



Caring for Your Green Hope Farm Flower Essences

If you read only one thing, please read this!

Our Flower Essences keep their peak potency for a year often much longer if they are well cared for. It all depends on following these guidelines!

PLEASE try not to touch the dropper of the bottle to anything outside the bottle. Touching something else with the dropper can introduce the vibration of what was touched into the bottle. You want only the high vibration of the Flower Essence in the bottle. IF you accidentally touch the dropper to something else, run the dropper under cold water for 5-10 seconds before returning the dropper to the bottle.

PLEASE do not add water or any other ingredient but Red Shiso to your Essence bottles and expect it to last as well as a full strength Essence. You CAN make dosage bottles from our Essences because our Essences are stock concentrates but please make these dosage bottles with FULL STRENGTH Red Shiso. Essences have a strong life force energy. They need the full strength stabilizer to keep them at their best.

Your Essences may be cherry pink in color or they may be pale pink. In either case, they may fade in color over time. The Essence can still be fully potent with these color changes. Red Shiso is an herb that varies in coloration from growing season to growing season, from batch to batch, even from leaf to leaf. The active ingredient of perilla aldehyde is present no matter the color of the Red Shiso.

Our Flower Essences are an herbal product containing the herb Red Shiso. We strain our organic Red Shiso tincture but sometimes the Red Shiso still will have organic matter in it. This organic material sometimes clings to the inside of the dropper and sometimes looks a bit like the mother in cider vinegar. Another thing that you sometimes may see in your dropper is calcium. Our artesian well water is very hard and sometimes calcium will precipitate inside the droppers. If you see either particles of Red Shiso or white on the inside of your dropper, you can rinse out the dropper and proceed to use your Essence knowing it still carries the electrical information of the Flower in it. It is also a good idea to squeeze out any Essence from the dropper before returning the dropper to the bottle. This helps keep the droppers clear.

If you do not like the taste of the Red Shiso, remember that your Essences do not need to be taken internally. Flower Essences are electrical information. They need to be introduced into your electrical field for your electrical system to read the information they offer. Your electrical field extends out from your body. This means you can rub Essences on your skin, put them in bathwater, spritz them around your body, hold them in your

pocket or take them internally. With any of these methods your electrical system gets the opportunity to copy the electrical vibration of the Essence.

PLEASE store your Essences upright. This puts less stress on the droppers. When you put the top back on the bottle there is no need to tighten the top with a great deal of effort. Extremely tightly closed tops put pressure on the tops and may cause them to bulge. This does no damage to the Essence but may leave you with a dropper top that does not work very well!

PLEASE store your Essences in a place that feels safe and high in vibration but not in a high traffic area. Lots of animals or people passing by can drain your Essences of their vibrational information. However putting them in a dark and overstuffed closet where you never will look at them again isn't what they want either. They love to be used!. If there is a quiet spot in a room in which you like to spend time, that's a good possibility.

Keeping Your Essences Potent With the Help of the Angels & Elementals

Earlier in this document I suggest you store your Flower Essences in a place in your home that you like to be in but out of high traffic areas where others might unconsciously drain your Flower Essences of their information. I also suggest you don't put your Essences in a place where you will forget all about them. As I said, Flower Essences like to be a part of your life. They also need love and care if they are to be of the most help to you.

In this section of this document, I describe some of the Angels and Elementals who can keep your Flower Essences as pristine and powerful as the day they arrived. My suggestions of possible partners and techniques should be used as a springboard for your own process, not a recipe you must follow exactly.

One other caveat, if you run a shop or keep your Flower Essences in a space where there is much traffic of people or animals, it is vitally important for you to work with the Angels and Elementals to keep your Flower Essences protected from being drained of their information unconsciously by passersby. The Angels and Elementals can and will help you in this! In busy shops or practices, a request for the Angels and Elementals assistance to clear, protect and revivify your inventory should be a daily thing.

PLEASE remember that you deserve this support and you deserve to work with Flower Essences of the highest vibration and potency possible.

One thing many people do when they receive their Flower Essences is welcome them into their homes or businesses and at that moment ask for support from the Angels and Elementals to keep their Flower Essences pure and powerful. This moment won't take

much that much time, but is one of the most important things you can do.

After you have had your Flower Essences for awhile, you may notice changes in the Red Shiso. While the color fading does not mean anything, other changes may mean your Flower Essences need further care. Your Red Shiso stabilizer is a litmus paper for the stresses that your Flower Essences undergo. If at any point, your Flower Essences feel flat or lifeless to you or somehow different than when they arrived, they may have been tapped out energetically for some reason. Again, this might be because they have been inadvertently stored in a place where they have been pulled on by other people or animals or this may be because they have been drained for some other reason entirely. No matter the reasons, you can call in many helpful spiritual beings to help bring back your Flower Essence to peak performance.

There are many spiritual beings happy and able to help you keep your Flower Essences in pristine condition or return them to full potency should they suffer any difficulties. Once you welcome these spiritual entities into partnership with you, they will be there, in service to you and your Flower Essences. It is as simple as that.

Here is a list of some spiritual beings that you may want to consider working with:

***Archangel Michael and the Angels of the Blue Ray.** These are THE protection Angels and Archangel Michael is in charge. He is a force of Divine power used in complete union with God's will. His sword can be borrowed to cut yourself or your Flower Essences free from inappropriate energies or to create better protective boundaries. God Bless Archangel Michael for his tireless service to all mankind.

***The Deva of Flower Essences and the Deva of Healing** overlight the use of Flower Essences and will bring in their support and guidance when asked. The Deva of Flower Essences holds the keynote for each Flower Essence and thus can serve as a kind of tuning fork for you to clear your Essences or keep them in the purity in which they were created.

***The Angel overlighting your healing practice or healing work** will add specific guidance about what you need to do about protection. If you are uncertain about creating such a dialogue, ask what you want to know. Then ask that any message you need to receive be sent to you so clearly and even repeatedly, if necessary, until everyone involved knows you got it. Believe me, you'll know you're in a dialog soon enough!

***Pan, head of all the Elementals,** can bring a tremendous level of protection to all things in form. He and the Elementals can create a form for protection of your Flower Essences. You may not see it but it will be there in a higher dimension.

***Clair, Elohim of Purity is the Elemental in charge of the Fourth Ray of Divine Purity.** You can ask him to make sure that your Flower Essences hold the Divine wisdom of the

Flower and its healing energies and nothing else. He is wonderful to work with and so easy going that he didn't correct me for a year when I assumed he was female in energy!

***One of our staff people sees the fairies that accompany each bottle of Flower Essence.**

Remember these Elementals, one for each bottle of Flower Essence, is there as long there are any drops in your bottle. This Elemental can support you to keep your Flower Essences potent, pure and full of the love with which they were created.