



hChoices is conducting a Corporate Wellness Study, with independent analysis through the Lake County General Health District and the Office of Health Policy and Performance Improvement, to demonstrate the value of implementing a structured wellness program for your employees. All Lake County employers are invited to participate.

WHY SHOULD YOU CARE

- A healthier, happier workforce is good for business and for Lake County

REASONS TO PARTICIPATE

- Your employees are your greatest asset and directly impact your profitability
- Adults today (your employees) have MORE health issues
 - » 92M Heart Disease | 30M Diabetes | 84M Obese (CDC, 2016)
- Impact of an unhealthy workforce is astounding
 - » Obese workers: 2x Claims | 7x Cost | 13x Missed Days (Nat. Council of Comp. Insurers, 2012)
 - » 1+ chronic issue: 147% ↑ litigation rates | 123% ↑ surgery rates (Harbor Health Systems, 2016)
 - » Premiums are nearing \$20,000 for family coverage (Kaiser Family Foundation, 2018)

HOW IT WORKS

- **Subscribe to participate in the Lake County Corporate Wellness Study**
 - » Includes health screenings, health risk assessments, corporate challenges, educational programming, employee communication/engagement plan, and a secure, wellness website w/real time reporting
- **Cost: Save 40% on a traditional wellness program! Pay only \$2.50/FTE Equivalent/mo. for the full program or only \$1.25/FTE Equivalent/mo. to supplement an existing program**
 - » Health Screening prices vary by location (onsite, in a lab, physicians office)
 - » À la carte menu
 - Flu Shots, onsite educational programs or fitness classes, virtual personal training, dietary consultations, and wellness coaching
 - » OH BWC Workplace Wellness Grants may be an option for your company
 - Funding designed to help cover cost of offering an employee wellness program
 - Grant Duration: 4 years w/maximum \$15,000 in reimbursement per policy number
 - Online application: <10 minutes to apply | Approval typically <14 days
 - We are happy to help you apply, but its not required to participate

FREQUENTLY ASKED QUESTIONS

- Comprehensive wellness program ROI - 3:1 (International Foundation of Employee Benefits Plans)
- Effective wellness programs realized significant cost reductions and financial gains, including an average of 28% reduction in sick days, 26% reduction in health costs, 30% reduction in workers' compensation claims (Institute for Healthcare Consumerism)
- For every \$1 invested in wellness, employers could expect to save approximately \$3 in absenteeism costs (Harvard)

LEARN MORE: hChoices.com/LCWellness | 440-478-2268 | steve.pelton@hChoices.com



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