

## Flower Essences - Energetic Remedies

By: Molly Sheehan



he horse was named Speedy with a pace that matched her name and a rapport with her owner that made her future in horse shows look very bright. Then she began to develop strange tumors all over her body and most devastating of all, her hooves began to rot and dissolve. Vets were called and began a fruitless search for something that would slow or stop the degeneration of the hooves. The situation worsened. A blacksmith created fiberglass repairs just so Speedy could stay on her feet. These repairs did not hold as the hooves continued to disintegrate. The vets felt Speedy would have to be put down. Her owner refused to give up. She decided to give Speedy Flower Essences.

Flower Essences are energetic remedies concerned with healing and balancing our electrical systems. Both humans and animals are electrical beings. When we are in good health and balance, electricity flows through us unimpeded and our systems are light filled and healthy. When we feel out of balance emotionally, mentally or spiritually we impede the flow of electricity into our systems, creating places in us where there is insufficient light. If these places remain cut off from the necessary electrical light energy for long enough, we experience weakness, disease or injury in the places where energy is not flowing. Flower Essences are vibrational remedies which use the electrical network of our central nervous systems to bring their own healing electrical energy to these pockets in our systems which are not receiving the light they need. Flower Essence practitioners will talk about these pockets as vibrating at low speeds while Flower Essences offer high, fast moving electrical vibrations. Dense vibrations are associated with poor health while the high vibrations of Flower Essences are models of good health and spiritual awakening. Made from the petals of Flowers, each kind of Flower Essence offers its own unique vibrational wisdom as well as its life force energy. This combination promotes healing on a deep level.

One key reason why Flower Essences are such a successful tool for regaining health and balance is that they address the pockets of emotional, mental, and spiritual low vibrations in our energy systems which are the root causes for physical disease as well as the actual presenting physical symptoms. No animal or human gets

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just had her bred. We all feel a bit like fairy Godmothers about Speedy's first baby.

Until this year, my work with Flower Essences focused on humans with the occasional animal client. In the last year, the focus has shifted to incorporate a great deal of work with animals. Here at Green Hope Farm in Meriden, NH the Angels have had us develop a number of Flower Essences and Flower Essence mixtures specifically for animals. Our phones literally have been ringing off the hook as animal owners seek help for their pets. No sooner do the Angels guide us to make an Essence than people's cats, dogs, and various other animals need it ASAP.

I am grateful for this opportunity to help animals because I am increasingly aware of the tremendous service they do for mankind. I am also aware that because of the specifics of animal's electrical systems, Flower Essences are a particularly important tool for animals' health and balance.

In service to mankind, animals are here to absorb our emotional, mental and spiritual negativity. Our house pets are working hard to balance our energy fields by absorbing our electrical negativity. You may notice your cats or dogs sitting in certain places near or on your body. This is always an intentional placement for healing purposes. During my sessions with individual clients, I have one particular beloved cat who attends as a healer. She always knows where to sit and when she is done. I am grateful for all she has taught me about animals' healing gifts.

Animals serve us faithfully but it often costs them dearly. The reason for this is that their electrical systems have no mechanisms for shutting down their receptivity to emotional, mental and spiritual negativity or for fully clearing the negativity they are storing. With the planet in rapid spiritual transition, the animals also are doing planetary service as well as individual service to their owners so they are absorbing enormous quantities of negativity. It is a tough time to be an animal and getting tougher. The gift of Flower Essences is that they immediately release the emotional, mental, and spiritual negativity that the animals have been storing so that the animal is freed of the electrical burden it has been carrying and can heal its physical complaints. The Angels had us develop an Animal Emergency Care mixture of about 20 Essences for our work with animals which works to release this electrical overcharge in the animals and promote a return to electrical health and balance. It has proven a Godsend.

One reason why Flower Essences make such a dramatic difference in animals' health has to do with their

lack of electrical filters. This lack means that while animals can easily absorb vibrational negativity, they are also very receptive to high vibrational energies of Flower Essences. A return to health can be swift and complete. I have been privileged to hear about and see many wonderful recoveries often when all hope has been lost.

While every animal is a unique creation of God, I have noticed that there is a group of Essences which are used by animals with particular frequency. The holding of negativity puts particular stress on animals' spinal columns so that many animals need the Essences which realign and strengthen the spinal column including Lilac, Lauriana Rosa, Snapdragon, Niella, and Goldenrod. Because they store so much negativity, animals need the deep cleansers such as the previously mentioned Dandelion. Cleansers like Spanish Bayonet clean on a cellular level while Pennyroyal and Nasturtium clean out mental negativity. Arrowhead and Orange Essences cleanse negativity of an emotional nature. Animals frequently test for many of these cleaners. The animals often need the uplift of Essences like Borage or Zinnia which restore courage, hope, and joy. Theirs is a big job and it can sometimes seem overwhelming. The animals also may need an energetic boost from Essences like Bignonia and Zucchini which bring stamina and particularly strong life force energy to their systems. They also need electrical support to stay balanced and centered. Chinese Hat Plant has been very useful for this and a newcomer, Trillium, a balancer which promotes inner peace and centeredness has been wildly in demand particularly for dogs. Sometimes the animals need a breather from their service to mankind and Essences like Wintergreen, Bottle Gentian and St. John's Wort teach them boundaries.

There is nothing like the tireless and loving service which the animals give humankind. I am grateful to know one way I can serve the animals and convey my appreciation and love for them; Flower Essences.

### **Molly Sheehan**

*In partnership with the Angels, Elementals, and Ascended Masters, Molly Sheehan has made 150 Flower Essences, available by mail order. If you are interested in learning more about these Green Hope Farm Flower Essences, you can contact Molly at Green Hope Farm, PO Box 125, Meriden, NH 03770, or (603) 469-3662.*