



## 20 Journaling Prompts to Help You Dream Big

1. As a child, what did I dream of doing?
2. As I look back on my life, what lessons have had the greatest impact?
3. What advice would I give my 20-year-old self?
4. How do I want to feel?
5. What brings me joy?
6. Who do I want to spend time with regularly?
7. What are my greatest strengths and skills?
8. What words / phrases best describe me?
9. What are things that I'd love to do or experience?
10. If I could make a living doing anything I wanted, what would I do?
11. How do I define success?
12. Who do I want to be?
13. What do I want more of in my life?
14. What is missing from my life right now?
15. If time or money didn't matter, what would I LOVE to do?
16. Describe my ideal day (from the time I wake up to when I go to bed).
17. How do I want to make a difference in the world?
18. How do I want to be remembered?
19. 1 year from today, what do I want my life to look like?
20. 5 years from now, what do I want my life to look like?

