

11980 Highway 142 N • Oxford, GA 30054 • (770) 786-4688

### SAVE THE DATE!

MERRYVALE VETERANS' BREAKFAST CLUB  
WILL NOT meet for the summer. We'll see you  
again in September!

### SUPPORT GROUPS

**SANDWICH GENERATION SUPPORT GROUP**  
1st Tuesday of each month at 6 p.m.  
at Square Perk Cafe  
1105 Church St., Covington, GA 30014

...

**LEWY BODY DEMENTIA SUPPORT GROUP**  
2nd Tuesday of each month at 10 a.m. in the  
Merryvale Library

...

**ALZHEIMER'S DISEASE SUPPORT GROUP**  
Peer Support Group  
3rd Thursday of each month at  
7 p.m. in the Merryvale Library

### June Is Alzheimer's and Brain Awareness Month

Create awareness by wearing purple during the  
month of June. Contact the Alzheimer's  
Association at 800-272-3900 for more  
information.



## June 2016

### Gena's Corner



Merryvale's Relay for Life

We are still celebrating the huge success of the Merryvale Relay for Life! Cindy Archer and Mary Vandervoet led our team to an Olympic style victory, past our \$1,000 goal to over \$4,000, earning Merryvale the trophy for best 1st time participant.

Everyone got involved, and with a healthy amount of competition, our collections kept growing. I was reminded again of what an outstanding group of people live, work, and serve in this place. On that Friday night, approximately 50 of us gathered, walked, and celebrated for a shared cause. Residents, staff, families, and visitors donated to meet our goal. As an update on the pig, he got caught in traffic and didn't make the debut. At least two of us were very relieved.

June has arrived and I am reminded again how quickly the calendar pages change. I see young people graduating from high school and college, young couples beginning life together as man and wife, and proud parents and grandparents thankful for these accomplishments. I hope you "remembered" our Veterans on Memorial Day and thanked those in your life for their sacrifice. We have just said goodbye to a very special person, Nancy Reynolds, who served well as the Assisted Living Activity Director for the last 5 years. We will miss her, but wish Nancy and her husband, Charles, well as they move to Tennessee for a new phase of life. We do indeed "thank her for the memories!"

Please review our newsletter for events and important information and have a great summer!

## Celebration of Women!

On May 4th, Merryvale celebrated our women. We had a wonderful team of partners who came out to sponsor and host tables for our special tea party and "fashion show." Many thanks to: *Pruitt Healthcare, Longleaf Hospice, Abbey Hospice, Kim Kimbrough Law Firm, Heritage Health & Rehab, Ribbity Ribbitz, Healthy Home Transitions, Right At Home, and Because We Care.*



## Relay for Life Photos



## Celebrating 50-year Cancer Survivor, Rose Pearce



## Walking the Merryvale "Track"

## Father's Day June 19th

We are planning a special Longhorn's lunch celebration for our Merryvale men!



## Resident Spotlight

### Winnell Smith

Winnell Smith has been a resident here at Merryvale since August 14, 2014. She is always wanting to know "what's next?" She learned to play tennis when she was 60 and played her last matches at 90. She still gets around like a 50 year old! We all love her and enjoy her sweet spirit!



## Rose Lane Resident of the Month for June!

Florence is a native of Atlanta, GA, was married for 58 years, has 3 daughters and a son, and has



Florence Smith

numerous grandchildren. A fun fact about Ms. Florence is that she received her Bachelor's degree in Education at the age of 67!

- For the safety of our Rose Lane residents, please send only non-toxic flowers and plants.
- Remember to return your resident satisfaction surveys.



Thank you Donna Sneed, Allen Fowler, and the Eastside High School Key Club for spring planting in the Rose Lane Garden!



## CREATING MOMENTS OF JOY!



### Family Meeting June 14th @ 7 p.m.

Janet Dawkins from Aging Options will present "Welcome to Planet Alzheimer's."



Enjoying friends in the Rose Lane Garden.



## Spotlight on Alzheimer's

### June Is Alzheimer's and Brain Awareness Month

In 2015, more than 15 million caregivers provided an estimated 19.1 billion hours of unpaid care. Every 66 seconds, someone in the United States develops the disease, and one in three seniors dies with Alzheimer's or another dementia. In 2016, Alzheimer's and other dementias will cost the nation \$236 billion.

On June 20th, the Alzheimer's Association will stage The Longest Day... an event to honor those who face Alzheimer's with strength, heart, and endurance. The event is held on June 20th, the summer solstice, a sunrise-to-sunset event that symbolizes the challenging journey of those living with the disease and their caregivers. If you would like to participate, visit [alz.org/thelongestday](http://alz.org/thelongestday) for more information. ([alz.org](http://alz.org))

### Rose Lane at Merryvale

Rose Lane is the name of the memory care neighborhood at Merryvale. Our focus in Rose Lane is to provide "person-centered" care. We spend each day living in the "now" and looking for opportunities to create "moments of joy." We thank you for placing them in our lives.

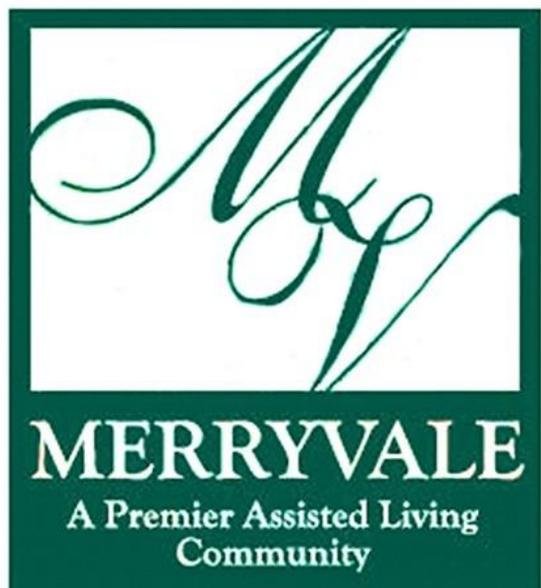
## Part of the Family



Friends gather at Merryvale's Relay for Life

It's been said about Merryvale that it just "feels different." "It's a family atmosphere." "Everyone is so nice." "There's just something special about this place." Maybe it's the cozy surroundings, the neighbors, or the staff. Perhaps it's all of those things, and yet so much more. Come by and feel the Merryvale difference... maybe this is the place that you should call home.

See similar reviews on [SeniorAdvisor.com](http://SeniorAdvisor.com)



Merryvale Assisted Living  
11980 Hwy 142 N  
Oxford, GA 30054  
(770) 786-4688  
[www.merryvaleal.com](http://www.merryvaleal.com)