



The Rose Garden Collection

Roses are love incarnate. With their Flower Essences, they offer us sublime wisdom with infinite generosity. While they are the most evolved family of Flowers on the planet, their Essences are extremely practical and down to earth. The fragrance and beauty of Roses are echoed in the depth, clarity and power of their Flower Essences. Look to this collection for unequalled support for such diverse issues as feeling safe in the world, holding your light in times of inner and outer turmoil, spiritual housekeeping, finding the courage to do what you need to do and living in a state of grace, joy and delight. This is a collection without peer, but the Roses will never tell you that. They will be too busy embracing you with their loving support and guidance.

Agnes Rose Rosa “Agnes”

Wonderfully fragrant Agnes is an abundantly petaled Rose in a haunting shade of soft yellow mixed with peach tones. Here is how Agnes describes herself and her vibrational wisdom, "Listen my beloveds and hear my song. I sing to you of our oneness. My Essence is a song of remembrance that you are in God and of God. You are embraced and loved and an essential part of all that is. It is done."

Practical uses of this Essence included working with it in any situation where people count themselves out as inferior or in any way do not resonate to the truth of oneness. This Rose loves to shower her abundant blessings on all who want to receive her love.

I AM the complete knowledge that you and I are not we but one.

Alba Maxima Rose Rosa “Alba Maxima”

It's not that there isn't enough energy available to fuel our lives, but sometimes we carry so much detritus in our etheric/memory body that life force energy cannot get to us. Alba Maxima Rose helps us clear our etheric as well as mental bodies so that more physical life force energy flows into us. When I ask Alba Maxima to elaborate on how it accomplishes this clear up, she explained, "I help you bring tremendous light into the etheric and mental bodies to reveal what is and isn't true. Clutter is usually just illusion, so when you illuminate this clutter, it literally dissolves away. I happen to know how to

let a lot of light into these parts of your field. As a consequence, when you work with my Essence, you learn how to do this too." The effect of this Alba Maxima clear out tends to be an experience of greater vitality, making this a wonderful rejuvenating Essence to work with.

I AM a pillar of spiritual energy flowing into full manifestation in my life.

Alchymist Rose Rosa "Alchymist"

Alchymist Rose tells us, "Alchemy is my strength. I illuminate the way of spiritual metamorphosis. Consider me when you are called to transform your life towards a more refined expression of yourself and your life purpose. I AM able to show you the way, the chink in the armor, the glint of an opening door, the view from the other side of the situation that will help the whole process flow. I ease the way as you transform self in alignment with your unique and beautiful divine purpose. This may look as radical as the caterpillar that becomes a butterfly, but I show you how this natural spiritual process can flow easily. I help you change with such finesse that you experience the change as deeply joyful blossoming not another arduous challenge to navigate.

I AM my blossoming self.

Alex Mackenzie Rose Rosa "Alex Mackenzie"

Alex Mackenzie uses the unusual word fortitude to describe herself. Fortitude means courage in pain or adversity. This Essence helps us find fortitude during hard times or when we are called to make hard decisions and follow through on them. This Rose is an excellent support when we know what we need to do but are not sure we have the courage to do it. Alex Mackenzie can remind us that we do have the necessary inner resolve.

As with so many Flowers, Alex Mackenzie reveals its gifts in the way it grows. This robust workhorse of a Rose has velvety blossoms in a rich deep pink. The blossoms look fragile yet they are impermeable to wind and weather. Each crisply articulated petal refuses to crumple in the face of circumstances that would leave many Roses battered and bruised. Alex Mackenzie's sturdy branches shoot straight to the sky, launching a steady stream of blossoms all summer long again. This too is indicative of its stamina, clear purpose and steadiness.

Alex Mackenzie Rose tells us, "I offer fortitude in times of turmoil. I AM the courage to do what you are called to do no matter what other distractions present themselves. I AM ready to serve you with my inner strength and clarity of purpose."

