

The Value of the Bentley Commons at Bedford

Optimal Living Program

BENTLEY COMMONS AT BEDFORD	STANDARD COMMUNITY
Proactive approach to healthcare	Reactive approach to healthcare
Immediate commencement of skilled therapy upon move-in regardless of insurance coverage or restrictions	Time lapse of up to 3 weeks from initial move-in to start of care. Therapy may be refused in some cases where residents do not have restrictions in insurance coverage
Skilled therapy beyond insurance restrictions if necessary	Mandatory discharge from therapy when resident has returned to “prior level of function”
Skilled episodes of care followed up by a supervised and customized wellness program run by an exercise physiologist	Patients discharged with home exercise program that statistically shows little to no follow through
Wellness classes are progressive, intensive, and individualized	No wellness program
Immediate assessments for any residents where there is a concern with their strength, mobility, and balance	Ability to assess is dictated by insurance
Rehab consultant Physical Therapist	No ownership of functional wellness
On call Physical Therapist	Limited continuity of care due to lack of consistent therapy team in the building
On-going assessments for all residents to monitor their strength, mobility, balance, and quality of life	Residents only provided screens and therapy after a significant decline or life changing event such as a fall or hospitalization—no consistent monitoring of FOM
Constant communication with care givers/ staff in building to ensure continuity of care across all departments in building	Limited communication due to lack of consistent therapy team in the building
Monthly staff inservices to review safety with tasks such as proper lifting mechanics	Staff may not be provided with skilled training by qualified rehab staff
Cognitive classes for all residents with varying levels of dementia	May or may not be provided unless billed to patient with covered insurance plan



Bentley Commons at Bedford
 66 Hawthorne Drive, Bedford, NH 03110
 603-644-2200 | www.BentleyAtBedford.com