

Bentley Commons

AT BEDFORD

66 Hawthorne Drive • Bedford, NH 03110

September 2016

Happy Birthday



- Jeanne Messier 09/12
- Andrea Howard 09/21
- Francoise Chenard 09/23
- Eunice Kuchar 09/24
- Tina Campbell

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Staff Directory

- Pat Schoch Executive Director
- Rose Hobson Business Administrator
- Bernie Steines Director of Nursing
- Anne Walls Community Relations
- Paul B. Laro Activities Director
- James Lavoie Food Service Director
- Daniel Abel Environmental Services



September's resident honor goes to Leatrice "Lee" Levy. Born and raised in Boston, Lee worked as a secretary. After marrying her husband Morris in 1950, they moved to Manchester, where they opened a toy and juvenile furniture store "Toy City." Lee worked as a cashier in one of the 6 store

locations.

She enjoyed raising her family, Steven and Arlene, being supportive through college, weddings and the birth of her grandson. After more than 20 years in business, her husband retired, leaving Steven "Toy City," and he stills owns one location in Keene.

Lee has enjoyed a lifetime of strategy games such as Team Bowling and Mahjong. She plays Jeopardy, Bingo and Hangman. She loves exercising, musical shows and socializing on the porch.

Labor Day

Labor Day, observed on the first Monday in September, became a federal holiday in 1894. The day recognizes the contributions and achievements of American workers. Labor Day also symbolizes the end of summer for many Americans, who celebrate with picnics and parties.

Easy Way to Cut Calories

Keep a food journal on paper, online or with an app to track what you eat. Studies have found that people who use food journals have more success losing weight than those who do not.

Marie Rosa Pettigrew



Bert Newell

Marie, Marie Rosa
 Everyone in the dining room knows ya
 When you cast me that wink
 My heart goes blinkity blink
 I say this with a big sigh
Take it easy on this old guy
 Marie Rosa, a name we all knew
 Has changed her name back to Pettigrew
 She is leaving here at the end of September
 To join husband Justin an army member
 We all wish Marie, Justin and son Evan
 A Life like it was made in heaven
 Good luck
 As ever,
 Bert

"This Month In History" SEPTEMBER

1882: New York City hosts the first observance of Labor Day. A parade and picnic were part of the celebration, organized by the Central Labor Union.

1916: The first self-service grocery store, Piggly Wiggly, opens in Memphis, Tenn.

1920: In Canton, Ohio, the American Professional Football Association is formed. It would later be renamed the NFL.

1947: James Forrestal is appointed to the new cabinet post of secretary of defense.

1957: "On the Road," by American writer Jack Kerouac, is published and becomes the defining novel of the Beat Generation.

1966: The Metropolitan Opera House officially opens at its new home at New York City's Lincoln Center for the Performing Arts.

1973: Billie Jean King beats Bobby Riggs in a tennis match dubbed the "Battle of the Sexes." King defeated Riggs in three straight sets, earning a \$100,000 prize.

1982: The first edition of USA Today hits newsstands.

1999: After 87 years, Tiger Stadium, home of MLB's Detroit Tigers, hosts its final game.

2008: The U.S. Mint unveils four new designs for the penny. The coin's reverse depicts milestones in President Abraham Lincoln's life.

2015: The medieval fantasy TV series "Game of Thrones" wins a record-setting 12 Emmy Awards, including outstanding drama.