I AM one with the divine plan for me.

Alika Rose *Rosa "Alika"*

This is the Rose Essence I reach for when someone in a leadership position needs energetic support or when someone is a light in his or her community but is challenged or under siege in any way. This light work can be as public as a lighthouse on a promontory beaming its light into surrounding territory or it can be more subtle, even out of public view. In either case, those holding the light can often benefit from this Essence's revitalizing, crisp and vibrant energy, because supporting people to be a beacon of light is very much at the core of what this Rose does.

I AM the beacon that knows no limit. I AM one with my source.

Cardinal de Richelieu Rose *Rosa "Cardinal de Richelieu"*

This Essence supports us to bring back into its rightful course anything that has been misappropriated by human personalities and put to use for ego reasons. It offers support to redirect this misdirected course of events into true consecrated service to the divinity in all things. This can mean support when the ego personality is not our own, and it can also mean clarification about our own ego personality choices.

Many years ago, we were asked by the Angels to plant Cardinal de Richelieu Rose at the farm as part of a project to set this Rose free to be its true self. There were many indications that this Rose had been misappropriated by human personalities. First, there was the name, which one could hardly imagine a Rose choosing for itself, and then there was the issue of color. This Rose is sold, as "the" purple Rose, but it is not purple. Cardinal de Richelieu Rose limped along in its first spring and summer here, reflecting how much human encumbrance this Rose needed to shake off before it could refind a bead on its true self. The next year this Rose began to flourish. It is a beautiful deep maroon fading to a pale almost lavender color.

Sometimes Roses choose to give themselves another name when we make them into Flower Essences, but this Rose did not want to change its name, explaining that the name is a reminder that even when something is almost entirely misappropriated by ego, it can find its way back to its true self and purpose. This Rose and its Essence await the opportunities to vibrationally support you in any reclamation projects you undertake.

I AM my true self incarnate.

Climbing New Dawn Rose- *Rosa New Dawn*

Help us to keep the bead on the spiritual verities of evolution and change versus the disharmony that clamors so much louder but which is actually so much less real. It can sometimes be hard not to sink into disbelief that humanity is evolving. Climbing New Dawn helps us know the loving forces of change that prevail and that bring a new dawn

each day. Climbing New Dawn Rose grounds us to the eternal reality of love which is the matrix and evolutionary force within everything.

I AM New Life eternal.

Comte de Chamborg Rose Rosa “Comte de Chamborg”

This is a large full soft pink Rose with a gorgeous bud and a very robust personality. Planted at the farm amidst a group of Rosa Gallica and Rosa Mundi Roses, the Comte held its own with these vibrant ladies, demonstrating its energetic strength of self-determination. “ I have an ease and carriage not easily affected by others. Use me when you must prevail but want to do so with a light touch or when you have need to assert yourself but do not want to offend. I have a vibration of self-articulation in harmony with all around me. This is my strength: an ability to be fully myself without ruffling feathers. I would be good for situations in which who you are and what you represent threatens other people or situations in which you are placed in an environment that’s not in surface harmony with your values. I help you to be a full expression of your true self without garnering negative attention from others. For those who find themselves in worlds that don’t understand them, I am a bridge to freedom, a freedom to be self actualized without censure.

I AM full and graceful self-expression no matter the circumstances.

Coral Pink Rose Rosa

This Rose of unknown origin was found in a garden in nearby Cornish, New Hampshire. It is the most robust Rose we have, blooming with wild abandon every year, no matter the particulars of the weather. It has an immense first bloom in June and then blooms again later in the summer.

Coral Pink Rose is a very supportive friend to those who are going through experiences of grief, loss or anxiety about those they love. Coral Pink Rose helps to relieve the shock and stress when loved ones die. It uplifts, calms and renews people worn down by sorrows, catastrophes or a string of difficult learning lessons. Coral Pink Rose also helps when we project into the future and think something painful is going to happen to us. The Essence helps to relieve us of this mindset. This and Don’t Worry-Bee Happy are two Essences I reach for when struggling with worry.

