



Children & Flower Essences

Children love Flower Essences and work with them particularly well. Unlike the situation for most adults, children's electrical systems are totally accessible to vibrational energies. The positive benefit of this is that they are very open to the electrical rebalancing information provided by Flower Essences. The downside to this receptivity is that children take on the vibrational negativity around them much more easily than adults, often getting sick due to their exposure to someone else's unaddressed issues.

Children usually make an assessment of Flower Essences from a very practical and open-minded place. They instinctively recognize their value and work with them conscientiously without parental nagging. They welcome the healing information of Flower Essences and know they deserve this support. Sadly, this is not always the case with adults.

Early on, my four children learned to test themselves for Flower Essences whenever they felt out of balance. As young girls, Emily and Elizabeth created their own Essence collections in their rooms. From these collections, they made their own mixes. Sometimes, I would ask one of them to fix a mix of Essences for me. This was a wonderful gift for me and also got them to tune into their healing abilities and the vibrations of the Flower Essences. I have found that even a very small child can know which Flower Essences to use. It is exhilarating to see children work with their own inner guidance in this way.

Babies, especially babies being born right now, love Flower Essences. The Essences are a comfort and joy to them during their adjustment to life in a body. When Emily was a baby, one of her first words was, "Flower." This was her way of requesting Essences. She and her siblings have taught me so much about Flower Essences.

The Angels often recommend parents use Flower Essences in their child's baths. Because water is such a good electrical conductor, the entire bath holds the vibration of any Essence added to the water. As the child plays in the tub, his or her entire energy system receives the full benefit of the Flower Essences. The Angels sometimes suggest a child with a chronic issue or concern take a series of baths over a number of days. Check with your guidance about this. And consider trying this for yourself too!

When William, my youngest son, was ten, he broke his right arm for a second time. I took a few moments before we went to the hospital to make a Flower Essence mix. This mix was for all of us. It was a bad break. William's long day at the hospital ended with him getting anesthesia so the orthopedic surgeon could set his broken ulna. Every few

minutes throughout the day, I would go around the room giving Will, my husband, Jim, and me the Essences. This experience graphically reminded me that if your child is hurting, so are you! Please take Essences yourself when you give them to your ailing child because your electrical system needs them too! Our Emergency Care mix is an excellent mix to have for just this sort of situation. Many Moms keep a bottle in their purses. Having a bottle of Emergency Care close at hand is helpful for sudden traumas with animals and adults as well as children.

For more information on the topic of children and Flower Essences, ask for our free handout 'For the Kids' or look for it on our website. This is a description of many Flower Essences described as they relate to children's particular issues and challenges. Also available on the website and in a printed version is an article called 'Meatballs for Breakfast' about parenting the Indigo children coming to the planet right now.

"We are all loving the essences and my 6 year old grandson is having a fabulous time testing which ones he needs for himself and for his brother and little sister. He is a baby of light and oh so amazing a wonderful little spirit child. He is very interested in the essences and always asks me, "Grandma I have this going on- what is good for it?" And we go and look up which Essence to add to his "drop" bottle. He reminds his mom every day to be sure to add his "drops" to his water bottle. When one of his siblings is acting out, he tells her to get the drops so they will feel better." J.B., WA

"I have a two year old little boy who is such a special gift. On January 1st he asked me if he could see the Angels. The significance of this is, although I had not yet explained or discussed the Essences with him, nor had I showed him exactly where I keep them, he was able to show me where they were. I asked him 'Where are the Angels?' He said 'Right there in the corner.' He pointed directly at my Essences in the corner. I felt such joy and thanked God profusely. What a true miracle." T.M., Abiquiu, NM

"These Essences are quite incredible!! I've begun using a pendulum to test for which Essences we need. When I call in my spiritual support team. . . well we are truly surrounded. I am going through a difficult divorce - hard on me and very hard for my children. The Essences chosen by testing have helped us all to talk about what's bothering us. If the kids didn't test for Chamomile, etc., I wouldn't have known they were nervous about not seeing their Dad." S.F., Campbell Hall, NY

