

August 2017



· Leg	Pacifica Memor	y Care	August 2011			LYNNWOOD
Sunday 🕖	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs and the start time of any programs are subject to change		9:45 History & Current Events, Musical Movement, and Gardening E/F 2:00 Paper Art and Coupon Cutting E/F 3:30 Flower Cart E 6:30 Hand & Nail Care E/F	9:45 Landscape Art, Stretch & Sing, Visual Trivia and Community Cookie Baking E 11:00 Communion Visit ALL 2:00 Ice Cream Social with Gary Hood E 3:00 Stories of the Past E/F 6:00 Movie Night E/F	3 10:00 Morning Music and Orientation, Sit & Be Fit E 2:00 Fruit Stand Scenic Drive ALL 2:30 Classic Movies E 6:30 Aromatherapy E/F	9:45 Sing & Stretch, Music & Art and Fresh Baked Goods E/F 2:00 Bingo for Candy D 3:00 Happy Hour & Appetizers E 3:00 Grover's Pet Therapy Visits E 4:00 Afternoon Classic Show E/F	5 10:00 Exercise & Sing Along with Care Staff E/F 3:00 Art History Coloring E/F 4:00 Familiar Songs E/F 6:30 Night at the Movies E/F
10:00 Exercise & Sing Along with Care Staff E/F 2:30 Nail & Hand Spa E/F 3:00 Bible Study & Hymn Sing E 6:30 Evening Sing Along E/F Daylight Savings Time Ends	9:45 Exercise and Music E 2:00 Watermelon Moment D 3:00 Bowling & Soda AL-D 3:00 Patio Hour E 6:30 Sing Along E/F National Watermelon Day	9:45 History & Current Events, Musical Movement, and Gardening E/F 2:00 Paper Art and Coupon Cutting E/F 6:30 Hand & Nail Care E/F U.S. Coast Guard Day	9:45 Landscape Art, Stretch & Sing, Visual Trivia and Community Cookie Baking E 11:00 Communion Visit ALL 2:00 Ice Cream Cart Fresh Peach Sundaes ALL 3:00 Stories of the Past E/F	10 10:00 Morning Music and Orientation, Sit & Be Fit E 2:00 Whale Watching Scenic Drive ALL 4:30 Classic Movies E 6:30 Aromatherapy E/F National S'mores Day	9:45 Sing & Stretch, Music & Art and Fresh Baked Goods E/F 2:00 Bingo for Candy D 3:00 Happy Hour	10:00 Exercise & Sing Along with Care Staff E/F 3:00 Art History Coloring E/F 4:00 Familiar Songs E/F 6:30 Night at the Movies E/F
3:00 Bible Study	9:45 Exercise and Music E 11:00 Message in A Bottle— Post Card Writing D 2:00 Patio Hour E 3:00 Bowling & Soda AL-D 3:00 Patio Hour E 6:30 Sing Along E/F	9:45 History & Current Events, Musical Movement, and Gardening E/F 2:00 Paper Art and Coupon Cutting 3:30 Flower Cart 6:30 Hand & Nail Care E/F	16 9:45 Landscape Art, Stretch & Sing, Visual Trivia and Community Cookie Baking E 11:00 Communion Visit ALL 2:00 Scenic Beach Drive ALL 6:00 Movie Night E/F	17 10:00 Morning Music and Orientation, Sit & Be Fit E 12:30 Lunch Luau 2:00 Luau Music with Singing Sue ALL 2:30 Classic Movies E 6:30 Aromatherapy E/F	9:45 Sing & Stretch, Music & Art and Fresh Baked Goods E/F 2:00 Bingo for Candy D 3:00 Happy Hour	10:00 Exercise & Sing Along with Care Staff E/F 3:00 Art History Coloring E/F 4:00 Familiar Songs E/F 6:30 Night at the Movies E/F