A woman, whose mother died when she was fifteen and whose father died a year later, told me that even after all the work she had done to grieve these losses, more layers of sorrow, anxiety and feelings of abandonment surfaced regularly. When we meditated together to consider a healing approach to the situation, the Angels suggested that this woman feel back to the person she was when her mother died and take Coral Pink Rose. The Angels then suggested she move slowly through all the intervening years,

remembering the times when she had felt bereft, anxious, alone or in any way weighed down by these two deaths. The Angels suggested that as she recalled each of these times she give herself Coral Pink Rose with each remembrance. While I do not know what this experience felt like for this woman, the Angels' suggestion reminded me of the complex healing that an Essence can provide both to our present selves and to our past selves that live, often in suffering, within us.

I AM centered in the knowledge that all is unfolding in perfect divine order.

Dog Rose- *Rosa canina*

Dog Rose supports a grounded use of pure intuition. In addition, when humans work with this remedy, it will help us to more deeply connect to the wisdom of our beloved canine companions. Dogs have a very acute intuitive understanding of creation, much more sophisticated than humankind's, but they are almost always hampered from a full expression of what they know. Dog Rose helps us to access their wisdom with them and thus help them to out-picture this wisdom more completely. Dog Rose also helps us see what is right in front of our noses in terms of the simplest best solutions for whatever dog related dilemmas we are dealing with. When given to the dogs in our lives, it will help them better communicate with us. In every way it helps us all become more unified teams, and it is an excellent remedy for people and dogs to take simultaneously. This is a unique remedy for expansion of the sixth chakra! Dog Rose can be applied to our third eye, spritzed or taken internally. Our canine friends will like placement on their nose and brow or use in a spritzer.

I AM the full understanding of canine wisdom.

The Fairy Rose *Rosa "The Fairy"*

The Fairy Rose is a delicate pink Rose that blooms in glorious clusters all summer. In our gardens, it clamors next to the Arbor Garden pool, dangling its generous sprays of Rose blossoms over the water like a curious child. As a Flower Essence, the Fairy Rose has this same childlike exuberance and pure joyousness.

The Fairy Rose encourages playfulness, laughter and joy. It has a connection to the dolphins and their realm of wonder. It helps us remember and reclaim that connection for ourselves. The Fairy Rose brings a fairy experience of lighthearted delight. It reminds us of the rich pleasures of daily life. It helps restore our ability to relish our time on Earth.

I AM the essence of delight.

F. J. Grootendorst Rose Rosa “F.J. Grootendorst”

Clusters of this small, deep red Rose are a common sight in many New England gardens, perhaps because this is a carefree Rose with a very long blooming season from early summer through the first snowfall. As a Flower Essence, it helps us recapture that childhood summer feeling of joy, rest, expansiveness, harmony, freedom and restorative communion with nature. It helps us to recapture this childlike experience of daily life whenever we lose the bead on joy.

I AM the full enjoyment of life's sweetness.

Gallandia Rose Rosa “Gallandia”

When this Rose blooms, her branches are covered in luminous, ethereal pink blossoms set amidst silvery leaves. When I first made this Essence, I could not find this Rose's name on our garden maps. I did not stop to ask her what she wanted me to do about this, but in my most determined fashion spent a good ten hours searching our records, the internet, Rose books and Rose catalogs for information about this Rose. I thought we had every receipt since the farm began, but there was no sign we ever bought her, let alone planted her. She does not care. She is here, and her presence in the garden is hard to miss, paperwork or no paperwork. So I learned in a labor intensive way what Gallandia was happy to tell me from the first. She wants us to use a name chosen by her, not some horticultural moniker. More importantly, she wants us to let go of the three dimensional time and space boxes we subdue and confine ourselves in.

