



Doctrine of Signature

Nature is generous and forthcoming. Nature offers us a full medicine chest. The signatures of the plants are the visual descriptions of the goods in the medicine chest. The phrase, doctrine of signature expresses the truth that plants look like their healing purpose. The Greeks talked about the doctrine of signature well over two thousand years ago, and modern herbalists still do.

As you read my descriptions of the different Flower Essences, I will sometimes refer to the Flower's signature and talk about how the configuration of the blossoms, the Flower's geometry or color, the branches of the plant or its leaves reveal the Flower's healing purpose, its signature so to speak.

Snapdragon is a great Flower to look at to begin to see this correlation. Snapdragon Flower resembles a head with a petal mouth that opens and shuts. This signature indicates Snapdragon's vibrational information for the mouth, jaw, teeth, and cranial plates of the body. A stalk of Snapdragon also correlates to the spinal column in its appearance and indicates Snapdragon's connection to overall health, vitality, and the alignment of all seven chakras and the spinal column.