20 10:00 Exercise & Sing Along with Care Staff 2:30 Nail & Hand Spa E/F 3:00 Bible Study & Hymn Sing E 6:30 Evening Sing Along E/F	9:45 Exercise and Music E 2:00 Patio Hour E 3:00 Bowling & Soda 6:30 Sing Along E/F Senior Citizen Day	9:45 History & Current Events, Musical Movement, and Gardening E/F 2:00 Paper Art and Coupon Cutting E/F 6:30 Hand & Nail Care E/F	9:45 Landscape Art, Stretch & Sing, Visual Trivia and Community Cookie Baking E 11:00 Communion Visit ALL 2:00 Birthday Ice Cream Social and Folk music with Peter 3:00 Stories of the Past E/F 6:00 Movie Night E/F	10:00 Morning Music and Orientation, Sit & Be Fit E 2:00 Whale Watching Scenic Drive 4:30 Classic Movies E 6:30 Aromatherapy E/F	25 9:45 Sing & Stretch, Music & Art and Fresh Baked Goods E/F 11:00 Sing Along to the Oldies with Brett E 2:00 Bingo for Candy D 3:00 Happy Hour & Appetizers E 3:00 Grover's Pet Therapy Visits E	10:00 Exercise & Sing Along with Care Staff E/F 3:00 Art History Coloring E/F 4:00 Familiar Songs E/F 6:30 Night at the Movies E/F
27 10:00 Exercise & Sing Along with Care Staff E/F 2:30 Nail & Hand Spa E/F 3:00 Bible Study & Hymn Sing E 6:30 Evening Sing Along E/F	9:45 Exercise and Music E 3:00 Bowling & Soda 3:00 Patio Hour E 6:30 Sing Along E/F	9:45 History & Current Events, Musical Movement, and Gardening E/F 2:00 Paper Art and Coupon Cutting E/F 3:30 Flower Cart E 6:30 Hand & Nail Care E/F	9:45 Landscape Art, Stretch & Sing, Visual Trivia and Community Cookie Baking E 11:00 Communion Visit ALL 2:00 Rocky Road Ice Cream Cart ALL 3:00 Stories of the Past E/F 6:00 Movie Night E/F	31 10:00 Morning Music and Orientation, Sit & Be Fit E 11:00 Burgers, Fries & Shakes at Burger Master Outing ALL 2:30 Flower Cart E 6:30 Aromatherapy E/F		



August 2017



1 - C (tal	Assisted	LIVING	J			LYNNWOOD
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs and the start time of any programs are subject to change	A = Alder Cottage B = Birch Cottage C = Cedar Cottage D = Dogwood E = Elm Cottage F = Fir Cottage	1 Dr. Appts & Shopping 10:00 Sit & Be Fit C 10:30 Word Play C 2:00 Dice or Dominos D 3:00 Art Circle C 6:30 Brain Teasers & Popcorn D	2 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Communion Visit ALL 2:00 Ice Cream Social with Gary Hood 4:00 Stories of the Past C	9:30 Men's Bible Study A 10:00 Sit & Be Fit C 10:30 Word Play C 2:00 Fruit Stand Scenic Drive ALL 4:30 Wine and Dine C	4 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Garden and Bird Watching Group ALL 2:00 Bingo for Candy 3:00 Dog Visits ALL 3:00 Happy Hour & Appetizers D	5 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Light Weights C 4:00 Gaither Video Song of Praise C 7:00 Travelogue D
6 10:00 Sit & Be Fit C 10:30 Word Play C 1:00 Cards & Games C 2:00 Movie & Popcorn D 3:00 Bible Study & Hymn Sing E 3:00 Tea & Sunday News A	7 10:00 Sit & Be Fit C 10:30 Word Play C 11:30 Cookies and Conversation D 2:00 Watermelon Moment D 3:00 Bowling & Soda D 7:00 Movie, Popcorn C National Watermelon Day	8 Dr. Appts & Shopping 10:00 Sit & Be Fit C 10:30 Word Play C 2:00 Dice or Dominos D 3:00 Art Circle C 6:30 Brain Teasers & Popcorn D	8:00 Men's Breakfast C 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Communion Visit ALL 2:00 Ice Cream Cart Fresh Peach Sundaes ALL 4:00 Stories of the Past C	9:30 Men's Bible Study A 10:00 Sit & Be Fit C 10:30 Word Play C 2:00 Whale Watching Scenic Drive ALL 4:30 Wine and Dine C	11 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Garden and Bird Watching Group ALL 2:00 Bingo for Candy 3:00 Dog Visits ALL 3:00 Happy Hour & Appetizers D	12 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Light Weights C 4:00 Gaither Video Song of Praise C 7:00 Travelogue D
