



## Day 5

Transmission: 29:08

Music - [Daniel Schotsborg - HoloSounds Sun](#)

With the assistance of the Divine Mothers, a blanket of Light and comfort surround you as the integration of the formulas move deeper into your bodies and systems. The emotional, mental, causal and spiritual bodies are all systematically woven with the Light codes introduced in Day 4.

The frequency of the Platinum Ray is infused throughout your physical body, allowing the intensified electrical pulses moving through your nervous system to be handled with ease. The Alpha and Omega chakras work as the point of connection for the Light codes from your energetic fields into your physical body, allowing integration into the master cells at both the pineal and the base of your spine.

Relax into this activation and watch the Light show through your own inner vision or imagination. The intricate nature of the human super computer is astounding and never ceases to amaze. With a sensation similar to conception, the codes move into the master cells and a new level of Light interpretation begins.

Allow the music to take you into a deep state of relaxation. Remember, your body is the vehicle for awakening. Treat it as the magnificent creation that it is. It is your temple; it is your bio-electrical, bio-chemical super computer. It is your home while on Gaia. Breathe and remember you are Light.

Raquel

[www.raquelspencer.com](http://www.raquelspencer.com)