



2 Weeks to the PSAT

Daily Tips for the Breakfast Table



1. Bring Photo ID

The PSAT can lead to a National Merit Scholarship - which means a lot of money. Testing staff will need to make absolute sure that each student is who they say they are.



2. Adjust Sleep Cycles

It's really important to wake up refreshed for the test, because the PSAT occurs early in the morning. Tonight your bedtime is: _____



3. Review Your Transcript

The PSAT is a qualifying test for the National Merit Scholarship, so information is needed on the classes taken, and grades received.



4. Review the Student Guide

Students must provide full name, address, grade level and classes taken. There will also be questions about plans for college and college major.



5. Take One Practice Test

When you registered, you received one PSAT practice test. Use that to your advantage! Your practice test is scheduled for: _____



6. Bring a Healthy Snack

This test is very long, with many sections. Plan for that mid-morning snack by bringing a healthy treat and water.



7. Bring 4 Sharpened Pencils

The test must be completed with a Number 2 pencil. Since the test is long, take multiple sharpened pencils, plus a manual pencil sharpener.



8. No Candy During Tests

A sugar rush will only last a short time, then when the body compensates for all the sugar, you will be left with a candy crash, and low blood sugar levels.



9. Bring a Familiar Calculator

Part of scoring well is answering questions quickly, so a calculator can make a huge difference. Use quick, mental math to be sure the calculator answer is accurate.



10. Identify Pick-up Location

As we walk into the test venue, we will agree on a pick up location. I will be there waiting for you when the test is finished.



11. Find Your Homeschool Code

When filling out the personal information, enter the homeschool code where "school code" is requested. Our state homeschool code is: _____



12. Eat a Breakfast with Protein

You will need a good breakfast that includes protein, so you will stay full and satisfied for a long time. What would you like for breakfast?



13. Locate the Bathroom

The most important tip for the day is to locate the bathroom! We will do that when we get there!



14. This is a Practice Test

The PSAT is a practice SAT test. It's best to take a practice test in a real-life situation. Sitting with so many other people, with all the distractions, can be a challenge!