



GREEN HOPE FARM
ANIMAL WELLNESS COLLECTION

Animal Teachers

When the Angelic group guiding me at Green Hope Farm asked me to make Flower Essences I did not recognize it as the moment I began a most wonderful course of study in a university without walls.

The Angels teaching style is imaginative, laced with humor and ever meant to impress upon me the power of Flower Essences. Throughout my years as their student, lectures and pep talks have alternated with hands on practise and many live dramas.

During my first years learning about Flower Essences my family and I were the guinea pigs for testing our Flower Essences. Happily, it was not long before it WAS guinea pigs and their brothers and sisters in the animal kingdom whom we were called to serve with the Essences which we made.

I recall the first time I realized what a profound gift Flower Essences were for animals. A few friends and I were meditating in one of the gardens on a quiet summer morning. As we sat in silence a large black male dog whom I had never seen before appeared in the yard. He was extremely agitated, running in circles and frothing at the mouth. If we had not been in a meditative place we might have been frightened. Instead, we knew it wasn't rabies but felt it was some kind of male energy out of balance. We decided to offer the dog Flower Essences. A friend filled a bowl with water and instinctively added Zucchini Flower Essence even though it wasn't an Essence known to address such outbursts. The dog was continuing its wild circles around us but as my friend appeared out of the house with the bowl of Zucchini Essence in water the dog made a beeline for her and drank every drop. He stopped in his tracks and lay down, tired but calm. After resting several minutes, he quietly visited with us and then trotted from the yard never to be encountered again.

Flower Essences are electrical tuning forks offering animals and humans a way to tune their electrical system back to an optimum level of health. Made from the petals of flowers, each Essence holds a specific electrical energy and vibrational wisdom but in a pinch an Essence will often move further than its area of expertise to support healing as was the case with the Zucchini Essence and the black dog. Zucchini is typically used for convalescence but it does have a balancing feminine energy to it that helped in this situation of male energy run wild. Since that encounter with the black dog, I have found that almost every animal knows if it needs Essences and will guide us to what he or she needs.

One of the most wonderful things about supporting animals with Flower Essences is that animals almost always welcome the tune up. Humans can have filters and self judgments which may slow down the efficacy of Flower Essences but animals almost always fully embrace their gifts. This means our days answering the phones at Green Hope Farm are filled with joy at being able to send out Essences to animals and happiness as we listen to reports of what happened when the animals in your life were given the Essences.

As my Angelic courses on Flower Essences have proceeded, it has often been animals who are the guest lecturers. Two recent animal teachers showed me the support which Flower Essences can bring to the dying process.

My cat of 17 1/2 years, a calico named Wealthy Jane Dewey, died in August 1999. She had been a beloved friend and helper throughout all the unfolding years at Green Hope Farm. She was involved in almost every healing event that ever happened here. She made sure that I would see her own death as a healing and graduation even as I miss her physical presence in my life. Her death process was her last gift to me. With clarity and grace, she taught me much even as she took her last breath.

Wealthy had a stroke several days before she died. I was anxious about whether I would be able to receive instructions from her clearly because of my own very emotional reaction to her impending death. I wanted to take her to the vet to be euthanized if that was what she wanted but I also wanted to let her die at the farm if that was her wish. I am grateful that I was able to hear her wishes clearly. In fact, that was one of the biggest gifts the experience gave me. In my heart, where I receive messages from all my Angelic guides, Wealthy spoke calmly to me throughout her death process. In a matter of fact tone she conveyed very precise instructions at every turn. During the first stretch after her stroke, the work which Wealthy was doing was preparing for the physical separation. This work involved Essences including Maltese Cross which is for "tearing apart experiences". She also took Maple for stamina to get through her death process. She chose many Essences which were for the physical stress of the experience; many of which are in our mix Animal Emergency Care.

She told me that she wanted to stay at the farm through the whole process and to die there because there was a finishing up that would be accomplished in letting her work through the death process herself without medical intervention. She made it clear that this was not always the case for all animals but for her it was important to let her do this work so that she could graduate from all the lessons she had taken on in this life. I inferred that if I was to interfere because of my own discomfort at her pain and suffering, it would mean that she would have to come back and repeat things that she would otherwise be done with if I let her die as she desired.