Gallandia is not of this world. She lives more in higher dimensions than grounded here. I asked why this was so and got no answer. This reminded me that I do not need to understand a Rose for it to do its precious work. Time to let her talk, since you can see my attempts to grasp anything about this Rose have been comic at best, "I AM Gallandia. I greet you across time and space. I AM a messenger, a harbinger of good news, yet I also come to prepare your vessel for holding a different configuration in time and space. Welcome me into the matrix of your being for I come to soften the necessary adaptation process you are all embarked upon."

I AM your true self restored.

Golden Wings Rose Rosa “Golden Wings”

This is a stunning single Rose in an ethereal yellow with red and orange stamens. Aptly named, Golden Wings helps us find freedom from the fear that we are doing the wrong thing or can experience a fall from grace. It is an Essence anchoring us to the steadfast truth that we cannot get lost from God or fall outside of God because we are in God always. Golden Wings Rose notes, “You never left the Garden of Eden because you are the Garden of Eden.”

I AM freedom from fear.

Graham Thomas Rose- *Rosa Graham Thomas*

This deep yellow Rose helps us mentor our creative selves in a grounded way. It helps us do what is actually needed to get our creative projects moving, and it also helps us truly understand the value of our creative voice and our creative endeavors. This Rose Flower Essence serves the current paradigm shift by helping us grasp that this is a grass roots new age in which the solutions that are so needed will come not from organizations or self appointed leaders but from each of us who awake to and express our creative knowing.

I AM the full manifestation of my creative self.

Grانيا Rose *Rosa spinosissima*

This ancient Rose is a wild true-to-seed Rose. It is one of the parent or building block Roses for a vast number of modern hybrid Roses. Grانيا Rose is a soft yellow single Rose with a powerful fragrance. Its aura creates a sort of imaginative and happy reverie. As an Essence it helps expand our energies between the fifth and sixth chakra, specifically supporting creative self-expression in alignment with divine will.

I AM one with the divine flow of energy moving through my system and through all creation.

Henry Hudson Rose *Rosa Rugosa "Henry Hudson"*

This white Rose with its pale pink buds and a spicy scent makes a good hedge. It has been an excellent energetic hedge here at the farm. Set in the Arbor Garden, overlooking all the Roses in the Rose Garden, our Henry Hudson Rose absorbs the Rose pests from both gardens onto its leaves yet still blazes forth with radiant white flowers.

The Essence makes an equally strong energetic hedge or barrier. Healers have told us that they use it for protection while doing energy work. One healer we know uses it extensively in her planetary grid work. Another notes that the longer she uses the Essence, the stronger is its gifts. She too, feels increasingly empowered as she works side by side with the Essence. Its AM affirmation beautifully conveys its gifts of self-confidence and clear direction. In fact, the I AM affirmation says it best about all of this Rose's restorative gifts.

I AM clear in my boundaries, certain in my healing purposes, generous in my offers of help and capable of all I take on.

Heritage Rose *Rosa "Heritage"*

When Heritage Rose came to the farm, kindness of a Green Hope Farm friend, I was a bit put off by the name. I was ready to throw the baby out with the bath water. The

Angels rather strongly reminded me that Heritage Rose was a hybrid of David Austin who also hybridized our beloved Mary Rose. They told me Heritage would be a stunning Rose with a stunning Essence AND an appropriate name. This all proved true.

Heritage Rose is an exquisite shell pink Rose that unfolds its pearly petals with elegance and eloquence. As an Essence, it sweeps away the conventional notions of heritage as property, possessions, status as members of a certain family or cultural traditions. It reminds us that our only really valuable inheritance is that we are God's children, returning from a long journey back to consciously knowing this divine heritage. We are God's! That is a family tree worth glowing about!

On a practical level, Heritage Rose might be a good Essence to consider when trappings of family traditions or Earth family circumstances feel claustrophobic. Heritage helps us know that the family we belong to is bigger than our blood relatives. This is also an excellent Essence when we have lost relatives and are feeling bereft or orphaned. It reminds us our true parents are never lost to us.

