



END OF THE YEAR REFLECTION QUESTIONS

Name:

Age:

Date:

1. What are you most proud of from this year?
2. What lessons did you learn this year?
3. How did you grow this year?
4. Who invested in you this year? (This is the perfect time to write them a thank you note!)





5. Is everything that you focused on this year getting you closer to your big goal or dream?

6. What are you going to do differently next year than you did this year?

7. If you had an extra \$1,000 to invest in yourself, what would you do with it?

8. If time or money didn't matter, what would you love to do next year?





9. What are you afraid of?

10. For next year to be a success, what needs to be your focus?

