



CAMP



SCHEDULE

Thursday

2-6pm
Camper Check In

4:30pm-5:30pm
Speed Friending

5:30pm-6:30pm
New Camper Meet & Greet

6:30pm
Dinner

7:30 pm
Camper Welcome

8:30-9:30pm
Bunk Bonding Time

9:30pm
Bonfire & Sing Along

Friday

6-6:30am
Meditation

6:30-7:30am
Yoga, Intensati, Group Run or Movement Exploration

8am
Breakfast

9:00-10:00am
How To Wake Up to The Joy of You with Agapi Stassinopoulos

10:15-11:45am
Morning Workshop

12pm
Lunch

1:00-2:00pm
Meetups

2:15-3:45pm
Afternoon Workshop

4:00-5:00pm
Movement or Chill Time

5:15-6:45 pm
Afternoon Workshop 2

7pm
Dinner

8pm
Campfire Talks

9:30pm
Collab Lab 2.0

Saturday

6-6:30am
Meditation

6:30-7:30am
Yoga, Intensati, Group Run or Movement Exploration

8am
Breakfast

9am-10am
The Art of Inspiration with Light Watkins

10:15-11:45am
Morning Workshop

12pm
Lunch

1:00-2:00pm
Meetups

2:15-3:45pm
Afternoon Workshop

4:00-5:00pm
Movement or Chill Time

5:15-6:45pm
Color Games

7pm
Dinner

8:30pm
Talent Night

Sunday

6:00-6:30am
Meditation

6:30-7:30am
Yoga, Intensati, Group Run or Movement Exploration

8am
Breakfast

8:30 am
Group Picture

9:00-10:30am
Morning Workshop

10:45-11:45am
Spark Your Life with Jonathan Fields

11:45am-12:30pm
Hugs & Happiness

12:30pm
Lunch

2pm
Checkout