One Green Hope friend reported that she has found Heritage Rose Essence an excellent remedy for people who are afraid of dying because of losing their place in a specific family or genetic lineage. The Essence helps them connect to the bigger picture and thus let go, feeling comforted, safe and part of a wonderful eternal family. She also explained that this is an excellent remedy for new pets that are being called to expand their definition of family beyond their litter of origin or beyond their identity as a member of their own species. How grateful I was for her input. I can sometimes forget how enormous a leap it is for animals to have people as their families.

I AM the Rose that reveals and celebrates the grace of your imperishable heritage as a child of God.

Konigin von Danemark Rose Rosa "Konigin von Danemark"

This Rose was first grown in Germany in 1816 during a time of interest in the fragrance of Roses and a heightened search for "perfectly shaped blossoms". "Queen of Denmark" with its silvery pink unfurling blossoms and equally lovely perfume make for one seriously beautiful Rose. Better yet, its Essence addresses and unravels this less than positive dynamic of searching for perfection.

Any human idea of perfection sets off a reaction of "less than" in pretty much everyone. This Rose Essence addresses in particular the place we can fall into when an event occurs repeatedly and our personality goes into a shame spiral of judgment, built on the assumption that a repeated experience means we have not learned our lessons and therefore have not learned things perfectly.

This Rose helps to set us free from this shame spiral reaction to open us to the possibility that this may not be the dynamic at all. It helps us know that the spiral nature of our spiritual evolution means that we often come round to experience the same difficulties again, not because we haven't learned anything, but because the difficulties present opportunities for us to bring greater light to the same dynamic and thus move onward and upward through a dynamic that might previously have stymied us. This Rose is all about freedom, most pressingly, freedom from our own judgments.

I AM a release from all patterns of judgment.

La Belle Sultane Rose *Rosa Gallica violacea*

When this ancient Rose first bloomed in our gardens, I found myself lingering at its side, completely taken with its intense beauty and strength. It is a big, wide-open, single Rose with velvet petals of deep ruby, surrounding brilliant yellow stamens. Experiencing this Rose is like being awakened from a deep sleep.

The Angel of La Belle Sultane said it was important to use the word *revivifying* to describe its vibration. According to the dictionary this means it, "restores to animation, activity, vigor or life." This Rose has so many gifts. Used in a spritzer, La Belle Sultane Rose can transform rooms dense with stale energies into sparkling sanctuaries of light and lightness. It can revitalize us when spirits and bodies droop.

I AM timeless vigor. I AM my awakened self.

Lauriana Rose *Rosa*

This Rose is a deep red, double, climbing Rose with vivid yellow stamens. Its Essence has a tremendous clarifying effect particularly on the mental body. Lauriana Rose promotes mental acumen and a balanced view of all life circumstances. It does this because it aligns the electro-magnetic fields of the body into balanced polarity. Lauriana Rose's ability to align the electro-magnetic fields in the body has made it very useful for all of us as we adjust to the rapidly changing electro-magnetic field of the planet.

I AM God in perfect electro-magnetic balance.

Margaret Merrill Rose *Rosa "Margaret Merrill"*

A pearly white Rose whose Flower Essence helps us remain serene during complex overheated energetic situations. It is good for fiery situations or times when we feel "wired" with systems racing. This Rose helps us find and maintain our calm amidst any crisis or explosive drama. It is also a great support when we must help others find a necessary calm after a collective panic.

I AM serenity incarnate.