13 10:00 Sit & Be Fit C 10:30 Word Play C 1:00 Cards & Games C 2:00 Movie & Popcorn D 3:00 Bible Study & Hymn Sing E 3:00 Tea & Sunday News A	14 10:00 Sit & Be Fit C 10:30 Word Play C 11:30 Cookies and Conversation D 3:00 Bowling & Soda 7:00 Movie, Popcorn C	15 Dr. Appts & Shopping 10:00 Sit & Be Fit C 10:30 Word Play C 2:00 Dice or Dominos D 3:00 Art Circle C 6:30 Brain Teasers & Popcorn D	16 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Communion Visit ALL 2:00 Scenic Beach Drive ALL 4:00 Stories of the Past C	9:30 Men's Bible Study 10:00 Sit & Be Fit 10:30 Word Play 12:30 Lunch Luau 2:00 Luau Music with Singing Sue 4:30 Wine and Dine C	18 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Garden and Bird Watching Group ALL 2:00 Bingo for Candy 3:00 Dog Visits ALL 3:00 Happy Hour & Appetizers D	19 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Light Weights C 4:00 Gaither Video Song of Praise C 7:00 Travelogue D
20 10:00 Sit & Be Fit C 10:30 Word Play C 1:00 Cards & Games C 2:00 Movie & Popcorn D 3:00 Bible Study & Hymn Sing E 3:00 Tea & Sunday News A	9:30 Library on Wheels 10:00 Sit & Be Fit 10:30 Word Play 11:30 Cookies and Conversation 3:00 Bowling & Soda 7:00 Movie, Popcorn C	22 Dr. Appts & Shopping 10:00 Sit & Be Fit C 10:30 Word Play C 2:00 Dice or Dominos D 3:00 Art Circle C 6:30 Brain Teasers & Popcorn D	23 10:00 Sit & Be Fit C 10:30 Word Play C 10:45 Resident Council C 11:00 Communion Visit ALL 2:00 Birthday Ice Cream Social and Folk music with Peter D 4:00 Stories of the Past C	9:30 Men's Bible Study 10:00 Sit & Be Fit 10:30 Word Play C 2:00 Whale Watching Scenic Drive 4:30 Wine and Dine C	25 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Sing Along to the Oldies with Brett E 2:00 Bingo for Candy 3:00 Dog Visits ALL 3:00 Happy Hour & Appetizers D	26 1010:00 Sit & Be Fit C 10:30 Word Play C 11:00 Light Weights C 4:00 Gaither Video Song of Praise C 7:00 Travelogue D
27 10:00 Sit & Be Fit C 10:30 Word Play C 1:00 Cards & Games C 2:00 Movie & Popcorn D 3:00 Bible Study & Hymn Sing E 3:00 Tea & Sunday News A	28 10:00 Sit & Be Fit C 10:30 Word Play C 11:30 Cookies and Conversation D 3:00 Bowling & Soda 7:00 Movie, Popcorn C	29 Dr. Appts & Shopping 10:00 Sit & Be Fit C 10:30 Word Play C 2:00 Dice or Dominos D 3:00 Art Circle C 6:30 Brain Teasers & Popcorn D	30 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Communion Visit ALL 2:00 Rocky Road Ice Cream Cart ALL 4:00 Stories of the Past C	31 9:30 Men's Bible Study A 10:00 Sit & Be Fit C 10:30 Word Play C 11:00 Burgers, Fries & Shakes at Burger Master Outing ALL 4:30 Wine and Dine C		