1156

Chrystal Edwards, LPN  
Health Services Director, Ext. 1140

Regina Lee  
Director of Community Relations,  
Ext. 1138

before you speak:  
**THINK**

**T** is it true?  
**H** is it helpful?  
**I** is it inspiring?  
**N** is it necessary?  
**K** is it kind?

**From The Desk of Nicole**

I would like to start by telling each of you how truly grateful I am to be a part of this amazing family!

October brought us a few unexpected surprises and this family of ours handled it wonderfully! The guests from Summer Breeze could not thank us enough for how wonderful their stay was. It was a difficult time for them being uprooted from their home and I truly appreciate the love and support you all showed.

As a special thank you to our residents, families, staff, and community we are having a Cookout on Sunday, November 6<sup>th</sup> from 12-2. We will have a grill out front grilling hotdogs and hamburgers. We invite everyone to come and enjoy! We ask that if you know someone who donated items for the Hurricane guests to Bentley that you would invite them to this event as it is to show our appreciation for the community pulling together and helping us! We could not have done it without the love that was shown to us and our Summer Breeze family!

The construction is going great! Everything is right on schedule and is turning out beautifully! I cannot wait to see it completed.

Thank you for your continued support! I truly appreciate all of you!

- Nicole



**We invite you to come enjoy the beauty of the back porch**

**From The Desk of Chrystal**

I am so blessed and thankful for my life, both with my wonderful family, and with all of you! It is truly a blessing to have the job that I have here at Bentley spending my days with the Residents and Staff. Thank you for all that you do to bless the lives of others! I hope that each of you have a Happy Thanksgiving!!!

With the holidays upon us, there are a couple of regulation points I need to share. Due to Fire Marshall codes, we ask that you do not block the heat and air units with any furniture, Christmas Trees, decorations, etc.... We also are not allowed to have any extension cords in Resident apartments. Please be mindful of these rules while decorating for joyous time of year!

-Chrystal



**From the Desk of Karlie**

As the holidays approach us I begin to notice all of the blessings I have in my life; my family, friends, and of course my family here at Bentley. Every day I am humbled by the good doings I see here at our facility. As we head into the holiday season I ask that you take time to notice the small things in life that can have an impact on those around you. Be sure to smile or say hello to someone you might normally pass by; for these are the moments that make our lives worth living. Thanksgiving is a time to give thanks, but I encourage all of you to do this every day. Be thankful for things you have and the ones you love, because you are never guaranteed anything in life. Throughout the month we will be doing many festive and fun activities so be sure to check out this month's calendar.

-Karlie



**News From Rose Lane**

We had such a fun month last month! We really got to enjoy this cooler weather by going on walks sitting outside on the porch and even taking a trip to Southern Pride Labs to play with a new litter of puppies! We have a lot of fun things coming up this month and one that we are really looking forward to is The Taste of Bentley on November 15<sup>th</sup> at 6pm we hope to see everyone there we will have light samplings of brain healthy food along with great company!



**Congratulations  
Denise Benefield,  
Bentley's November  
Employee of the Month!!!**

