



## Day 8

Transmission: 27:51

Music: [Daniel Schotsborg - Holosounds - Root](#)

We re-enter a deep state of connection with your Higher Self to amplify the communication of your Highest Potential, opening the heart chakra to transverse the portal to your own wisdom and knowing.

The sacral and base chakras upshift once again to allow the grounding of your manifestations into physical reality. The Ancient Language activates an understanding of past experiences in this lifetime, serving to prepare you to express a level of wisdom, love and compassion beyond your current life experience.

The review of past experiences from this lifetime transforms any less than optimal energetic charges into a state of complete neutrality. Surrender, release and realign to allow the wisdom, lessons and learnings to become the focal point.

Self-love and compassion are key to manifesting your true gifts and talents. Loving yourself gives you the courage to step into this expanded state of awareness and BE who you truly are.

Allow the signature frequencies of Self-love and compassion to permeate every cell of your body. Step into the knowing that you are the essence of Love expressed in physicality. Breathe and embrace your Light.

Raquel

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