"Thank you for the guidance and my most recent order of flower essences. They have been so valuable and one of the not-so-small miracles that has appeared in the last few weeks. When the kids were home I put flower essences in a pitcher of water and they drank it up. People and animals are much more peaceful. . . I am drinking the flower essences in every day and feel a sense of calm." J.K., MI

"My one year old daughter, Clara, loves your Essences! We play a game before bedtime, almost every night, where she sits in my lap & holds the box of essences and I let her choose whichever

ones she'd like to take. I always give myself some too since she's still nursing & I figure I can always use a little flower power too! Some days she wants five or more & sometimes just one or two... so much to learn and share." C.G., Woodstock, VT

"The Essences are for my 3 1/2 year old daughter who is now begging for them in her bath. She also takes each one in her hands before she takes them and says, "I feel God in here. I feel love and flowers." K.N., Whitefish, MT

"We thank all of you, seen and 'invisible,' for the wonderful Flower Essences. My husband and I share them with his two children who spend every weekend with us. We start Saturday and Sunday morning with the Flower Essences. The kids love them and always know exactly which ones and how many drops they need." B.N., Portland, ME

"I have given Matthew Essences since birth & at only three months he knew the bottle when I showed it to him & opened his mouth for the drops. When your most recent package arrived I was reading your note. Well Matthew was becoming very vocal and very active. I thought something was bothering him - the usual baby stuff - gas or teething - so I continued to read your note. He kept grabbing your note and getting louder. Then I realized he wanted to be a part of the new package excitement. And he did. I read your note aloud and opened the Essence boxes with him. Immediately he changed from fussy to excited! It was amazing! He wanted to play, touch and taste the new Flower Essences. It was a wonderful moment. Now, since he can grab objects, I put the bottles in front of him and let him choose. He is very specific as to which ones he wants. Babies are so smart!" M.T., Angiers, NC

"My six year old daughter loves the "Fairy Juice" as she calls it. It really seems to be helping her with "overload." When she starts to get upset, I (ask) her, "Jaiden, do you need a drink?" She then goes and takes some sips of her water bottle (w/essences) and within minutes she is able to handle what was bugging her instead of going into a full-blown meltdown like she used to." C.H., Spokane, WA

"I am enjoying exploring my new essences. I am especially enjoying through my 5-year old daughter, who quickly picks out exactly what she needs and the number of drops." S.C., Spofford NH

"We received the flower essences for my 6 year old daughter and am amazed at the difference in her in a short time she has been utilizing them. Unfortunately or lucky for us, depending upon your perspective, she opened and used them up...without my knowing what she was doing. I guess she knows what she needs and is willing to do whatever it takes to make sure she gets it!" E.W., SD

"I wanted to take a moment to thank you for blessing my family with your truly power filled Flower Essences. The day that I received them was quite a stressful day. When the delivery driver knocked on the door with the package, I suddenly felt that there was a solution for a peace filled evening before lying down to slumber. The children were just as excited as I was.

So we rallied together to clean the house, physically then spiritually... We sat in a circle and did some deep breathing and stretching, then we began with the Essences. The response was immediate. Everyone was so relaxed and open. We began to have a heartfelt dialog. I was amazed at the questions coming from my children ages 2,4,5 & 10. We ended our circle with thanks and prayers, looking forward to our next session in the morning. Everyone had a sound rest, which has been nearly impossible in the past 2 mos. The children request the essences on a regular basis now." T.B., Oakland, CA

"The kids are NUTS over the essences." S.C., San Jose, CA

"Thank you so much for the Essences- When they arrived my 2 year old RAN for them, and would not rest until he had some." N.H., Gilroy, CA

"Thank you for all the help with the Essences!! When we do not take them there is a noticeable difference!!! Especially with the girls. I am so grateful for the Essences and all of your help, wisdom and love. I wish you all the Best! I also want to thank you for keeping such a powerful & beautiful force of love and healing in the world!! It is wonderful your dedication & love of the Essences and communion with the Angels- It makes the world a more magical and loving place." C.P., Grand Rapids, MI