During the time she was doing the physical work of dying, I took many of the same Essence she did. We had been physically inseparable for years so both of us needed to electrically prepare for this physical shift in our relationship. I find that in almost any situation humans and pets benefit from working with the same Essences because as families we are one electrical system. As a consequence, I was not surprised we need the same Essences.

Wealthy also asked that I sit with her but not right next to her. We sat about three feet from each other. This seemed to be a necessary part of preparing for our physical separation. Throughout her last days, my children, my husband and the Green Hope Farm staff all got a chance to come visit and say good-bye.

Towards dusk on the day Wealthy died, the Essences shifted from ones which addressed the physical process of dying to one's which addressed her spiritual work. She had me put the Essences on her ears and rub them in and also put drops down her spine. It was an odd group which made no sense to my left brain. As is often the case with Flower Essences, I felt that the Essences which Wealthy wanted were for work that was going on off stage and on other levels and therefore my left brain was never going to understand the choices. During the evening she continued to ask for an array of different Essences. Several hours before she died, she asked that I give her Magnolia Essence. This is an Essence which helps with the first breath when we enter our bodies and the last breath when we leave. After she took the Magnolia she told me her work was done. She said that she needed no more Essences and that I could hold her for several

hours. I fell asleep with her under my arm where she had slept each night for many years. In the middle of the night she asked to be put down on the floor on a soft blanket and within minutes she was dead. During meditation several days after Wealthy died a staff member saw Wealthy riding a white horse in complete joyful abandon. I knew she was sending me one final message "I AM FREE!"

The Angels have always said to me "Dogs but no dogma" and soon after Wealthy died I was privileged to witness another different death. This death reminded me that there are no specific techniques right for every animal. Instead, it is a willingness to do our best to be guided by what each unique animal needs in each now that makes the difference.

My friend Andrea's elderly and much loved horse Able foundered badly. His health was very poor for a number of other reasons having to do with his age. The vet suggested to Andrea that the kindest thing for Able was to put him down before another icy, bitter cold New Hampshire winter of further suffering. My friend spent time with Able trying to discern if that was as he wished. She decided to put Able down as she felt this was what her beloved companion wanted. She and the vet set a date. This gave her almost two weeks to prepare Able and herself for his death.

As with my situation with Wealthy, Able and Andrea found themselves using Flower Essences as part of their preparation work. Comfrey Essence helped cleanse both horse and human of traumatic memories of other deaths. Coral Pink Rose helped ease the stress of the dying process. Painkiller Plant and Wild Aster were taken daily. Painkiller Plant has a tremendously transformative energy, helping painful and "ugly" situations reveal their beauty, grace and power. Wild Aster is one from our research list of Essences here at the farm. One of its gifts is to help us see the beauty in our daily routines. Andrea felt it helped Able and her savor their final days together. There was time for much talking and physical comforting. Able even got a massage which he loved. Everyone felt as prepared as they could be for this death with Andrea commenting that the Essences helped her see Able's euthanasia not as an ugly process but as the path chosen for them to follow in their life together.

On the day Able was to be put down, both Andrea and Able took Thistle, Angelica, Arbor Garden and Maltese Cross Essences. Thistle has a beautiful affirmation which helped me understand why they used this Essence: "I AM attuned to what God calls me to do, no more and no less." Angelica helps dismantle the illusion of separation, helping us keep connected with each other and with higher realms at all times. Arbor Garden carries the energy of oneness and harmony. It is most helpful in situations of grief, loss and separation.

A few minutes before the vet was expected, Andrea, her best friend and I gathered around Able to say good-bye. When the vet arrived, I offered Able some Magnolia Essence from my palm. He slurped it down and then turned to look at me with what I can only describe as a knowing look. Walking into his pasture where the hole had been dug for his grave, Able looked at the preparations and proceeded with great majesty to his place next to the hole. The vet reminded us that it was often a wild moment between the delivery of the sedative and the delivery of the drug that would kill Able. Able, however, surprised the vet. He was completely centered in the moment and fell exactly where it would be easiest for the back hoe to put him in the ground. Within seconds of his death I saw him energetically standing at Andrea's side nuzzling her as he always did. Moments later, they said their last good-bye and he was gone... until they meet again.

We would be happy to support you with our Flower Essences in any situation which confronts you and the animals in your life. Please call us at 603-469-3662 or email us at green.hope.farm@valley.net or write us at Green Hope Farm, POB 125 Meriden, NH 03770. Thank you and all Blessings to you and the animals in your life. Molly Sheehan