

# Lent 2020

PRAY AND FAST WITH THE IGNATIAN FAMILY



We are living in tumultuous times. But we hear God's call to "be strong and take heart"—to work with radical hope toward the promise of peace and justice, the vision of equality and dignity.

Join with voices from the Ignatian network each day during Lent 2020 at the hope-filled intersection of faith and justice.

## FEATURED AUTHORS:



**CECILIA GONZALES ANDREIU, PH.D.**  
Theologian,  
Loyola Marymount  
University



**JAMES MARTIN, S.J.**  
Author



**HIS EMINENCE JOSEPH WILLIAM CARDINAL TOBIN**  
Cardinal of  
Newark, NJ



**MARY WARDELL-GHIRARDUZZI**  
Vice Provost  
for Diversity  
Engagement  
and Community  
Outreach

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Did you know, eliminating food waste is considered one of the most effective ways to curb climate change? This Lent, put Pope Francis's *Laudato Si'* into action.

The Lenten food waste fast will offer ample opportunities for reflection, prayer, and forming lasting habit changes to care for creation.



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