The Mary Rose Rosa "Mary Rose"

Deciding that previous versions of this definition were a bit esoteric, I asked Mother Mary to describe this Rose and her Essence gifts, "Dearest ones, my Mary Rose offers a gentle housecleaning of your hearts, especially your hearts' griefs and sorrows. The effect of this is to clear out the cobwebs so that you feel my enduring connection with each of you more clearly. With this cleaning of the chambers of your hearts also comes a strengthening so that I can pour more love into your hearts. I focus my love on each of your hearts because hearts are the chalices of divinity in the human body. If it is hard to imagine that I can pour my love into each of you, then think of my love as like the rays of the sun that easily strike each particle on the Earth's surface. In beaming my love into your hearts at all times, I AM ever with you. It is simply not possible for us to be parted. Know this truth with every fiber of your being. Know also that there is nothing within or without of the great vessels of your hearts that cannot be lifted up into the light and filled with a love and joy that will melt away even the most tenacious and darkest shadow. Together we can illuminate every cell of your being. Work with me consciously in this task. There is nothing that would give me greater joy. I AM Mary."

I AM a chalice of love overflowing.

Mary Queen of Scots Rose Rosa "Mary Queen of Scots Rose"

Abundant, delicate, dark pink single blossoms cover this ancient scotch briar Rose. Upon arrival at the farm, it struck up a conversation almost immediately, telling me how important it was that I make it into an Essence as soon as possible.

Mary Queen of Scots Rose explains, "I help dissolve long standing feuds and deep enmity between people and groups of people. I AM the ancient wisdom that knows a path beyond disharmony and hatred. I soften the heart and illuminate the truth in such a way that inner and outer conflict drop away, insubstantial and illusory, melting as snow on a warm spring day."

One of the first people to use this Essence tried it to help with problems in her marriage. This relationship was a long saga in which stepchildren and money had been great areas of disagreement. She and her husband took the Essence with a certain amount of cynicism. Financial mediators and therapists had not healed this vast divide. How could a Flower? Within days of starting to take the Essence, common ground about finances and family was found between them. Profound financial decisions were made and followed through with. The decisions supported the marriage and their joint future. Peace and harmony reigned and no one had lost their head. If only Elizabeth and Mary Queen of Scots had known about Flower Essences.

I AM the ancient wisdom that knows a path beyond disharmony and hatred.

Pale Pink Rose *Rosa*

Pale Pink Rose Essence is helpful during transitional processes. The Essence is useful as we face any transitional experience such as a new job, a new school, a new house, a new baby, a new learning lesson, in fact, any new life experience. Pale Pink Rose is also helpful when a beloved is dying both for us and the person or animal dying. Pale Pink Rose softens the impact all such changes have on our electrical system and eases us through the transition.

I AM one with God therefore I move through all new experiences centered, balanced and at peace.”

Paul Neyron Rose *Rosa “Paul Neyron”*

The first thing we noticed about this Rose was the immense size of its blossoms, some up to eight inches across. This tangible vitality in its form ties into its vibrational wisdom. Paul Neyron supports our full embodiment into our physical bodies and full enjoyment of physical life. It will help us release illusions, often from previous lives, that the physical is less than or separate from the spiritual. It will help those who are unsure of the divinity of their physical bodies resolve this tension so that they understand more fully that the physical body is divinity in form.

I AM the glory of life incarnate.

Pink Pillar Rose- *Rosa “Pink Pillar”*

A peachy pink, citrus scented, climbing Rose with a heart of yellow, this Rose is about love balanced by wisdom. Obsessive, fanatical or unbalanced emotional attachment to another person, to an idea or an activity can become softened and transformed into a balanced, centered and creative love with the support of Pink Pillar Rose. The transformative power of this Rose Essence is strong but extremely sweet. It is a gem.

I AM Love untarnished.

Quatre Saisons Rose *Autumn damask, Rosa x damascena bifera*

This beauty helps us experience ourselves as an ever-replenishing source of refreshing, restorative love. This is an extremely ancient Rose known to have been connected with the temples of Aphrodite in 1000 BC. If you are burnt out, if too much is expected of you by self and others and if you would love to know yourself connected to an ever replenishing full tank of love, look no further. This Essence is for you.

