



Sally's Experience with Cannabis

Migraine History

My migraines are stress induced. When I get stressed. I can feel my back and shoulders tense up and when I feel my jaw tense, I know a migraine is about to hit. I can feel it moving up my neck and I know I am in trouble. The worst ones last for 6 to 7 days.

Previous Treatment

Prior to trying cannabis the Doctor prescribed Tramadol and it made me tired and nauseous. They gave me a prescription for something to treat nausea caused by Tramadol. The two prescriptions left me feeling either nauseous or tired. I was not functional.

My Experience

I heard cannabis was more natural so I thought I would try it. Cannabis helps me with the symptoms of my migraines. My migraines are very debilitating; cannabis takes the pain away. I'm not able to look at any light, like a computer screen or go out into the sunshine. Cannabis alleviates the pain enough so I can work, be on the computer and talk with customers. It is amazing for me because it got me off of the pills and works better. with no side effects I have not tried to prevent my migraines but CBD has made me curious about the preventative use of marijuana.



Name	Sally
Age	30
Gender	Female
Occupation	Acnt. Manager
Condition for	6 + years
Cannabis Use	5-10x a month
Location	California

Sally's Cannabis Tool Kit



Flower

Initially, I started by smoking flower. This worked OK but was not that convenient and I found I smelled like marijuana and this was not OK if I was going to go to work. It is also not as discreet.



Vape Pen

I moved on to a 1:1 ratio vape pen which I used when I felt a migraine coming on. If a migraine is full blown I wuse my vape pen immediately. Recently, I found a high 3:1 CBD oil cartridge called Electra-Tsu by Bloom Farms. If I vape this immediately, I will not have a migraine anymore. It is an amazing product.



Edible

I take 25mg THC lozenges 2-3 times a day and remain functional while they completely take the pain away. I am able to work, look at the computer and interact with customers without being irritable.



Dr. Perry Solomon,
HelloMD
Chief Medical Officer

Have a question about cannabis?
Ask it on HelloMD

One of our doctors, brand experts or community members will answer.

PATIENT QUOTE

"I always suggest to people that they try cannabis to help with their migraines Basically cannabis is natural so why take a pill that will give you a lot of side effects? With cannabis I am functional again."

—SALLY