



Day 10

Transmission: 29:15

Music: [Daniel Schotsborg - Elements Water](#)

The creation process begins with bliss, so brilliantly expressed in the orgasm upon conception. For most, bliss - as it pertains to an everyday experience - is short-lived and fleeting. However, bliss is a frequency of Light, and one which can be reignited at an entirely new level.

We continue this journey of Light by “hard wiring” your connection into your own bliss. Working within the heart portal, with the support of the Divine Mothers, the Architects of the Divine vehicle and all the emissaries of Light who are supporting you during the upshift of your system, your body is reconnecting to the essence of your own bliss.

The definition of bliss is supreme happiness, joy or contentment. Bliss is remembering who you are and allowing that level of Self-love to return into your everyday experience. A new level of the frequency of bliss is infused into every single cell of your body.

Allow your body to respond in whatever way is most natural. Acknowledge the feelings, sensations, emotions and awareness as the frequency moves through you.

Self-love, bliss, expansiveness: they are all essential to co-create the life of your dreams. Dream big and allow yourself to shift into this new level of confidence, purity and Light.

Raquel

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