

betterlunch

REAL, DELICIOUS LUNCHES MADE FRESH


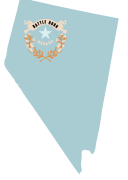
Grades K-12 Menu

****Rush lunches can be ordered until 8 am day of service**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 	1 Chicken Tenders GF Chicken Tenders (GF) Waffles (V) Taco Bar (GF) Flatbread Chicken Sandwich	2 Hamburger Cheese Burger Bean & Cheese Enchiladas (V) Vegetable Lasagna (V) Pasta Bar	3 Hot Dog Thai Chicken Bowl w/ broc Mac & Cheese (V) Ham & Swiss Sliders Pasta Bar	4 Pizza Dippers (V) Meat Lasagna Chicken Teriyaki (GF) Pasta Marinara Pasta Bar
7 Pizza (V) Pepperoni Pizza GF Pizza (GF) "PB" & Jelly Sandwich (V) Sub- Turkey & Provolone	8 Chicken Tenders GF Chicken Tenders (GF) Sausage Breakfast Bowl (GF) Choc Chip Pancakes (V) Potato Bar (GF)	9 Hamburger Cheese Burger Chicken on a Biscuit Fruit & Yogurt Bistro Box (V) (GF) Pasta Bar	10 Hot Dog Orange Chicken w/ Rice Mac & Cheese (V) Veggie Pita (V) Pasta Bar	11 Pizza Dippers (V) Sweet & Sour Meatballs w/ Rice Chicken Sliders Southwest Salad w/ Chicken (GF) Pasta Bar
14 Pizza (V) Pepperoni Pizza GF Pizza (GF) "PB" & Jelly Sandwich (V) Ham & Cheese Sub	15 Chicken Tenders GF Chicken Tenders (GF) Mac & Cheese (V) Pancakes (V) Taco Bar (GF)	16 NO LUNCH SERVICE	17 Hot Dog Mac & Cheese Sub - Turkey & Prov Roast Beef Sliders Pasta Bar	18 Pizza Dippers (V) BBQ Chicken Legs w/ Corn on the Cob Bean Enchiladas (V) Pasta Bar Chef Salad (GF)
21 Pizza (V) Pepperoni Pizza GF Pizza (GF) "PB" & Jelly Sandwich (V) Turkey & Prov Sub	22 Chicken Tenders GF Chicken Tenders (GF) French Toast Bake (V) "Pigs in Blanket" Potato Bar (GF)	23 Hamburger/Cheese Burger Penne Alfredo (V) Orange Chicken w/ Rice Mediterranean Bowl (GF) (V) Pasta Bar	24 Hot Dog GF Ricotta Bake (GF) Mac & Cheese (V) Beef Teriyaki Pasta Bar	25 NO LUNCH SERVICE 
28 Pizza (V) Pepperoni Pizza GF Pizza (GF) "PB" & Jelly Sandwich (V) Ham & Cheese Sub	29 Chicken Tenders GF Chicken Tenders (GF) Mac & Cheese (V) Pancakes (V) Taco Bar (GF)	30 Hamburger Cheese Burger Nacho Bistro Box (GF) (V) Chicken Pot Pie Pasta Bar	31  Hot Dog Chicken Tender Mash Bean Enchiladas (V) Protein Bistro Box Pasta Bar	1 Pizza Dippers (V) Lemon Chicken & Potato Wedges Turkey & Prov Sub Pasta Bar Chef Salad (GF)