I AM a wellspring of replenishing love, ever encouraging you onward in your journey home. I AM impermeable light, ever flowing and ever present.

Red Rugosa Rose *Rosa rugosa*

This one is for stormy times when we feel tossed about like a boat on rough seas. Red Rugosa Rose Essence helps us calm our inner turbulence and find the serenity that will help us ride through these rough waters with aplomb, balance even a bit of humor.

I AM the presence consuming instantly anything that seeks to disturb.

Reine des Violettes Rose *Rosa "Reine des Violettes"*

This is a very regal and of course very French Rose. She tells us, "I AM the perfect balance of what to do and what not to do. I AM a very orderly presence with excellent well-defined boundaries. Let me help you find these for yourself."

I AM the perfect balance of action and restraint

Rosa Glauca *Rosa glauca*

This small-blossomed gem has five bold, pink petals with bright yellow stamens and foliage of a striking smoky bronze color. The Flowers, though petite, are highly visible from across the garden. Rosa Glauca tells us, "I bring clarity and love to cloudy situations." The Essence helps us find focus and clear sightedness. It cuts a swath through murk and really helps us find our way. If you are having any sort of difficulty with your eyesight or are having a hard time seeing your way through any situation, consider Rosa Glauca.

I AM a lighthouse penetrating fog with focused love.

Rosa Mundi *Rosa gallica "Rosa Mundi"*

Our romance with God can sometimes feel like a kidnapping. We think riding off into the sunset together sounds like a good idea, but when we actually get on the horse, we find ourselves feeling saddle sore or worse. Is this guy for real? Are we going in the right direction? Does it really require quite so much fiery drama? Can we have a day in charge of the map? Is this really God's idea of romance?

Rosa Mundi helps keep the romance with God alive and fresh. It helps us take it all a bit less seriously. It even helps us keep a smile on our faces. It restores our wavering confidence when we feel that maybe the wrong God showed up in answer to our prayers. With its timeless and beautiful vibration of newly minted love, Rosa Mundi beckons us onwards. It revives us on the hot and dusty trail home. Think of it as God sending a Flower while he is otherwise occupied emptying our minds, calming our emotions, illuminating our electrical system and trying to keep us on the horse.

I AM in this world but not of this world.

Rose a Parfum de L'Hay *Rosa a Parfum de L'Hay*

This Essence, made from a deep pink, fully double Rose carries the vibrations of temperance and moderation. I asked the Angels to explain what these old fashioned words meant. I was told that the Essence carries vibrational support for a path of restraint and balance. It helps relieve us of any feelings of lack or sacrifice, revealing the abundance and complete harmony of what is already in our lives. It energetically releases any restless desire for more, bigger, better or different by bringing us into the fullness of the now.

I AM the middle way.

Sarah Van Fleet Rose *Rosa "Sarah Van Fleet"*

We have seen a lot of Sarah Van Fleet fly out the door since her introduction. The Angels frequently suggest her for people feeling overwrought or suffering from frayed nerves. Even amidst the most stressful firestorm of nerves, soft velvety Sarah Van Fleet leads the way to an extraordinary calm.

When Sarah Van Fleet gave me her affirmation, I was mystified. After much research, I am still not sure I understand what the balm of Gilead is. One thing I am certain about is that I cannot recommend this Rose Essence too highly for soothing overwrought nerves.

I AM the balm of Gilead.

Stanwell Perpetual Rose *Rosa "Stanwell Perpetual"*

This pale pink Rose blooms continuously from May to October. Not surprisingly, it offers itself as a Flower Essence for spiritual endurance. During the honeymoon period of our call to spiritual service, it is easy enough to keep the enthusiasm and commitment going. As things continue, the spiritual work we are called to do may not be at all glamorous. It may involve suffering. It calls for reserves of strength and love we may not believe we have. It requires persistence when the landscape is difficult or downright tedious and we are bone tired. Stanwell Perpetual Rose helps us keep a bead on purpose and also helps us access the strength always available to us so that we can continue on with what we are called to do with joy and an unburdened heart.

