Forward and Reverse	
RULES: IDPA Rules	COURSE DESIGNER: MikeSeiler
START POSITION: Standing at P1 with gun loaded with 5 rounds at low ready	
SCENARIO: Just a little practice shooting while moving backward and forward. PROCEDURE: String 1: At the start signal engage T1-T5 with 1 round each while moving forward to P2. String 2: At the start signal engage T1-T5 with 1 round each while moving backward to P1.	SCORING: Limited
	ROUND COUNT: 10
	TARGETS: 05
	DISTANCE: varies
	SCORED HITS: 2 per target
	PENALTIES:
	CONCEALMENT: No
	NOTES:





