



Start your transformative journey here.

I Have Many Opportunities to Choose My Path.  
I Choose the Path That Honors My Greatest Good.

WHICH PATH DO YOU CHOOSE TODAY?

Do You Feel Great about Your Health?

MY HEALTH  
IS MY PRIMARY CONCERN

I WANT  
FOODS THAT  
HEAL

ANTHONY WILLIAM  
JULIE DANILUK, R.H.N.  
HEATHER DANE  
KRIS CARR  
DONNA SCHWENK  
JULIE MONTAGU  
TANYA MAHER  
LIANA  
WERNER-GRAY  
AHLEA KHADRO

HELP!  
MY BODY  
HURTS

DR. MITCHELL YASS  
NICK ORTNER  
ALBERTO VILLOLDO, PH.D.  
ABBY WYNNE  
SERGIO MAGAÑA  
DAVID R. HAMILTON, PH.D.  
LEO GALLAND, M.D. &  
JONATHAN GALLAND, J.D.  
KATIE HESS

I  
WANT TO  
LOSE  
WEIGHT

JOY BAUER, M.S.,  
R.D.N., C.D.N.  
DR. LIBBY WEAVER  
JULIE  
DANILUK, R.H.N.  
LIANA  
WERNER-GRAY  
HEATHER DANE  
JULIE MONTAGU

I  
OFTEN  
LACK ENERGY  
& CLARITY

DR. MIKE DOW  
DR. MITCHELL YASS  
JASON WROBEL  
STEPHEN COPE  
JULIE  
DANILUK, R.H.N.

I BELIEVE  
AGING IS  
OPTIONAL

CHRISTIANE  
NORTHROP, M.D.  
BRUCE H. LIPTON, PH.D.  
SOPHIE ULIANO  
FRANK LIPMAN, M.D.  
DR. MARIO MARTINEZ  
REGENA  
THOMASHAUER

How's Your Spiritual Connection?

I NEED A  
MEDITATION  
PRACTICE

GABRIELLE  
BERNSTEIN  
MIKE DOOLEY  
DAVIDJI  
TENZIN WANGYAL  
RINPOCHE  
ANDREW HARVEY  
DAVID MICHIE  
SANDY C.  
NEWBIGGING  
LISA GARR  
MICHELLE  
LIGHTWORKER

I LOVE  
ANGELS!

DOREEN VIRTUE  
DIANA COOPER  
RADLEIGH VALENTINE  
KYLE GRAY  
SANDRA ANNE  
TAYLOR

I WANT TO BE MORE  
INTUITIVE

COLETTE  
BARON-REID  
JAMES VAN PRAAGH  
SONIA CHOQUETTE  
KATIE DALEBOUT  
JULIA MCCUTCHEN  
HEIDI SAWYER  
SUZANNE ADAMS

I WANT A GREATER  
CONNECTION WITH  
SOURCE

ANITA MOORJANI  
CAROLINE MYSS  
MIKE DOOLEY  
ANDREW HARVEY  
ROBERT  
HOLDEN, PH.D.  
ANODEA  
JUDITH, PH.D.  
TOMMY ROSA

I WANT TO STUDY  
PAST LIVES & THE  
AKASHIC RECORDS

DENISE LINN  
SANDRA  
ANNE TAYLOR  
DIANA COOPER  
LINDA HOWE

Looking for Healthier Relationships?

I WANT TO FIND MY  
SOUL MATE

LAURA  
BERMAN, L.C.S.W., PH.D.  
BRUCE H.  
LIPTON, PH.D.  
ESTHER HICKS  
DR. MIKE DOW  
CHARLIE MORLEY

I OFTEN FEEL  
MISUNDERSTOOD

LOUISE HAY  
DOREEN VIRTUE  
IYANLA VANZANT  
MARY DANIELS

I DON'T FEEL  
LOVABLE

LOUISE HAY  
LODRO RINZLER  
MEGGAN  
WATTERSON  
LAURA BERMAN,  
L.C.S.W., PH.D.  
MARY DANIELS

I STRUGGLE WITH  
FORGIVENESS

JAMES VAN PRAAGH  
TEALSWAN  
ALAN COHEN, M.A.

I LOVE MY  
PET

DENNIS W.  
THOMAS, D.V.M.  
GARY  
RICHTER, M.S., D.V.M.  
DAVID MICHIE

Can You Feel Your Personal Power?

I WANT TO BE  
HAPPIER

ESTHER HICKS  
DR. MIKE DOW  
MICHAEL NEILL  
ROBERT  
HOLDEN, PH.D.  
REBECCA CAMPBELL

I OFTEN FEEL  
STUCK

JULIA CAMERON  
BARBARA  
DE ANGELIS, PH.D.  
BARON BAPTISTE  
SEYMOUR BERNSTEIN  
JOSEPH CLOUGH  
KATIE DALEBOUT  
GREG FRUCCI  
CHERYL RICHARDSON

I'M TRYING TO KICK  
A BAD HABIT

NICK ORTNER  
PAM GROUT  
GABRIELLE  
BERNSTEIN  
TOMMY ROSEN  
REGENA  
THOMASHAUER  
HOLLAND HAIIS

I WANT TO EXPAND  
MY MIND

DR. WAYNE W. DYER  
ANITA MOORJANI  
GREGG BRADEN  
NANCY LEVIN  
MICHELLE  
BUCHANAN  
JULIA CAMERON  
KAREN  
HENSON JONES

I'M INTERESTED IN  
EPIGENETICS

DEEPAK CHOPRA, M.D.  
&  
RUDOPH TANZI, PH.D.  
DR. MARIO MARTINEZ  
BRUCE H. LIPTON, PH.D.  
DR. JOE DISPENZA  
CHRISTIANE  
NORTHROP, M.D.  
DR. JEFFREY  
THOMPSON, D.C.  
DAWSON  
CHURCH, PH.D.

My Wallet Is Overflowing And My Heart Is Full . . .

ACTUALLY, I STRUGGLE  
WITH MONEY

JULIE ANN CAIRNS  
MIKE DOOLEY  
MICHELLE  
BUCHANAN  
SANDRA ANNE  
TAYLOR

I HAVE A HARD TIME  
BELIEVING IN MYSELF

LOUISE HAY  
DR. WAYNE W. DYER  
DOREEN VIRTUE  
JULIA CAMERON  
REGENA  
THOMASHAUER  
TEALSWAN  
GALA DARLING  
JENNIFER MCLEAN

I AM READY TO  
CHANGE CAREERS  
OR START A BIZ

BRENDON  
BURCHARD  
MIKE DOOLEY  
JOHN C. PARKIN  
GAIL LARSEN  
JB GLOSSINGER  
RHA GODDESS

YOUR JOURNEY HAS JUST BEGUN. WHAT PATH WILL YOU CHOOSE TOMORROW?