



## Day 6

Transmission: 30:39

Music - [Daniel Schotsborg - Neurosonic Calibrator Level 1 – Blue](#)

We are all multi-dimensional Beings of Light. We exist on all dimensions simultaneously. Within our matrix are interfaces, connection points, portals which, when properly aligned, access multiple streams of Light information. This activation begins this alignment at a new level.

You may experience dizziness or spinning during this activation. Please sure to keep yourself grounded. If it becomes too intense, simply ask your Higher Self to slow it down. The end result will be the same; it may just continue into your dream state or after the activation is complete. If you find yourself falling asleep before the end of this transmission, do not worry. Perhaps it may be the most effective way to integrate the energy.

We are almost half-way through this series. It would be advisable to wash your sheets adding a handful of sea salt to your regular detergent, if possible. Or add a few drops of lavender or lemon oil to your wash. This helps clear the energy that is releasing from your fields.

Don't be surprised if some things in your reality begin to seem different. Holograms and parallel realities that no longer align with your new frequency begin to dissolve. For me, this often results in an awareness of subtle shifts in my outer world. Things like driving down the same street, and seeing things I've never noticed before yet they have "always" been there. Or suddenly not knowing where you are, when you are in a very familiar place. This is the hologram adjusting to the changes in your reality. This is subtle, but it can provide little Aha's...

Breathe and remember you are Light!

Raquel

[www.raquelspencer.com](http://www.raquelspencer.com)