I AM the strength to keep on the path of love.

Therese Bugnet Rose *Rosa "Therese Bugnet"*

This soft mauve colored Rose offers herself with these hopeful words, "In a culture which allows virtually no one to find contentment with their outward appearance, I help you find this contentment. I help you release any thoughts of experiencing your physical

appearance in a less than or better than way. I help to return you to a place of balance about your looks and a release of all the concerns that sap your enjoyment of life.”

I AM freedom from concern with my appearance.

Westerland Rose *Rosa ‘Westerland’*

As we assimilate the gifts of the new higher energies pouring into the planet, we can find ourselves overheated and raw, especially in our first, second and third chakras. These chakras take a hit during these fiery times because these higher energies work on issues of self-identity and personal power, encouraging us to change our mindset and our vibration around these issues. This, in turn, affects the chakras where these issues are seated in our bodies. Some symptoms mentioned have been feet and leg issues, fiery nerves and general issues of overheating. This gorgeous orange Rose shows us a way to restore and rebalance these chakras during this sometimes fiery and tumultuous change process. It helps us find an elemental and strong experience of balance and physical health and vitality amidst these changes in our vibration.

I AM the embodiment of creative change.

Wild Rose

The farmer who owned this land before us experimented with planting Wild Roses for fencing. As an agricultural innovation, the Roses proved a bust. These enormous rambling Roses would not stay contained in hedgerows but spread like wildfire through the surrounding hills and valleys. One lovely beauty, with its delicate cascades of single, small white blossoms, volunteered in our Rose garden and announced itself with this comment, "I canna abide confinement in hedgerows and gardens. I drape myself over fences and branches at woodland edges. I delight in unmowed places. I come to demonstrate and encourage each of you to let go the self-censorship and self-judgment that comes as you canna fully follow expectations. You must fearlessly trust and express the unchangeable joyous perfection that is you." And yes, Wild Rose really does have a Scottish accent!

I AM the joyous abandon of innocence.

Rose Trio Information

We decided to offer many of our Roses in sets of three. These Rose trios have proven very popular and also exquisitely helpful! Here are the Rose trios we offer.

Courage & Clarity Rose Trio

Alex Mackenzie Rose / Alika Rose / Rosa Glauca

Grief & Loss Rose Trio

Coral Pink Rose / The Mary Rose / Pale Pink Rose

Inner Balance Rose Trio

Lauriana Rose / Reine des Violettes Rose / Rose a Parfum de l'Hay

Joyful Rose Trio

The Fairy Rose / F.J. Grootendorst Rose / Wild Rose

Mystical Rose Trio

Agnes Rose / Alchemist Rose / Rosa Mundi

Replenishing Rose Trio

Quatre Saisons Rose / Sarah Van Fleet Rose / Stanwell Perpetual Rose

Rose Trio for Healers

Agrippina Rose / Gallandia Rose / Henry Hudson Rose

Rose Trio for Stormy Times

Heritage Rose / Old Blush China Rose / Red Rugosa Rose

Spiritual Freedom Rose Trio

Cardinal de Richelieu Rose / Golden Wings Rose / Konigin von Danemark Rose

Strength & Stamina Rose Trio

Alba Maxima Rose / La Belle Sultane Rose / Paul Neyron Rose

"I'm delighted to be experimenting with the Strength and Stamina Rose trio (Alba Maxima Rose, La Belle Sultane Rose and Paul Neyron Rose) The Trio was practically bouncing around with the energy of the bottles. It was like they were dancing and giggling with Aliveness! I sprayed la Belle Sultane EVERYWHERE and the Paul Neyron Rose essence decided to spill a good amount of itself on my pants to make sure I got a good dose!" C.N., Belmont, CA