



Day 10

Transmission: 30:19

Music: [Sean Maher – Ancient Transmission](#)

This transmission of Light begins the flow of new Light streams from the galactic network. The body will go through an integration process for an extended period of time as your systems upshift to handle these frequencies and bring them into a comprehensible format.

The streams you are being connected to actually have your signature frequency within them. As a way to articulate this, these streams are from what we would associate with the past. Although we know that time and space do not exist except in this holographic reality, as a way to comprehend or explain this, it is our signature essence which has obtained this wisdom in past expressions. So essentially the streams of consciousness which you helped create are now being connected to you within this reality to embody.

This is truly embodying your Omni present self and your own wisdom as it is held within higher streams of Light frequency.

Remember to take care of your body. It is essential, as this is really stretching the current ability of your system to integrate this level of wisdom and consciousness. Breathe and remember that you are Light!

Raquel

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