

11980 Highway 142 N • Oxford, GA 30054 • (770) 786-4688

November 2016

SUPPORT GROUPS

SANDWICH GENERATION SUPPORT GROUP

1st Tuesday of each month at 6 p.m.

Mystic Grill Restaurant

1116 Clark St. SW, Covington, GA 30014

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LEWY BODY DEMENTIA SUPPORT GROUP

2nd Tuesday of each month at

10 a.m. in the Merryvale Library

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ALZHEIMER'S DISEASE SUPPORT GROUP

Peer Support Group

3rd Thursday of each month at

7 p.m. in the Merryvale Library

...

GRIEF SUPPORT GROUP

4th Tuesday of the month at 10:30 a.m. in the

Merryvale Library

VETERANS' BREAKFAST

MERRYVALE VETERANS' BREAKFAST CLUB

1st Friday of each month from

8:30-9:30 a.m. in the Merryvale Bistro.



**See You at the Polls on
November 8th!**

Gena's Corner

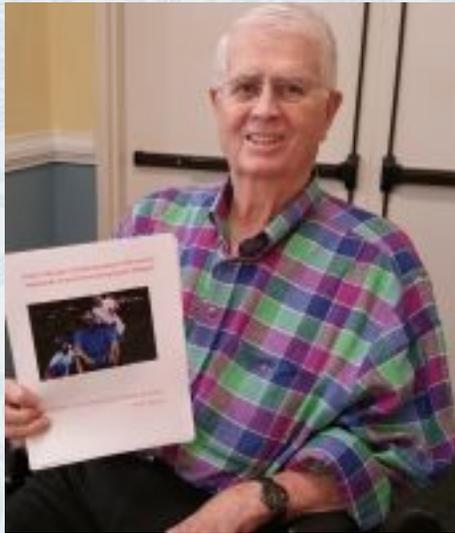
"Remembering the past, enjoying the present, and creating the future..."

"Remembering the past." November 1st marked Merryvale's 20th anniversary of service to seniors and their families. It has been a journey of change, opportunities, and challenges, accompanied by a vision for enriching the lives of those who call Merryvale home. It has been a blessing to do this noble work, and our lives have been enriched in countless ways. We thank the local community for providing the rich environment that allowed us to thrive.

"Enjoying the present." On November 2nd, we hosted the Covington Newton County Chamber of Commerce Coffee Call, welcoming our business community to the first of two very special events celebrating our 20th anniversary. Merryvale chef, Adam Roth, prepared a fabulous breakfast of crepes with a caramel apple topping, while the "Big Screen" presented two decades of resident, family, and staff smiles. Later that day we enjoyed a drop-in reception featuring Chef Roth's carving station and a champagne toast commemorating our history and marking the 20th-year milestone.

We now focus on *"creating our future,"* celebrating the holidays, welcoming 2017, and a Merryvale expansion. We continue to embrace the joy and challenges of senior care and extend our sincere thanks to all that have contributed to this special community that we now enjoy. Please check our calendar for special holiday activities and join our family as we embrace life and celebrate the joy of the season.

Blessings to you and yours during the holiday season!



Story Hour

Some of the most interesting people in our town live right under our Merryvale roof! During our "Story Hour" this month, we thoroughly enjoyed two of our residents sharing their life stories.

Peter, a published author, shared his childhood antics from his upcoming book, *"Stories I Wouldn't Tell my Grandsons."*

Bud shared a small part of his extensive and unusual hat collection. His "traveling hats" took us on a whirlwind tour of his journey all over the world, sprinkled with a few impromptu history lessons! Thanks Bud and Pete for sharing your interesting and entertaining stories with us!



Resident of the Month



Doris Campbell

Her book of printed poems tells the story of a young girl growing up in her beloved hometown of Porterdale, GA. "I always said I was Porterdale's best public relations spokesman," Doris says.

Singing in a choir since she was 14, Doris still enjoys being part of the Happy Hearts Choir, as well as writing music and poetry. Thank you Doris, for making Merryvale your home- we are so glad you are here!



Welcome fall! Though our temperatures are a bit on the warm side, we still said hello to the first day of Autumn with hot spiced cider, pumpkin mousse, and warm conversation!



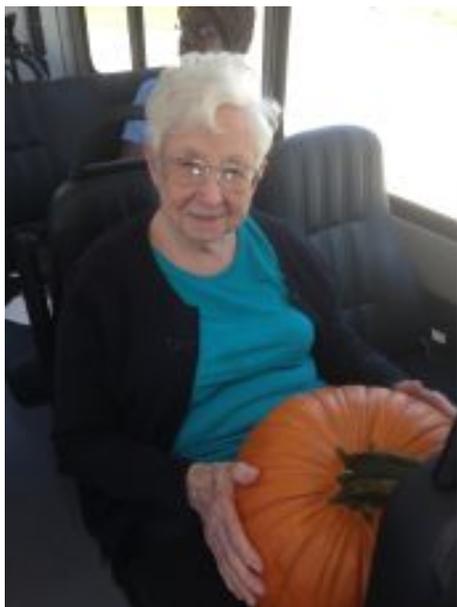
Family and Friends Week

During our "Friends and Family Week," we were blessed to be able to visit with so many of our children and grandchildren! One special visit was from Dave Leinweber, the son of Ruth Leinweber. Dave was gracious enough to share a wonderful piano concert with us, weaving jazz, sacred hymns, and music history. Thanks Ruth, for sharing your incredibly talented son with us, and thanks to all of our family and friends who add so much to our Merryvale community!

Rose Lane Round-Up!



Cooler temps mean that we've been able to get back on the Merryvale bus and hit the road! We visited a produce stand and stopped by McDonald's for some apple pie and ice cream. We also had a fun Oktoberfest celebration with pretzels and root beer! In November we have a fall foliage bus tour planned and are hoping for lots of color!



Ms. Florence Was Glad to Be Sitting Down!



Family Visits Are the Best!



Resident Spotlight

Ms. Hughie Hudson is a native of Covington, GA, where her father and uncles actually owned the very first hardware store in Covington. Hughie went to business college and worked as a bookkeeper and in the school system. She has been an active member of 1st Presbyterian Church, Covington for more than 80 years and was known to say that you could be sick Monday through Saturday, but never on Sunday. She and husband Foster had two children, as well as seven grand and great-grandchildren. Ms. Hughie has been a beloved member of the Merryvale family since March of 2016.





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